

Intellectual and Developmental Disabilities Basic Package

Activities of Daily Living Support (ADL)

Assisting Individuals with Dressing
 Assisting Individuals with Oral Hygiene
 Assisting with Bathing
 Assisting with Bed Baths
 Assisting with Nail Care
 Assisting with Shaving
 Clothing Care and Laundry

Advanced Skills in IDD Services

An Introduction to Applied Behavior Analysis
 Assessments in IDD
 Cultural Competence for Supervisors
 Effective Leadership
 Overview of Medicaid and Medicare
 Providing Cognitive Behavioral Therapy to Persons with IDD
 Role of a Peer Mentor
 Screening for Risk in IDD
 Self-Directed Services
 Skills for Effective Communication
 Stimulus Control Strategies
 Strategies for Increasing Behavior
 Supervisor Training Curriculum, Pt. 1: Defining Work Performance Expectations
 Supervisor Training Curriculum, Pt. 2: Improving Work Performance through Monitoring and Feedback
 Supervisor Training Curriculum, Pt. 3: Promoting Positive Workplace Enjoyment
 Supporting Individuals with IDD Involved in the Criminal Justice System
 Supporting Individuals with Intellectual and Developmental Disabilities with Substance Use Disorder
 Systematic Instruction Strategies and Techniques
 Trauma-Informed Service Programs
 Understanding Intellectual Disability
 Writing and Monitoring Goals for Person-Centered Plans

Autism Support

An Introduction to Autism Spectrum Disorders
 Social Integration Strategies for People with Autism Spectrum Disorder
 Supporting People with Autism Spectrum Disorder

Basic Supervision Skills

How to Improve Employee Engagement
 Introduction to Interviewing Techniques
 Introduction to Team Building
 Introduction to Telesupervision
 Sexual Harassment: NY Mandated Training
 Supervisory Skills: The Basics
 Supporting the Behavioral Health Goals of LGBTQ+ Clients
 Transitioning to a Supervisor
 What Managers Need to Know About Sexual Harassment

Basic Workforce Skills

Advance Directives from a Regulatory Perspective
 Communicating Effectively
 Communicating Effectively Self-Paced
 Conflict Resolution
 Effective Teamwork
 Key Steps for Supporting Someone in Crisis
 Maintaining Professional Boundaries
 Managing Anger
 Medical Errors for Florida Laboratory Professionals
 Problem Solving in the Workplace
 Providing Customer Service
 Providing Customer Service for Canada
 Providing Customer Service Self-Paced
 Self-Care Strategies for Frontline Professionals
 Skin and Foot Care in Diabetes
 Working with Difficult Individuals
 Workplace Substance Use
 Writing Effectively in the Workplace

Behavior Support

Crisis Intervention for Individuals with IDD

Current course listing. Course listing is subject to change as updates are made. Individual courses may appear in multiple categories.

Positive Behavior Support Planning: Part 1
Positive Behavior Support Planning: Part 2
Principles of Positive Behavior Support Pt.1: Overview
Principles of Positive Behavior Support Pt.2: Choice, Skills, and Environment
Principles of Positive Behavior Support Pt.3: Teaching New Skills
Principles of Positive Behavior Support Pt.4: Importance of BSPs
Providing Support for Challenging Behavior
Supervising DSPs in Implementing Positive Behavior Support Plans

Compliance/Safety

A Review of Medical Error Prevention
About Advance Directives
About Bioterrorism
About Caregiver Conduct
About Infection Control and Prevention
About Privacy and Confidentiality for Non-HIPAA Covered Entities
Abuse, Neglect, and Exploitation
Abuse, Neglect, and Exploitation Self-Paced
Active Shooter Response
All About Personal Protective Equipment
All About Personal Protective Equipment Self-Paced
An Overview of Substance Use Disorders
Applying HIPAA Regulations in Behavioral Health
Basics of Corporate Compliance
Basics of Defensive Driving
Basics of Personal Protective Equipment
Best Practices for Interviewing Patients
Bias in Healthcare
Bloodborne Pathogens and the Use of Standard Precautions
Bullying in the Workplace
Care for Individuals with Mental and Physical Disabilities
Care of Sexual and Gender Diverse Populations
Caring for a Person with Drug-Seeking Behaviors
Caring for LGBTQIA+ Residents in California
Chemical Labeling and Safety Data Sheets Self-Paced
Confidentiality in Substance Use Disorder Treatment
Creating a Restraint-Free Environment
Creating a Welcoming and Safe Healthcare Environment

Cultural Awareness and Humility
Cultural Competence and Healthcare
Cultural Diversity and the Older Adult
Decreasing Medical and Treatment Errors in Behavioral Health
Defensive Driving Basics
Discrimination: Its Impact on Healthcare
Diversity and the Healthcare Employee
Diversity, Equity, and Inclusion for the Healthcare Employee
Documentation: The Legal Side
Domestic Violence Awareness for Healthcare Personnel
Domestic Violence Effects on Children
Duties of a Home-Based Caregiver
Elder Abuse: The Elder Justice Act
Elder Abuse: The Elder Justice Act Self-Paced
Electrical Safety: The Basics
Emergency Preparedness Regulations
Ergonomics in the Office
Essentials of Quality Improvement
Essentials of Tuberculosis
Ethics and Corporate Compliance
Ethics: Sexuality and the Older Adult
Fire Safety and Emergency Preparedness
First Aid Self-Paced
First Aid: Section 1
First Aid: Section 2
Flu Vaccines
Handling Aggressive Behaviors
Harassment in the Workplace
Harassment in the Workplace Self-Paced
HIPAA: Basics
HIPAA: Basics Self-Paced
HIPAA: Do's and Don'ts of Social Media and Electronic Communication
HIPAA: Do's and Don'ts of Social Media and Electronic Communication Self-Paced
HIPAA: Privacy Rule
HIPAA: Privacy Rule Self-Paced
HIPAA: Security Rule
HIV/AIDS - Focusing on the Individual
HIV/AIDS and the Older Adult
HIV/AIDS Training for the Care Provider

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HIV/AIDS: Diagnosis and the Early Stages
HIV: Beyond the Basics
HIV: The Basics
Human Trafficking: A Growing Epidemic
Humility and Respect in Healthcare
Identifying and Managing Impairment in the Workplace
Identifying and Responding to Child Abuse and Neglect
Implicit Bias for the Healthcare Professional
Implicit Bias in Healthcare
Incident Reporting in Behavioral Health
Infection Control: Isolation and Cohorting
Latex Allergies: What You Need to Know
Legal and Ethical Standards For Behavioral Health Professionals
Lockout/Tagout Procedures
Managing Biomedical Waste
Managing Bug Infestations
Managing Elopement
Medical Record Documentation and Legal Information for CNAs
Medical Record Documentation and Legal Information for FL CNAs
Minimizing Trips, Slips, and Falls
Multi-drug Resistant Organisms (MDROs)
OSHA: About Confined Spaces
PCI Compliance Security Awareness Training Level I
PCI Compliance Security Awareness Training Level II
Personal Rights and Ethics
Personalized Learning: Understanding the HIPAA Regulations
Preparing for an Influenza Pandemic
Preventing and Managing Accidents
Preventing Medical Errors
Preventing, Recognizing, and Reporting Abuse
Prevention of Back Injuries
Promoting Independence for Older Adults
Refresher for CPR
Refresher for First Aid
Safety When Working in the Community
Screening and Assessing for Substance Use Disorders in Older Adults
Screening and Brief Interventions for Substance Use Issues

Security Awareness Training Level 1
Security Awareness Training Level 2
Sexual Harassment: What Employees Need to Know
Sexual Harassment: Illinois Licensed Professionals
Sexual Harassment: Illinois Mandatory Training
Sexual Harassment: Mandatory Training-Connecticut
Sexual Harassment: What Employees Need to Know Self-Paced
Social Identity and Healthcare
Strategies for Decreasing Medical and Treatment Errors in Behavioral Health
Supporting Client Rights for Paraprofessionals in Behavioral Health
The Basics of Ethical Decision Making
The Role of Social Determinants of Health in Today's Healthcare
The Use of Root Cause Analysis
Transferring Safely
Transmission Based Precautions: Airborne
Transmission Based Precautions: Contact
Transmission Based Precautions: Droplet
Understanding HIV/AIDS
Understanding Human Trafficking
Understanding Workplace Violence Self-Paced
Using Oxygen Safely
Using Oxygen Safely Self-Paced
Workplace Body Mechanics
Workplace Emergencies and Natural Disasters: An Overview

Compliance/Safety-HHS

A Day in the Life of Henry: A Dementia Experience
Assisting with Self-Administration of Medications: Guidelines
Assisting with Self-Administration of Medications: Medication Orders
Assisting with Self-Administration of Medications: Procedure
Assisting with Self-Administration of Medications: The Basics
Best Practices for Documenting the Treatment Planning Process
DEI: Achieving Greater Health Equity in Your Organization
DEI: An Introduction to Multicultural Care
DEI: Multicultural Care for the Clinician

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DEI: Multicultural Care for the Organization
DEI: Understanding Privilege
Food Safety Fundamentals
Identifying and Addressing Older and Dependent Adult Abuse
Implementing a Quality Improvement System
Incident Investigations in IDD
Preventing, Identifying, and Responding to Abuse and Neglect

Employee Wellness

Employee Wellness: Alcohol Use - Knowing Your Limits
Employee Wellness: Balancing Work and Life
Employee Wellness: Caregiving Side Effects
Employee Wellness: Daily Physical Fitness
Employee Wellness: Emotional Awareness
Employee Wellness: Enhancing Memory
Employee Wellness: Healthy Eating
Employee Wellness: Managing a Healthy Weight
Employee Wellness: Managing Emotions
Employee Wellness: Managing Stress
Employee Wellness: Managing Time
Employee Wellness: Preventing Diabetes
Employee Wellness: Preventing Heart Disease
Employee Wellness: Self-Care for Frontline Professionals
Employee Wellness: Sleep and Health
Employee Wellness: Smoking Cessation - Breaking the Habit
Employee Wellness: Taking Care of Your Mouth
Employee Wellness: Using Prescription Medications Safely

Health and Safety in IDD Services

A Behavioral Approach to Toilet Training People with IDD
About Clostridioides Difficile
About Diabetes
About Renal Disease
An Overview of Safe Eating and Drinking
Assessing and Managing Pain
Assisting with Ambulation
Bloodborne Pathogens and Use of Standard Precautions in IDD Settings
Care of Children with IDD
Clostridioides Difficile
Common Health Problems and Interventions for Persons with IDD

Community Transportation
Diabetes Basics for Direct Support Professionals
Guidelines for Effective Documentation in IDD
Health Needs and Outcomes for People with IDD
Healthcare Needs in IDD
Home Cleaning and Care
Impact of Nutrition on Diabetes
Managing Constipation for People with IDD
Managing Seizures for People with IDD
Medication Management Part 1: Overview
Medication Management Part 2: Understanding Medications
Medication Management Part 3: Labels and Documentation
Medication Management Part 4: Administering Medications
Monitoring Health and Safety of Individuals with IDD
Nursing Needs for IDD-Related Syndromes: Part 1
Nursing Needs for IDD-Related Syndromes: Part 2
Overview of Abuse and Neglect of Individuals with IDD
Pain: An Overview
Personalized Learning: Recognizing Abuse, Neglect and Exploitation
Preventing Falls
Rapid Review: Implanted Port Care
Rapid Review: Parts of a Respiratory Assessment
Rights of Individuals with IDD
Rights Restrictions in IDD Services
Risk Management for Direct Support Professionals
Safe Driving: Large Passenger Vans
Safety in the Community
Supporting Dental and Oral Health for Individuals with IDD
Supporting Healthy Eating and Exercise
Supporting Individuals with Disabilities During Emergency Situations
Taking Vital Signs for Individuals with IDD
The Fatal Five
Use of Psychotropic Medications in IDD
Writing Incident Reports

HR/Legal

Affirmative Action in the Workplace
Coding Done Right: Ethics of Coding
Concepts of Effective eLearning
Discrimination in the Workplace for Supervisors

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Documentation for Managers
FLSA: What Supervisors Need to Know
FMLA: What Supervisors Need to Know
Management of Human Resources
Nurse Self-Advocacy in Perilous Working Conditions
Nursing Diversion: Staff Management

IDD State Specific

Illinois Health and Safety Management
Illinois Human Rights
Illinois Personal Hygiene for Individuals with I/DD

Introduction to Developmental Disabilities

An Overview of Different Types of Disabilities
Communication and Conflict Management Skills
Employment Support
Grief and Loss for DSPs
Human Development Across the Life Span
Intellectual Disabilities: Interventions, Supports and Outcomes
Overview of Person-First Language

Leadership and Management Fundamentals

Achieving Excellence with High-Performing Teams
Advance Care Planning: Five Wishes Program Implementation
Behavioral Health Leaders: Implementing Trauma-Informed Leadership
Behavioral Health Leaders: Supporting Clinicians after a Client Death
Behavioral Health Leaders: Utilizing Motivational Interviewing
Change Management: Leading Change
Change Management: Navigating Change
Communication Essentials: Communication Effectiveness
Communication Essentials: Effective Listening
Communication Essentials: Navigating Conversations
Effective Communication for Supervisors
Fundamentals of Management vs. Leadership
Fundamentals of Management: Setting the Stage for Success
Fundamentals of Management: The Emerging Leader
Fundamentals of Management: Winning at Work

Human Resources for the Leadership Team
Leadership Fundamentals: Coaching to Performance
Leadership Fundamentals: Servant Leadership
Motivating for Improved Performance
New Employee Onboarding and Organizational Culture
The Role of Agency Leadership in Board Management and Governance

OSHA Requirements

Basics of Tuberculosis
Basics of Tuberculosis Self-Paced
COVID-19: What You Need to Know
Disaster Preparedness: Essentials
Domestic Violence: Recognizing and Preventing
Fire Prevention and Response: The Basics Self-Paced
Fire Safety
Fire Safety Evacuation Procedures Skills Checklist
Fire Safety: The Basics
Hand Hygiene Basics
Hand Hygiene Basics - Canada
Hand Hygiene Basics Self-Paced
Hazardous Chemicals: SDS and Labels
Hazardous Chemicals: SDS and Labels Self-Paced
Hazardous Chemicals: The Essentials
History and Treatment of COVID-19
Infection Control: Basic Concepts
Infection Control: Basic Concepts Self-Paced
Infection Control: Essential Principles
Infection Control: Preventing the Spread of MRSA
Ladder Safety
Minimizing Trips, Slips, and Falls Self-Paced
Natural Disasters and the Workplace: Hurricanes
Natural Disasters and Workplace Emergencies: Earthquakes and Tsunamis
Natural Disasters and Workplace Emergencies: Flooding and Landslides
Natural Disasters and Workplace Emergencies: Heat and Cold Stress
Natural Disasters and Workplace Emergencies: Tornadoes
OSHA Fit Testing
Preventing and Responding to Sharps Injuries
Preventing Influenza
Responding to Employee Incidents

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Slips, Trips, and Falls Prevention
 Substance Use in the Workplace
 Transferring Safely Self-Paced
 Transmission-Based Precautions
 Understanding Bloodborne Pathogens
 Understanding Bloodborne Pathogens Self-Paced
 Understanding Workplace Violence
 Workplace Emergencies and Natural Disasters: An Overview
 Self-Paced
 Workplace Safety: The Basics

Person Centered Services in IDD

A Day in the Life: An IDD Perspective
 Assistive Technology in IDD
 Building Relationships and Community for People with IDD
 Choice Making for People with IDD
 Communication with Families
 Compassion and Empathy in Service Delivery
 Developing Therapeutic Relationships
 Diversity and Disability
 End-of-Life Care for People with IDD
 Identity First Language
 Informed Decision Making
 Integrated Care in IDD
 Introduction to Occupational Therapy for IDD
 Introduction to Physical Therapy for IDD
 Introduction to SLP for IDD
 Meal Preparation
 Methods of Communication
 Overseeing an IDD Service Program
 Overview of HCBS Requirements for DSPs
 Person-Centered Planning
 Person-Centered Thinking
 Professionalism in Direct Support Services
 Relaxation Strategies to Minimize Stress and Anxiety in
 Individuals with IDD
 Safety in the Home
 Sexual Orientation and Gender Identity
 Supporting People with IDD and Mental Health Conditions
 Supporting People with IDD in Building Healthy Personal
 Relationships
 Supporting Quality of Life for Individuals with IDD
 Supporting Self-Advocacy Skills

Trauma-Informed Supports
 Using Service Plans
 Working with Healthcare Providers

Personal Outcome Measures (CQL)

Application of the Personal Outcome Measures for
 Behavioral Health
 Application of the Personal Outcome Measures® for
 Families, Children, and Youth
 Learning about People - Interviewing Techniques
 Looking at the Data - Decision-Making around Personal
 Outcome Measures
 Overview of the Personal Outcome Measures®
 The Power of Personal Outcome Measures®
 Using Personal Outcome Measures® in Evaluation and
 Planning for Organizations
 Using Personal Outcome Measures® in Planning for People

State - Specific

Abuse Prevention, Investigation, and Reporting -
 Washington
 Abuse, Neglect, and Exploitation in the Elder Care Setting
 Activities: Best Practices for Activities Professionals
 Assisting with Self-Administration of Medications: Florida
 Laws
 Background Checks, Rights of Older Adults in TX
 Caring for LGBTQ+ Seniors in NJ
 Conducting Abuse Investigations - Kansas
 Emergency Preparedness: Home-Based Care Providers -
 Kansas
 Ethics and Jurisprudence: Texas Nurses
 Fire Safety - California
 FL Congregate Care Part 1
 FL Congregate Care Part 2
 Florida Adverse Incidents Requirements
 Florida Alzheimer's Disease or Related Disorders (Nursing
 Home/Hospice)
 Florida Assisted Living Alzheimer's Disease and Related
 Disorders: Level I
 Florida Assisted Living Alzheimer's Disease and Related
 Disorders: Level II
 Florida LPN Supervisory Role Part 1
 Florida LPN Supervisory Role Part 2
 Florida LPN Supervisory Role Part 3
 Florida LPN Supervisory Role Part 4

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Florida Requirement: Preventing Medical Errors
Florida Rules and Regulations for Nurses
HIV/AIDS Training for the Care Provider - California
HIV/AIDS: FL Healthcare Professionals
Identifying and Reporting Child Abuse and Maltreatment for New York
Impairment in the Workplace for FL Healthcare Providers
Improving Staffing Skills for Administrators
Infection Control: State of New York
Louisiana Dementia Training: ARC-2
Louisiana Dementia Training: ARC/SCU-4
Louisiana Dementia Training: ARC/SCU-8
Louisiana Dementia Training: NF-4A
Louisiana Dementia Training: NF-4B
Louisiana Dementia Training: NF/SCU-4
Louisiana Dementia Training: NF/SCU-8
Mandatory Child Abuse Reporting in Pennsylvania
Medical Aid-in-Dying: Death with Dignity Laws
Medication Administration and Medication Error Prevention for FL Aides
Medication Documentation for California
New Mexico Administrator Addendum
Nurse Delegation in the Community Care Environment
Observing, Reporting, and Documenting - Kansas
Ohio Nurse Practice Act - 1 Hour
Pennsylvania Child Abuse Recognition and Reporting
Pennsylvania Pharmacists: Prescribing and Dispensing Guidelines
Prevention of Nurse Suicide
Protecting Patient Rights in Home Health - Kansas
Providing Medication Assistance - California
Sexual Harassment for Employees-California
Suicide Assessment, Intervention, and Management (KY)
Suicide Prevention: At-Risk Populations Assessment, Treatment, and Risk Management (WA)
Suicide Prevention: Screening and Assessment Concepts
Texas HB 300: Patient Privacy Protections
TX HCSSA Licensing Rules - Part 1
TX HCSSA Licensing Rules - Part 2
TX Hospice HCSSA Licensing Rules
Understanding Domestic and Intimate Partner Violence
Understanding Oxygen Therapy - California

Understanding Sexual Harassment for Supervisors - CA
Understanding Sexual Harassment for Supervisors: Maine Required Training
Understanding Sexual Harassment: Maine Required Training
Understanding Tuberculosis - California
Veterans and Mental Health Conditions
Washington Orientation Training
Washington Safety Training
Washington State LTC Workers: Certificate Tutorial
Workplace Violence Prevention for California

Supports For Older Adults

About Falls
Alzheimer's Disease and Related Disorders: ADL Care
Alzheimer's Disease and Related Disorders: Behaviors
Alzheimer's Disease and Related Disorders: Communication Needs
Alzheimer's Disease and Related Disorders: The Disease Process
An Overview of Quality Dementia Care
Basics of Depression in Older Adults
Changing the Culture to Person-Centered Care
Day to Day Time Management
Dementia Care: Ethical Considerations
Dementia Care: Managing Challenging Behaviors
Dementia Care: Performing ADLs
Dementia Care: Understanding Alzheimer's Disease
Dementia Care: Understanding Communication
Diets: More than Just Weight Loss
Health Promotion and Age-Related Changes in IDD
Preventing Hepatitis Infection
Promoting Safe Eating
Retirement in IDD
Supporting People with Dementia and IDD
Techniques for Safe Swallowing and Feeding
Using Mechanical Lifts Safely

Workforce Skills and Development

Interacting with the LGBTQ+ Community
Navigating Ethical Challenges: Counselors
Strategies for Effective Use of the DSM-5-TR

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