HABILITATION, SPECIALIZED BEHAVIOR

Service Description

Services provide a variety of interventions designed to maximize the functioning of persons with developmental disabilities. Services may include, but are not limited to: habilitative therapies, special developmental skills, behavior intervention and sensorimotor development.

This service provides behavioral supports pursuant to a positive behavioral supports plan that assists a consumer to remain in his/her home or the home of their family and to participate in community activities by strengthening the skills of their caregivers. This service contemplates the utilization of the consultative model and the meaningful involvement of caregivers.

Service Requirements and Limitations

- 1. This service may be provided in the following settings:
 - 1.1. The consumer's home, or
 - 1.2. At the consumer's activity sites, or
 - 1.3. A community setting chosen by the consumer or consumer's representative.
- 2. This service shall not be provided when the consumer is hospitalized.
- 3. This service shall not be provided to consumers living in group homes, vendor supported developmental homes (child or adult), skilled nursing facilities, non-state operated ICFs/MR, or Level I or Level II behavioral health facilities.
- 4. This service shall not be provided in schools or in transit to schools.
- 5. The plan for this service must include:
 - 5.1 Criteria for reassessment;
 - 5.2 Criteria for fading as appropriate;
 - 5.3 The potential for developing and maintaining self-help, socialization and adaptive Skills;
 - 5.4 Respect for the consumer's preferences, favorite activities, and their lifestyle choices, etc.;
 - 5.5 The development of useful techniques and facilitating the use of these techniques by caregivers for the consumer's benefit; and

- 5.6 The development of techniques, as appropriate, for increasing the consumer's social skills and ability to interact with others.
- 6. The Qualified Vendor shall ensure that each direct care staff is fully able to implement the Individual Support Plan (ISP) and applicable behavioral plan for the consumer, and follows the protocols for handling and reporting incidents to the Division.

Service Goals and Objectives

Service Goals:

To provide an improved quality of life for the consumer by assisting him/her in living in their own home or family home by the teaching of alternative methods of responding to stressors and other sources of challenging behavior.

For Master's-level service providers only:

- 1. To assist ISP teams and family members in managing challenging behaviors through a thorough understanding of the purpose and function of a behavior.
- 2. To develop a positive behavioral supports plan derived from a behavioral assessment.

For Bachelor's-level service providers only:

1. To implement the strategies of a positive behavioral supports plan.

Service Objectives for Master's-level service providers:

The Qualified Vendor shall ensure that the following objectives/outcomes are met:

- 1. Conduct a functional analysis of a challenging behavior.
- 2. Develop with the ISP team and family members a positive behavioral supports plan.
- 3. Model the implementation of the plan for family members and/or direct service staff, including the teaching of alternative or replacement behavior.
- 4. Train family members and/or direct service staff in the plan and monitor their usage of the plan.
- 5. Assist the ISP team in acquiring the needed approvals of the plan by the applicable Human Rights Committee and Program Review Committee pursuant to the Division's administrative rules (Arizona Administrative Code R6-6-903 and subsequent amendments) and Division policy, including any subsequent revisions.

- 6. Review data with the ISP team members and other interested parties as to the success of the plan.
- 7. Provide follow-up consultation to ensure proper implementation of the plan and revise the plan as needed.

Service Objectives for Bachelor's-level service providers:

The Qualified Vendor shall ensure that the following objectives/outcomes are met:

- 1. Participate with the ISP team and family in the implementation of a positive behavioral supports plan.
- 2. Model the implementation of the plan for family members and/or direct service staff, including the teaching of alternative or replacement behavior.
- 3. Train family members and/or direct service staff in the plan and monitor their usage of the plan.
- 4. Review data with the ISP team members and other interested parties, as to the success of the plan.
- 5. Provide follow-up consultation to ensure proper implementation of the plan and revise the plan as needed.

Service Utilization Information

- 1. All interventions shall be based on the principles of learning alternative behaviors.
- 2. All interventions shall respect the rights and dignity of the consumer.
- 3. All interventions shall be based as much as possible on positive behavior supports and the consumer's ability to self-manage when supported.
- 4. All services shall be delivered in strict compliance with the provisions of Title 6, Chapter 6, Article 9 "Managing Inappropriate Behaviors" of the Arizona Administrative Code and Chapter 1600 of the Division's Policies and Procedures Manual, including subsequent amendments/revisions.

Master's-level service providers:

All interventions recommended shall be based on the assessed function of the challenging behavior(s).

Bachelor's-level service providers:

All implemented interventions shall be based on the recommendations of the positive behavioral supports plan.

Rate Basis

Published. The published rate is based on one (1) hour of direct service. Throughout the term of the contract, the appropriate billing codes, billing units, and associated billing rules are subject to change. All billing codes and billing units, and associated billing rules will be included in the Division's Policies and Procedures Manual, Billing Manual, *RateBook*, and/or other provider resources made available by the Division.

Direct Service Staff Qualifications

Direct service staff must:

1. Have successfully completed the following:

- 1.1. Client Intervention Training (CIT) from a CIT trainer;
- 1.2. Training required by Article 9 Chapter 6 Title 6 A.A.C., including subsequent amendments, from a certified trainer, and
- 1.3. Person-Centered Planning training as approved by the Division.
- 2. The Qualified Vendor will have on file documentation of required certification for each direct service staff providing this service, including both training and licensing requirements.

For Bachelor's-level service providers have at a minimum:

- 1. A Bachelor's degree in psychology, behavior analysis, social work, education, special education, child development or counseling and two (2) years of full-time experience in behavioral therapy, behavioral modification or behavioral analysis (implementing positive behavior support plans), or
- 2. A Bachelor's degree in an alternative discipline and five (5) years of full-time experience in behavioral therapy, behavioral modification or behavioral analysis (implementing positive behavior support plans) or
- 3. Certification as a Board Certified Associate Behavior Analyst.

For Master's-level service providers have at a minimum:

- 1. A license to practice psychology in the state of Arizona, or
- 2. A Master's degree in behavior analysis, psychology, special education, or related field, and
- 3. 15 (fifteen) hours of graduate level coursework in behavior analysis, and
- 4. Six (6) months of full-time, supervised employment (internship/practicum) in behavior analysis under the supervision [minimum equivalent one (1) hour per week] of a certified behavior analyst (implementing, developing, revising behavior support plans), or
- 5. Certification as a Board-Certified Behavior Analyst

Recordkeeping and Reporting Requirements

- 1. The Qualified Vendor shall provide quarterly progress notes to the support coordinator and the service provider that developed the positive behavioral supports plan including graphic data analyses indicating progress at accomplishing objectives/outcomes within thirty (30) days after the close of the quarter.
- 2. The Qualified Vendor must maintain on file proof of hours worked by their direct services staff, e.g., staff time sheet. Each time sheet or equivalent document must be signed by the consumer/family/consumer's representative as verification of hours served. In addition, the Qualified Vendor must submit a monthly statement of billed activity to the consumer/family/ consumer's representative and to the support coordinator.
- 3. The Qualified Vendor shall maintain data that demonstrates full compliance with all programmatic and contractual requirements of the Department and the Division.

Service