

## **HABILITATION, MUSIC THERAPY**

### **Service Description**

**HP16-00**

Services provide a variety of interventions designed to maximize the functioning of persons with developmental disabilities. Services may include, but are not limited to: habilitative therapies, special developmental skills, behavior intervention and sensorimotor development.

This service is provided in response to outcomes identified by the Division member's planning team [e.g., Individual Support Plan ("ISP") team] which may be achieved through the utilization of music as a modality. This service may only be provided by a Board Certified Music Therapist ("MT-BC").

### **Service Requirements and Limitations**

1. This service may be provided in the following settings:
  - 1.1 The member's home, or
  - 1.2 The member's community.
2. This service shall not be provided while the member is attending day treatment and training.
3. This service shall not be provided when the member is hospitalized.
4. This service shall not be provided in conjunction with a daily habilitation service (i.e., group home, developmental home, daily individually designed living arrangement).

### **Service Goals and Objectives**

#### Service Goals

Facilitate the removal of barriers related to social interaction and independent functioning through the techniques available from a music therapist.

#### Service Objectives

The Qualified Vendor shall ensure the following objectives are met:

1. Conduct an assessment of the member's strengths and needs concentrating on the concerns identified by the ISP. Areas of testing may include but are not limited to: social interactions, language, speech and communication skills, sensory-motor skills, sensory perception, cognitive function and skills to manage emotional expression.
2. In accordance with the member's planning document, assist in developing:

- 2.1 Individualized, time-limited outcomes that are based on assessment data and input from the member and the member's representative that will allow the member to achieve his/her vision for the future and priorities.
- 2.2 A specific training strategy for each habilitative outcome within twenty (20) business days following the initiation of service for a new or a continuing placement and whenever a new outcome has been identified for the member. The specific teaching strategy for each outcome shall identify the schedule for implementation, frequency of services, data collection methods, and the steps to be followed to teach the new skill.
- 2.3 Changes to specific/outcome(s) and/or strategies, as agreed upon by the member's planning team, based upon the presence or absence of measurable progress by the member.
3. With input from the member, the member's representative, and other people important to the member, and as identified in the planning document, provide training and/or assistance to the caregiver(s) to carry out habilitative outcomes in the context of the member's daily routine.
4. Based upon the presence or absence of measurable progress, make changes to specific training objective/outcome(s) and/or strategies, as agreed upon by the planning team.
5. Each Board Certified Music Therapist ("MT-BC") is trained and oriented to implement the planning document and applicable behavioral plan for the member, and follows the protocols for responding and reporting incidents to the Division.

### **Service Utilization Information**

1. Typical usage is one (1) hour per week.
2. The planning team shall decide, prior to the delivery of services, who and how service delivery will be monitored.

### **Rate Basis**

1. Published. The published rate is based on one (1) hour of direct service.
2. Throughout the term of the contract, the appropriate billing codes, billing units, and associated billing rules are subject to change. All billing codes and billing units, and associated billing rules will be included in the Division's Policies and Procedures Manual, Billing Manual, *RateBook*, and/or other provider resources made available by the Division.

### **Direct Service Staff Qualifications**

Direct service staff must:

1. Have, at a minimum, a Bachelor of Science degree, Bachelor of Art degree in Music Therapy, or a Bachelor of Music degree;
2. Have completed all educational and clinical training requirements as required by the American Music Therapy Association inclusive of a six (6) month internship at an approved site as well as pre-clinical hours completed during their academic coursework; and
3. Currently hold the credential of Board Certified Music Therapist (“MT-BC”) as issued by the Certification Board for Music Therapists.

### **Recordkeeping and Reporting Requirements**

1. The Qualified Vendor shall submit the teaching strategies developed for the member’s habilitative outcomes to the member’s Support Coordinator for planning team review no later than twenty (20) business days after the initiation of service and whenever a new outcome has been identified for the member.
2. The Qualified Vendor shall submit quarterly individualized progress reports on the member to the Division and the member/member’s representative unless the member/member’s representative has requested not to receive them. The quarter is based on the calendar year and the reports are due no later than the fifteenth (15) day following the end of the quarter. The Qualified Vendor shall refer to the Division’s Provider Manual for guidance on report due dates and minimum content of the reports
3. The Qualified Vendor shall maintain daily records on file as proof of the number of hours worked by each direct service staff providing direct service to members.
  - 3.1 Each time sheet, or equivalent document, or data system must contain the original signature or other independent verification (that complies with A.R.S. § 41-132) of the member/member’s representative after service delivery confirming the hours worked. Proof of hours worked must be signed or verified by the member/member’s representative before the Qualified Vendor submits the claim for payment.
4. The Qualified Vendor shall maintain data that demonstrates full compliance with all programmatic and contractual requirements of the Department and the Division.