



ARIZONA
— DEPARTMENT OF —
ECONOMIC SECURITY

Division of Developmental Disabilities

April 02, 2026

Agenda

- Announcements
- Diabetes Outreach Program-Shamika Moneke

Announcements



AHCCCS HNT and ECR Update

Las week AHCCCS announced new dates for public forums it will be holding in April.

- They will share updates on the Home and Community Based Settings (HCBS) Needs Tool (HNT) and Extraordinary Care Review (ECR) policies
- They intend to deliver information, answer questions, and provide guidance to help attendees understand and successfully navigate these policies
- Friday, April 10 from 9:30 am to 11:30 am
- Tuesday, April 14 from 6:00 pm to 8:00 pm

National Core Indicators Surveys

- Vital Research LLC (Vital) is the NCI-IDD Surveys vendor for Arizona.
- Vital surveyors are scheduling and conducting In-Person Surveys.
- All Family Surveys were mailed in January and must be returned to Vital by May 31, 2026 either by mail or completed online.
- Responses for all surveys are anonymous.
- Survey results measure member satisfaction with DDD programs and services.
- Participation is optional, but highly encouraged!
- vitalresearch.com/arizona/idd/



ARIZONA

Diabetic Outreach Initiative

Division of Developmental Disabilities

Nursing Complex Care Team

What is Diabetes?

Diabetes is excessive glucose (sugar) in the body. This causes blood sugar to be higher than normal.

Type I Diabetes- The body does not make any insulin

Type II Diabetes- The body can make insulin, but cannot use it properly.

Insulin is a hormone that changes blood sugar to energy in the body. Without enough insulin the body can't use sugar for energy



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Other Types of Diabetes

Gestational- Diabetes (too much blood sugar) that happens during pregnancy, and stops after pregnancy.

Diabetes Insipidus- This type of diabetes causes the body's to create large amounts of urine. It can keep you up at night and make you wet the bed. Not a lot of people have this kind of diabetes.



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Diabetes Complications

Type I & Type II Diabetes can cause

- Blindness
- Loss of toes, feet and legs
- Heart Disease
- Kidney disease
- Stroke
- Higher risk of death



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Diabetes Outreach Program

Purpose: Help members who need assistance with managing diabetes to prevent complications and live a healthier life.

Who qualifies for diabetic Outreach?

Members who have a Hemoglobin A1C level greater than 7 qualify for diabetic reachout.

- Hemoglobin A1C (or A1C) is the number doctors use monitor diabetes
- A1C level of 6.5 or higher means your A1C is high and you have diabetes
- Members will receive diabetic reachout until the A1C level is below 7

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How does the Complex Care Team help with diabetes?

Talk with a DDD nurse to:

- Help with education
- Help with medication
- Help with testing supplies
- Help with doctor's appointments
- Help with making healthy choices



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Members Who Do Not Participate in Program

- Already participating in diabetes program with Mercy Care Plan, United Health Care or another Health Plan
- Has Gestational Diabetes
- Has Diabetes Insipidus

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How can I participate the Diabetic Outreach Program?

Reach out to your Support Coordinator or the Complex Care Team Nurse:

ShamikaMoneke@azdes.gov

480-297-4091



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Questions?

References

American Diabetes Association. (n.d.). *About diabetes. Diabetes complications*. Retrieved from <https://diabetes.org/about-diabetes/complications>

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Arizona Department of Health. (2023). *2023 Diabetes action plan and report*, Retrieved from <https://efaidnbmnnnibpcajpcglclefindmkaj/https://www.azdhs.gov/documents/prevention/chronic-disease/diabetes/reports-data/diabetes-action-plan-report-2023.pdf>

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Questions?



Thank you
Next Town Hall
Thursday
May 7, 2026