

Equal Opportunity Employer/Program • Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI & VII), and the Americans with Disabilities Act of 1990 (ADA), Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and Title II of the Genetic Information Nondiscrimination Act (GINA) of 2008; the Department prohibits discrimination in admissions, programs, services, activities, or employment based on race, color, religion, sex, national origin, age, disability, genetics and retaliation. The Department must make a reasonable accommodation to allow a person with a disability to take part in a program, service or activity. For example, this means if necessary, the Department must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that the Department will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in alternative format or for further information about this policy, contact the Division of Developmental Disabilities ADA Coordinator at 602-542-0419; TTY/TDD Services: 7-1-1.

- Free language assistance for DES services is available upon request. Available in Spanish on-line or at the local office.



Keep Your Baby Healthy

Help your
baby grow
and stay
healthy with
regular well
child visits



DEPARTMENT OF ECONOMIC SECURITY

Your Partner For A Stronger Arizona

DDD-1700APAMNA(2-15)

**DIVISION OF DEVELOPMENTAL
DISABILITIES**

www.azdes.gov/ddd



Why babies should visit the doctor regularly:

- Stay current with immunizations
- Babies change and grow very fast
- Parents can ask questions during visits
- Preventative care tips (how to keep your baby safe and healthy)

When should your baby visit the doctor?

- At 3 to 5 days old
- At 1 Month
- At 2 Months
- At 4 Months
- At 6 Months
- At 9 Months
- At 12 Months
- At 15 Months
- At 24 Months
- Yearly starting at age 3

Talk to your baby's doctor about:

- Immunizations
- Development and growth
- Proper amount of sleep
- Weight gain and what should I be feeding him/her
- Hearing and vision
- Lead screening
- Have what's "going around"
- Need a referral for other services
- Choking hazards
- Home safety
- Car seat safety

Recommended immunization schedule

- **Birth:** Hepatitis B (HepB)
- **2 months:** HepB, Rotavirus, Diphtheria, Whooping cough, Tetanus (DTaP), Haemophilus influenza (Hib), Pneumococcal conjugate (PCV), Inactive Polio Vaccine (IPV)
- **4 months:** Rotavirus, DTaP, Hib, PCV, IPV
- **6 months:** HepB, Rotavirus, Hib, PCV
- **12-15 months:** HepB, Hib, PCV, IPV, Flu shot, Varicella, HepA, Measles, Mumps and Rubella (MMR),
- **18 months:** DTaP, Flu shot, Hepatitis A (HepA)