

# TARDIVE DYSKINESIA

TARDIVE DYSKINESIA is a neurological condition caused by long-term use of certain medications. The condition causes repetitive, uncontrollable movements.

## SOME FACTS about TARDIVE DYSKINESIA



- This condition is caused by long-term use of medications used by behavioral health and are called “neuroleptics” or “antipsychotics”.
- These medications are used to treat severe behavioral health diagnoses such as schizophrenia and bipolar disorder.
- These medications can also be used to treat Tourette’s Syndrome, a nervous system condition that causes a person to make repetitive sounds or movements.
- Risperdal (Risperidone) and Abilify (Aripiprazole) are also approved to treat irritability in Autism.

## RISK FACTORS (Alerts)

Be alert for symptoms of Tardive Dyskinesia in the following medications:

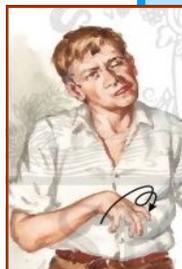


*Note: Generic name of medication is listed first.*

- Older Neuroleptics include:
  - CHLORPROMAZINE
    - Thorazine
  - FLUPHENAZINE
    - Prolixin
  - HALPERIDOL
    - Haldol
  - THIORIDAZINE
    - Mellaril
- Newer Neuroleptics include:
  - ARIPIPRAZOLE
    - Abilify
  - OLANZAPINE
    - Zyprexa
  - QUETIAPINE
    - Seroquel
  - RISPERDONE
    - Risperdal
  - ZIPRASIDONE
    - Geodon
- Medications used for treatment of digestive conditions:
  - METOCLOPRAMIDE
    - Reglan
    - (Used to treat Gastro-esophageal Reflux — also known as Heartburn!)
  - PROCHLORPERAZINE
    - Compazine
    - (Used to treat frequent severe Nausea and Vomiting)

## WHAT TO WATCH FOR

- fast, purposeless, repeating motions
- involuntary movements of legs, arms, fingers, and body
- grimacing, lip smacking or puckering
- tongue or part of the tongue sticking out
- fast or rapid eye blinking



## WHAT TO DO when Tardive Dyskinesia is suspected



- **IMMEDIATELY NOTIFY THE INDIVIDUAL'S**
  - PRIMARY CARE PROVIDER**  
(Doctor, Nurse Practitioner, or Physician's Assistant)
  - BEHAVIORAL HEALTH PROVIDER**  
(Psychiatrist, Nurse Practitioner, or Physician's Assistant)

- **When contacting the above providers for appointments, be assertive and explain that a prompt (within one week) appointment is needed for symptoms of tardive dyskinesia.**
- **Immediately implement any and all medication and treatment changes advised by any of the above providers.**



- DDD SUPPORT COORDINATOR**

### • PREVENTIONS

- Prevention is the best and possibly the only treatment.**
- Ensure that each individual receiving behavioral modifying medications is screened and monitored for side effects and Tardive Dyskinesia on an on-going basis.**
- Tardive Dyskinesia can become permanent, so prompt action is necessary! Immediately notify the individual's medical providers if you think you see these movements.**



### RECOMMENDED VIEWING YouTube Video

<http://www.youtube.com/watch?v=FUr8ltXh1Pc>

You can also search "Tardive Dyskinesia" on YouTube for additional informative video presentations.

#### SOURCES FOR ADDITIONAL INFORMATION:

U.S. Department of Health and Human Services National Institute of Neurological Disorders and Stroke

TARDIVE DYSKINESIA HEALTH INFORMATION FACT SHEET is #14 in a series of HEALTH INFORMATION FACT SHEETS compiled by the DDD Quality Assurance Unit. Fact Sheets are available upon request and posted on the Division's Website: [https://www.azdes.gov/developmental\\_disabilities/](https://www.azdes.gov/developmental_disabilities/) (Click on "News & Events").

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