



## DEPARTMENT OF ECONOMIC SECURITY

*Your Partner For A Stronger Arizona*

### DDD MEMBER UPDATE

Spring 2019

#### In This Issue

Page 1:	Independent Oversight Committee
Page 2:	Dr. Charlie Green Website Help DDD Facebook
Page 3:	Pregnant? News from DDD Reporting Fraud
Page 4:	DDD Advisory Council
Pages 5-9:	Raising Special Kids Forums
Page 10:	Suicide Prevention
Page 11:	Medicare Part D Behavioral Health Crisis Care1st Health Memo
Page 12:	ALTCS Member Handbook DDD Policy Member Resources DDD Customer Service



#### Volunteer with an Independent Oversight Committee\*

- Do you have a passion for protecting the rights of people with developmental disabilities?
- Do you want to advocate for members of DDD?
- Consider volunteering for an Independent Oversight Committee (IOC).

IOCs makes sure DDD members' rights are supported. Committee members have a wide range of backgrounds. People can be members, or their families, advocates, professionals, or other community members committed to the rights of the people served by the Division.

Committees are located across the state and typically meet monthly. During the meeting, they:

- Review incidents that may have involved alleged neglect, abuse or denial of rights of members receiving services
- Review behavior programs
- Make recommendations to DDD about changes needed to protect members' rights

If you are interested in learning more, contact DDD at 1-844-770-9500, Option 1.

\* Independent Oversight Committee was previously known as the Human Rights Committee





## DEPARTMENT OF ECONOMIC SECURITY

*Your Partner For A Stronger Arizona*

DDD MEMBER UPDATE

Spring 2019

### James C. Green (Charlie)

#### Assistant Director for the Division of Developmental Disabilities



On September 24, 2018, James C. “Charlie” Green, Ph.D. was named as the new Assistant Director for the Division of Developmental Disabilities.

Dr. Green has more than 30 years of experience working with individuals with developmental disabilities and behavioral health challenges. He most recently served as the Executive Director for the Arkansas Developmental Disabilities Provider Association. Before that role, he served as Executive Vice President at Preferred Family Healthcare where he provided oversight for more than 40 behavioral health clinics and three (3) residential substance use disorder treatment facilities.

Dr. Green served the Arkansas Department of Human Services for over 18 years as the Director of the Division of Developmental Disabilities Services and Director of the Division of Behavioral Health Services. He was also the Superintendent of the Alexander Human Development Center, a 128 bed Intermediate Care Facility for Individuals with Intellectual Disabilities in Alexander, Arkansas.

Dr. Green has experience as a Special Education teacher, as well as a principal of an organization that provided supported living services to individuals with disabilities. He also served as a subject matter expert to various community-based organizations focused on serving individuals with disabilities.

Dr. Green holds a Bachelor of Science degree in Physical Education and Recreation from the University of Arkansas in Monticello, a Master of Science degree in Health and Physical Education from the University of Central Arkansas and a Ph.D. in Special Education from the University of Missouri. He served his community as a member of many boards and task forces including: the Arkansas Special Olympics Board, the Arkansas Governor’s Specialty Court Judicial Task Force and the Arkansas Governor’s Developmental Disability Council.

#### Can’t Find Something on Our Website?

Call DDD at 1-844-770-9500, Option 1 for help.



#### Did you know the Arizona Department of Economic Security is on Facebook?

The page includes videos, pictures of events, highlights of services, and much more! Check out the page at [https:// www.facebook.com/OfficialArizonaDES](https://www.facebook.com/OfficialArizonaDES).



## DEPARTMENT OF ECONOMIC SECURITY

*Your Partner For A Stronger Arizona*

DDD MEMBER UPDATE

Spring 2019

### Pregnant or Planning a Pregnancy? Get Tested for HIV.

**An HIV+ pregnant woman can transmit HIV to her baby 3 ways:**

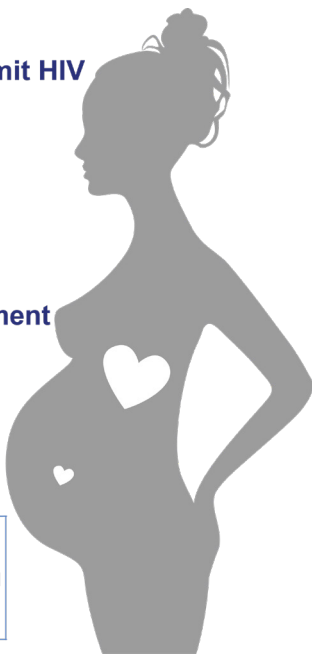
- During pregnancy
- During vaginal childbirth
- Through breastfeeding

**HIV Positive & Pregnant? Early Treatment (medication) can:**

- Protect the health of the mother
- Lower the risk of passing HIV to her baby



Get Tested for HIV when you are planning a pregnancy or as soon as possible after you find out you are pregnant



Ask your Primary Care Provider or OB/GYN about HIV testing. If the test is positive, counseling and treatment are available through your health plan.

For more information on early testing/treatment and improved outcomes for mother and baby, visit the Center for Disease Control (CDC) at <https://www.cdc.gov/hiv/group/gender/pregnantwomen/index.html>

Source: [www.hiv.gov](http://www.hiv.gov)

### Get News From DDD

Call Customer Service at 1-844-770-9500, Option 1, and give us your email address to receive news and updates.

### Reporting Fraud IF YOU SUSPECT IT, REPORT IT!

Fraud is an intentional deception or misrepresentation made by a person with the knowledge that the deception could result in some unauthorized benefit to oneself or some other person (42 C.F.R. Section 455.2).

**Report Division of Developmental Disabilities fraud to: DES/DDD Fraud Hotline at 1-877-822-5799.**



## DEPARTMENT OF ECONOMIC SECURITY

*Your Partner For A Stronger Arizona*

DDD MEMBER UPDATE

Spring 2019

### Developmental Disabilities Advisory Council (DDAC) Meeting and Public Forums

The Developmental Disabilities Advisory Council (DDAC) is an advisory council to the Assistant Director of the Division of Developmental Disabilities on many matters relating to the Division.

In partnership with the Division of Developmental Disabilities, the mission of the DDAC is to provide advisory oversight on behalf of members, families, and providers.

**DDAC Meeting 2:00PM - 5:00PM**

**Public Forum 5:00PM - 7:00PM**

#### DDAC Times and Locations

Event Name	Date	Location
DDAC (Public welcome to attend and observe)	5/8/19 2:00PM-5:00PM	St. Andrew's Church 800 Taylor Dr Sierra Vista, AZ 85635
DDAC Public Forum (Opportunity for public comment and discussion)	5/8/19 5:00PM-7:00PM	St. Andrew's Church 800 Taylor Dr Sierra Vista, AZ 85635
DDAC (Public welcome to attend and observe)	9/18/19 2:00PM-5:00PM	Page, AZ (Location TBD)
DDAC Public Forum (Opportunity for public comment and discussion)	9/18/19 5:00PM-7:00PM	Page, AZ (Location TBD)
DDAC (Public welcome to attend and observe)	11/13/19 2:00PM-5:00PM	Surprise, AZ (Location TBD)
DDAC Public Forum (Opportunity for public comment and discussion)	11/13/19 5:00PM - 7:00PM	Surprise, AZ (Location TBD)

Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting DDD Customer Service at 1-844-770-9500, Option 1. Requests should be made as early as possible to allow time to arrange the accommodation.





# DEPARTMENT OF ECONOMIC SECURITY

*Your Partner For A Stronger Arizona*

DDD MEMBER UPDATE

Spring 2019

## Raising Special Kids/DDD Family Forums

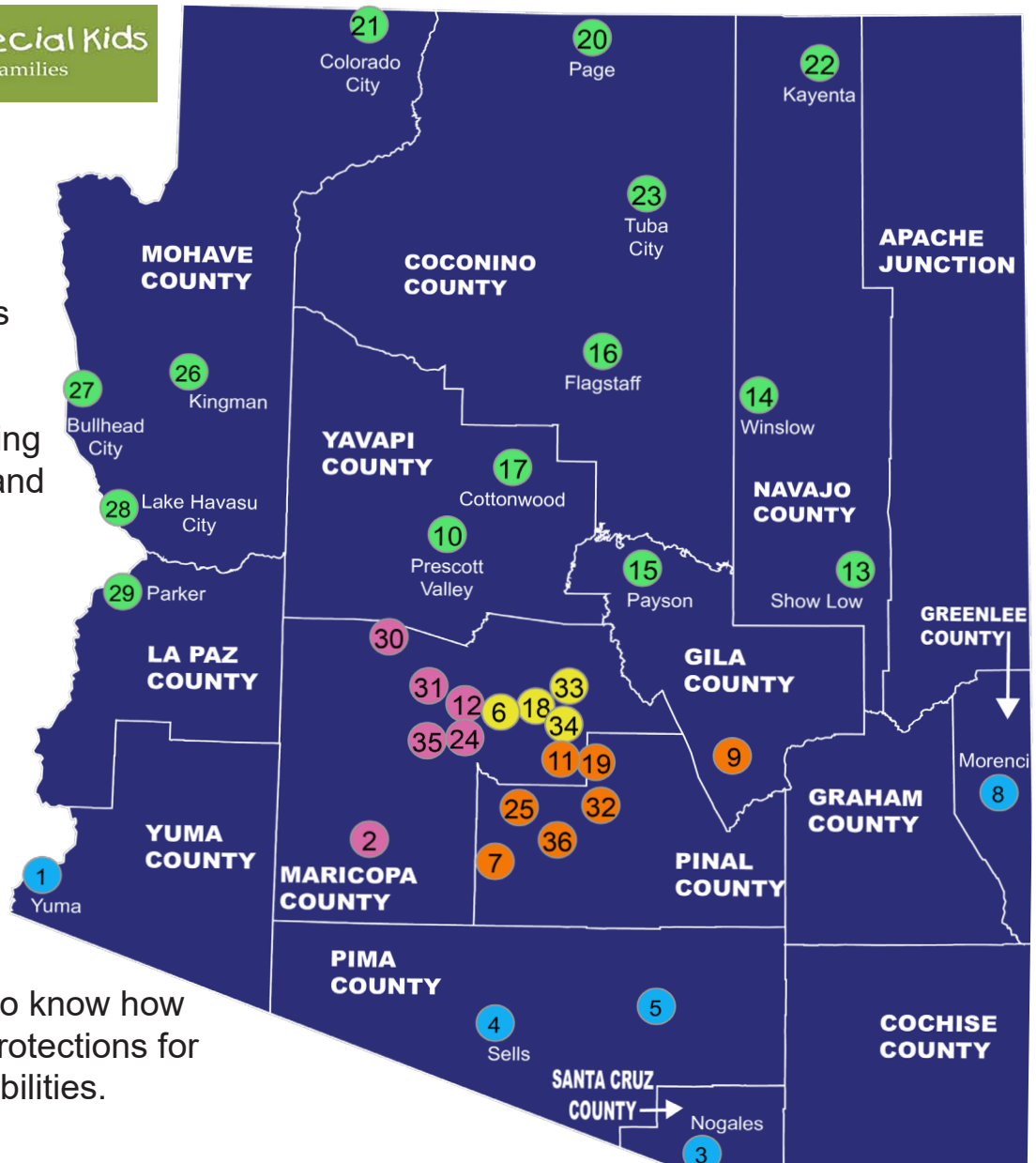


**Raising Special Kids**  
Families Helping Families

Raising Special Kids and the Division of Developmental Disabilities are holding statewide member and family input forums.

We would like to know how DDD can improve its service delivery system for individuals with disabilities for long term services and supports.

We would also like to know how DDD can improve protections for individuals with disabilities.



Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting DDD Customer Service at 1-844-770-9500, Option 1. Requests should be made as early as possible to allow time to arrange the accommodation.



## DEPARTMENT OF ECONOMIC SECURITY

*Your Partner For A Stronger Arizona*

### DDD MEMBER UPDATE

Spring 2019

City	Date	Location	District
1. Yuma	4/9/19 6:00pm- 8:00pm	Yuma Public Library Conference Rm 2951 S 21st Dr. Yuma, AZ 85364	South
2. Gila Bend	4/10/19 5:30pm-7:30pm	Gila Bend Unified School District Library 308 N. Martin Ave Gila Bend, AZ 85337	West
3. Nogales	4/12/19 5:30pm - 7:30pm	Santa Cruz Center 2021 N. Grand Ave Nogales, AZ 85621	South
4. Sells	4/13/19 9:30 am - 11:30am	Tohono O'odham Nation Cultural Center & Museum Federal Indian Route 19 & Fresnal Canyon Rd. Topawa, AZ 85639	South
5. South Tucson	4/13/19 2:30pm - 4:30pm	Mission Library 3770 S Mission Rd. Tucson, AZ 85713	South
6. Sunnyslope	4/15/19 6:00pm-8:00pm	Sunnyslope Community Center 802 East Vogel Ave. Phoenix, AZ 85020	Central
7. Maricopa	4/16/19 6:00pm-8:00pm	Copper Sky Multi Generational Center 44345 W Martin Luther King Jr Blvd. Maricopa, AZ 85138	East
8. Morenci	4/17/19 5:30pm-7:30pm	Community Center Party Room 408 Burro Alley Morenci, AZ 85540	South
9. Globe	4/18/19 5:30pm-7:30pm	AZ Community Action Association 5515 S. Apache Ave., Ste. 200 Globe, AZ 85501	East
10. Prescott Valley	4/23/19 6:00pm - 8:00pm	Prescott Valley Civic Center, Room 331 7501 E Skoog Blvd. Prescott, AZ 86314	North

Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting DDD Customer Service at 1-844-770-9500, Option 1. Requests should be made as early as possible to allow time to arrange the accommodation.



## DEPARTMENT OF ECONOMIC SECURITY

*Your Partner For A Stronger Arizona*

### DDD MEMBER UPDATE

Spring 2019

City	Date	Location	District
11. Mesa	4/24/19 6:00pm-8:00pm	Mesa Public Schools Student Service Center 1025 N. Country Club Dr. Mesa, AZ 85201	East
12. Glendale	4/25/19 6:00pm-8:00pm	Glendale Community College Student Union Building 6000 W. Olive Ave Glendale, AZ 85302	West
13. Show Low	4/26/19 5:30pm - 7:30pm	Show Low Public Library 181 N 9th St. Show Low, AZ 85901	North
14. Winslow	4/27/19 10:00am - 12:00pm	Winslow Chamber of Commerce 523 W 2nd St Winslow, AZ 86047	North
15. Payson	4/27/19 3:00pm - 5:00pm	Payson Unified School District Office 902 W Main St. Payson, AZ 85541	North
16. Flagstaff	4/30/19 6:00pm - 8:00pm	McGee Auditorium 1200 N. Beaver Street Flagstaff, AZ 86001	North
17. Cottonwood	5/1/19 5:30pm - 7:30pm	Cottonwood Oak Creek School District Board Room 1 N Willard St Cottonwood, AZ 86326	North
18. Paradise Valley and Scottsdale	5/2/19 6:00pm-8:00pm	Paradise Valley Community College 18401 N 32nd St Phoenix, AZ 85032	Central
19. East Mesa	5/7/19 6:00pm-8:00pm	Skyline High School, Room 109 845 S. Crismon Rd. Mesa, AZ 85208	East
20. Page	5/9/19 5:30pm - 7:30pm	Page Public Library 479 S Lake Powell Blvd. Page, AZ 86040	North
21. Colorado City	5/10/19 5:30pm - 7:30pm	Colorado City Town Hall 25 S. Central St. Colorado City, AZ 86021	North

Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting DDD Customer Service at 1-844-770-9500, Option 1. Requests should be made as early as possible to allow time to arrange the accommodation.



## DEPARTMENT OF ECONOMIC SECURITY

*Your Partner For A Stronger Arizona*

### DDD MEMBER UPDATE

Spring 2019

City	Date	Location	District
22. Kayenta	5/11/19 10:00am - 12:00pm	Navajo Nation Kayenta Chapter US 163 Kayenta, AZ 86033	North
23. Tuba City	5/11/19 2:30pm - 4:30pm	Denny's 2 Legacy Lane Tuba City, AZ 86045	North
24. Maryvale	5/13/19 5:30pm-7:30pm	DDD SW Office, Suite D7 & D12 4622 W. Indian School Rd. Phoenix, AZ 85031	West
25. Chandler	5/14/19 6:00pm-8:00pm	DES DDD Office Conference Room B 125 E. Elliot Rd. Chandler, AZ 85225	East
26. Kingman	5/16/19 5:30pm - 7:30pm	Kingman Branch Library 3269 North Burbank St. Kingman, AZ 86409	North
27. Bullhead City	5/17/19 5:30pm - 7:30pm	Suddenlink Community Center 2380 Suddenlink Way Bullhead City, AZ 86429	North
28. Lake Havasu City	5/18/19 9:30 am - 11:30am	ASU Santiago Hall, Room 109 100 University Way Lake Havasu City, AZ 86403	North
29. Parker	5/18/19 2:30pm - 4:30pm	Parker Public Library, AZ Room 1001 S. Navajo Ave. Parker, AZ 85344	North
30. Wickenburg	5/20/19 5:30pm-7:30pm	Wickenburg Community Services 246 N. Washington Street Wickenburg, AZ 85390	West
31. Surprise	5/21/19 6:00pm-8:00pm	Surprise City Hall Community Room 16000 N Civic Plaza Surprise , AZ 85374	West
32. Queen Creek	5/22/19 6:00pm-8:00pm	DES DDD Office 22719 S Ellsworth Rd, Bldg C, Ste 101 Queen Creek, AZ 85142	East

Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting DDD Customer Service at 1-844-770-9500, Option 1. Requests should be made as early as possible to allow time to arrange the accommodation.





## DEPARTMENT OF ECONOMIC SECURITY

*Your Partner For A Stronger Arizona*

### DDD MEMBER UPDATE

Spring 2019

City	Date	Location	District
33. Fountain Hills	5/23/19 6:00pm-8:00pm	FHUSD Learning Center 16000 E Palisades Blvd Fountain Hills, AZ 85268	Central
34. Salt River Community	5/28/19 6:00pm-8:00pm	Salt River Schools Education Board Room 4836 N Center St. Scottsdale, AZ 85256	Central
35. Avondale	5/29/19 6:00pm-8:00pm	Sam Garcia Western Ave Library 495 E Western Ave Avondale, AZ 85323	West
36. Sacaton	5/30/19 5:30pm-7:30pm	Gila River Indian Community Early Head Start 112 W Seed Farm Rd. Sacaton, AZ 85147	East

### If you cannot go to a forum, there will be two WebEx forums.

WebEx Presentation	4/29/19 5:30pm-7:30pm	Dial (240) 454-0879 to join the audio portion of the meeting. Enter the meeting number: 93151486.  To join the online portion of the meeting go to: <a href="https://bit.ly/2YMGCKv">https://bit.ly/2YMGCKv</a>
WebEx Presentation	5/24/19 11:00am-1:00pm	Dial (240) 454-0879 to join the audio portion of the meeting. Enter the meeting number: 93151486.  To join the online portion of the meeting go to: <a href="https://bit.ly/2I5Vk9D">https://bit.ly/2I5Vk9D</a>

Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting DDD Customer Service at 1-844-770-9500, Option 1. Requests should be made as early as possible to allow time to arrange the accommodation.



## DEPARTMENT OF ECONOMIC SECURITY

*Your Partner For A Stronger Arizona*

### DDD MEMBER UPDATE

Spring 2019

### Suicide Prevention

Suicide is the 10th leading cause of death in the United States. It is the 8th leading cause of death in Arizona. On average, one person dies by suicide every seven (7) hours in Arizona alone.

There is not any one single cause for suicide. Most often, when a person's stress or health issues are more than what they can cope with, they feel helpless and hopeless<sup>1</sup>. If this is not addressed, a person's risk for suicide increases.

People with a developmental disability may be at risk for suicidal thoughts or behaviors due to their:

- Physical or emotional pain
- Physical disability
- Intellectual disability
- Other social and economic stressors<sup>2</sup>

One theory about suicide risk, states that people who feel that they are a burden, or that they do not belong, are at a higher risk for suicidal thoughts and behaviors<sup>3</sup>.

Not everyone who is at risk will go on to attempt suicide, but it is important to know what to do if someone you know is thinking about harming themselves.

#### Prevention:

- Encourage the person to get treatment - Reach out to behavioral health resources to get support and look into treatment options
- Provide emotional support
- Make sure medications are taken when and how they are prescribed
- Make sure old medications are properly disposed of
- If the person has a plan to die by suicide, do not leave the person alone. Call 9-1-1 if necessary

#### If a person says they are considering suicide:

- Take the person seriously
- Actively listen without providing advice
- Stay with them
- Help them remove all lethal means, including weapons and substances
- Call the National Suicide Prevention Lifeline: 1-800-273-8255
- Text TALK to 741741 to text a trained crisis counselor from the Crisis Text Line at no cost, 24 hours/7 days a week.
- Take them to mental health services or an emergency room

#### References:

1. American Foundation for Suicide Prevention (2018). When someone is at risk. <https://afsp.org/find-support/when-someone-is-at-risk/>
2. Salvatore, Tony. (2011). Putting Developmental Disability on the Suicide Prevention Agenda. Newsline - American Association of Suicidology.
3. Joiner, T. E. (2005). Why people die by suicide. Cambridge, MA: Harvard University Press

### National 24-Hour Crisis Hotlines

#### National Suicide Prevention Lifeline:

- Phone Call: 1-800-273-TALK (8255)
- Text: Text: "HOME" to 741741

#### National Substance Use and Disorder Issues Referral and Treatment Hotline:

- 1-800-662-HELP (4357)

### Especially for Teens

#### Teen Life Line phone or text:

- 602-248-TEEN (8336)



## DEPARTMENT OF ECONOMIC SECURITY

*Your Partner For A Stronger Arizona*

### DDD MEMBER UPDATE

Spring 2019

#### Behavioral Health Crisis?

If you have an emergency, it is important you get help right away. If you think you might hurt yourself or someone else, call 9-1-1 or the Crisis Phone Number for your area below.

##### **Maricopa County served by Mercy Care:**

- 1-800-631-1314 or 602-222-9444
- TDD/TTY: 1-800-327-9254

##### **Cochise, Graham, Greenlee, La Paz, Pima, Pinal, Santa Cruz and Yuma Counties served by Arizona Complete Health:**

- 1-866-495-6735
- TDD/TTY: 1-877-613-2076

##### **Apache, Coconino, Gila, Mohave, Navajo and Yavapai Counties served by Steward Health Choice Arizona:**

- 1-877-756-4090
- TDD/TTY: 1-800-842-4681

##### **Gila River and Ak-Chin Indian Communities served by EMPACT:**

- 1-800-259-3449

##### **CRS Patients:**

- 602-222-9444
- 1-800-631-1314
- TDD/TTY: 1-800-327-9254



#### Medicare Part D

If you take prescription medicine and have Medicare, then prescription drug coverage (Part D) may be right for you.

Not all Medicare-approved Part D plans cost the same. Finding the best plan to meet your needs is important. Not all medications are covered by every plan.

[www.medicare.gov/find-a-plan](http://www.medicare.gov/find-a-plan) offers a search tool to find out which plans cover your medications.

State Health Insurance Assistance Program (SHIP) is a free health benefits counseling service for people with Medicare. SHIP's role is to educate, advocate, and counsel people to make informed benefit decisions. SHIP is an independent program. It is funded by federal agencies and is not related to the insurance industry. Contact SHIP at 1(800) 432-4040 for help with accessing a Part D plan.

#### Attention Members who have Care1st Health Plan Arizona:

Care1st is a WellCare company and on June 1, 2019, their name will become WellCare of Arizona. If you have questions, call WellCare of Arizona at 1-866-560-4042.

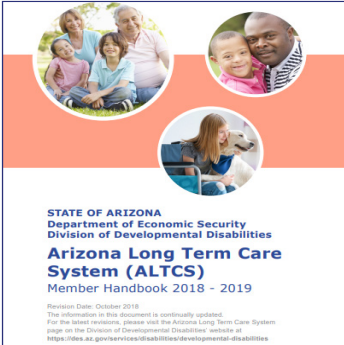


## DEPARTMENT OF ECONOMIC SECURITY

*Your Partner For A Stronger Arizona*

### DDD MEMBER UPDATE

Spring 2019



### Arizona Long Term Care (ALTCS) Member Handbook

If you are an ALTCS member and would like a copy of the 2018-2019 Member Handbook, visit DDD's website at <http://des.az.gov/ddd> for a copy.

If you would prefer to have a copy mailed to you, call 1-844-770-9500, Option 1.



### DDD Policy

If you would like to be notified about Division policy updates, send an e-mail with your contact information to [dddpolicy@azdes.gov](mailto:dddpolicy@azdes.gov)



### Resources for Members and Families

Resources for Individuals with Developmental Disabilities and their families can be found on the DES/DDD Website at <https://des.az.gov/services/disabilities/developmental-disabilities/individuals-and-families>.



### DDD Customer Service Center

If you are calling to file a grievance or complaint or are looking for general resources from the Customer Service Center, call 1-844-770-9500, Option 1.

Equal Opportunity Employer / Program • Auxiliary aids and services are available upon request to individuals with disabilities  
• TTY/TDD Services 7-1-1 • Disponible en español en línea o en la oficina local