

May is Older Americans Month

DES Aging and Disability Services offers an array of programs and assistance to older adults in Arizona. With home and community based options available, services offered include the protection of rights to help prevent fraud and abuse as well as providing education and information for Medicare beneficiaries and their families or caregivers.

Aging and Disability Services assisted more than 360,000 older adults in Arizona last year.

This year's theme for Older Americans Month is Engage at Every Age, emphasizing you're never too old to take part in activities that can enrich your mental, physical and emotional well-being.

Get Involved Share Wisdom Be Active Volunteer