March is Brain Injury Awareness Month

The DES Vocational Rehabilitation Program supports Arizonans with brain injuries in completing their educational and employment goals to achieve self-sufficiency.

FREQUENCY OF BRAIN INJURIES
Every 9 seconds, someone in the United States sustains a brain injury.

ACQUIRED BRAIN INJURIES
More than 3.5 million individuals sustain an acquired brain injury (ABI) each year from incidents including electric shock, near drowning, substance abuse/overdose, seizure disorder, and stroke.

TRAUMATIC BRAIN INJURIES
At least 2.5 million individuals sustain a Traumatic Brain Injury (TBI) each year as a result of an external force which may include a fall, motor vehicle accident, assault, or other.

HELP US SPREAD AWARENESS
Join with us as we wear purple on March 20 to increase awareness of this invisible disability. Help us de-stigmatize brain injuries by sharing #ChangeYourMind on social media.

If you or someone you know has sustained a brain injury, DES may be able to help. Please visit, www.AZDES.GOV/RSA for more information.

*Source: Brain Injury Association of America