



DEPARTMENT OF ECONOMIC SECURITY

Your Partner For A Stronger Arizona

DIVISION OF DEVELOPMENTAL DISABILITIES

Integration of Medical Care and Behavioral Health Services for Arizonan's with Developmental Disabilities

Agenda

- Division of Developmental Disabilities Overview
- Behavioral Health Overview
- Questions



Arizona Long Term Care Services History

- In 1988 Arizona expanded Medicaid and established the Arizona Long Term Care Services (ALTCS) program including Home and Community Based Services (HCBS)
 - 36,200 persons with developmental disabilities are receiving services through DDD
 - 28,700 of those individuals are also receiving ALTCS
 - 22% of these individuals are receiving services from both Medicaid and Medicare



Division of Developmental Disabilities (DDD)

- **Manages the ALTCS Program** for qualified persons with developmental disabilities.
- **Manages a state-funded program** for persons with developmental disabilities who are not eligible for ALTCS.
 - 3,100 are DDD-only eligible
 - 4,300 are not eligible for ALTCS but receive targeted support coordination
- **Provides services** to meet the needs of persons with developmental disabilities.
- **Coordinates care** for persons with developmental disabilities through a Support Coordinator



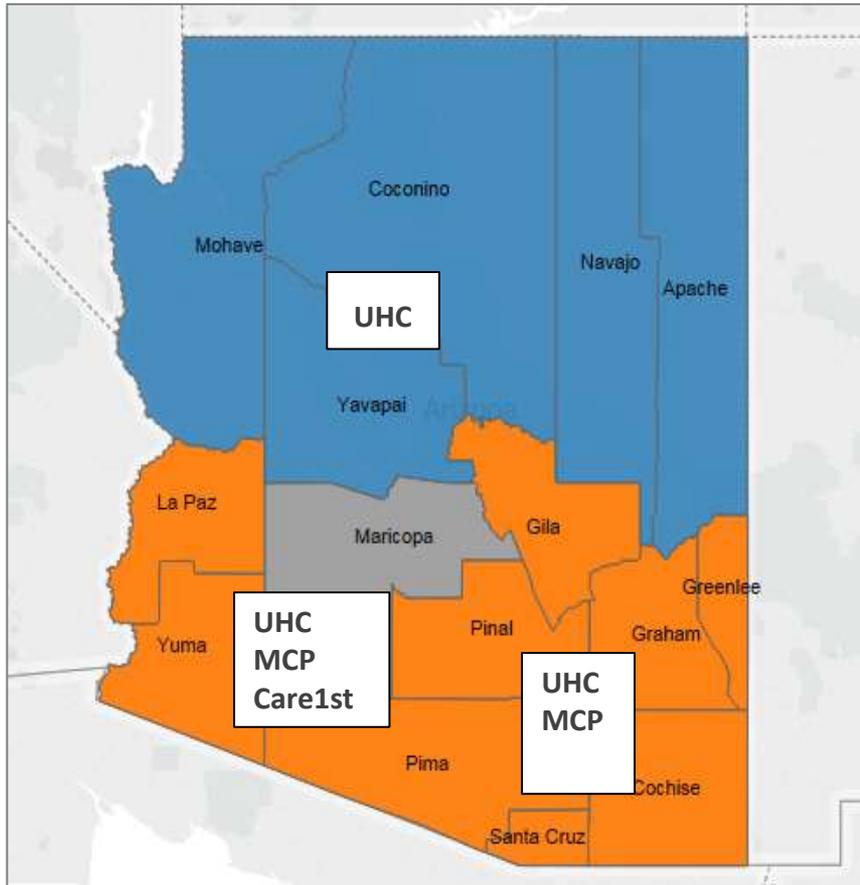
Division of Developmental Disabilities

DDD acts as a Managed Care Organization (MCO). DDD is responsible for providers of long-term care, medical care and behavioral health services for eligible persons

- DDD contracts with acute health plans to provide medical health care.
- DDD contracts with Arizona Department of Health Services for behavioral health care
 - Behavioral Health services are provided through the Regional Behavioral Health Authorities and the Tribal Regional Behavioral Health Authorities



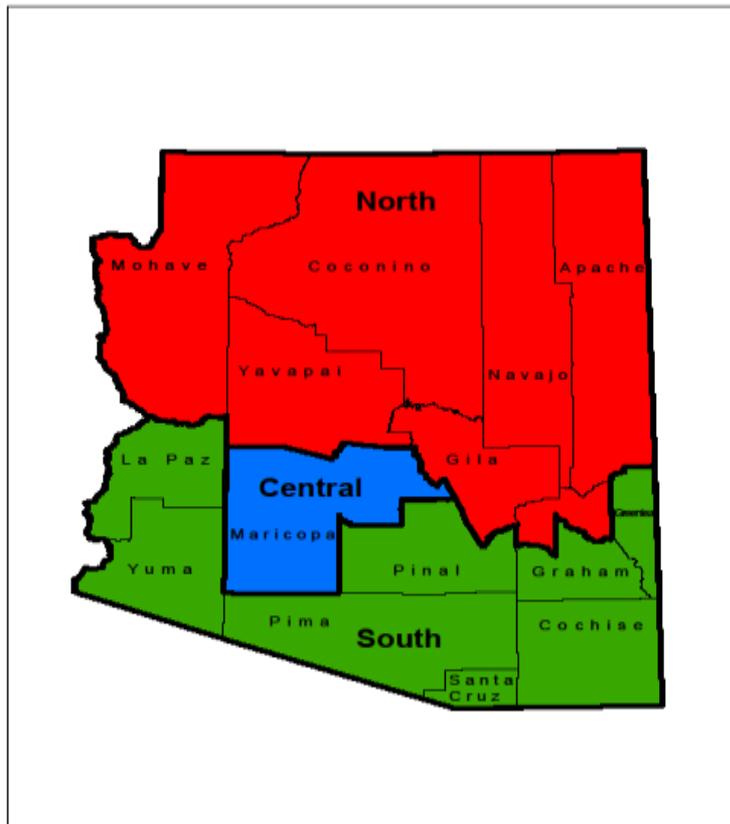
Division of Developmental Disabilities 2016



- **Contracts with 3 Health Plans**
 - **United Health Care Community Plan** – Statewide 16,398
 - **Care1st** – Maricopa County 1,262
 - **Mercy Care** – Statewide except Yavapai, Apache, Mohave, Coconino, and Navajo Counties, 10,684



Division of Developmental Disabilities 2016



- **Contracts with ADHS/DBHS for services provided by 3 Regional Behavioral Health Authorities (RBHA)**
 - Northern Region
 - Southern Region
 - Central Region
- **3 Tribal Regional Behavioral Health Authorities (TRBHAs) and 2 Tribal Contractors**

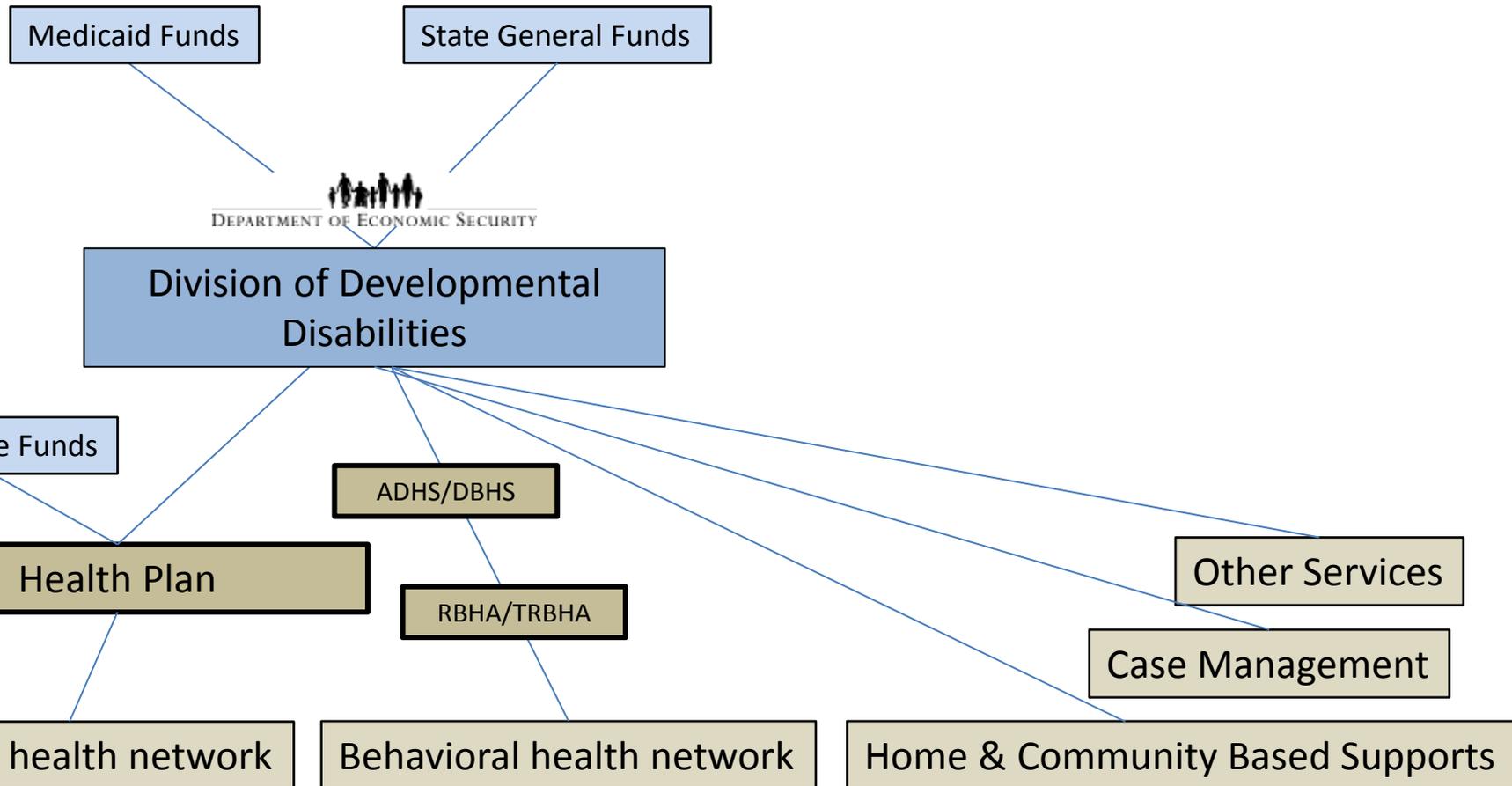


BH Regional Contractors - 2016

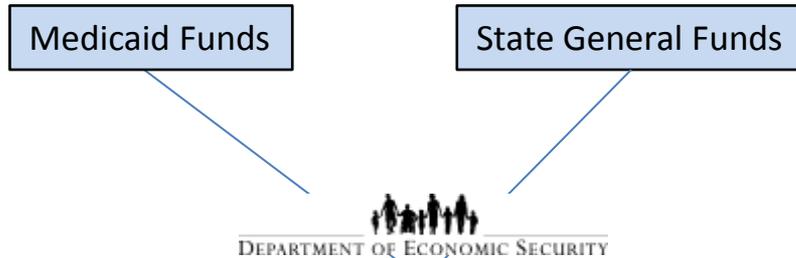
Region Served	RBHA/TRBHA
North: Apache, Coconino, Mohave, Navajo and Yavapai, Gila Counties except zip codes 85542, 85192	Health Choice Integrated Care
South: Cochise, Graham, Greenlee, La Paz, Pinal, Santa Cruz, Pima and Yuma Counties, zip codes 85542, 85192	Cenpatico Integrated Care
Central: Maricopa County	Mercy Maricopa Integrated Care
Navajo Nation, Pascua Yaqui Tribe, Gila River Indian Community, Colorado River Indian Tribes, White Mountain Apache Tribe	<u>Tribal RBHAs:</u> Gila River Indian Community, Pascua Yaqui Tribe and White Mountain Apache Tribe (3) <u>Tribal Contractors:</u> Navajo Nation and Colorado River Indian Tribes (2)



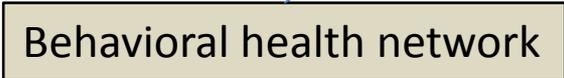
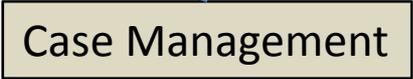
Integrating Care: The Administrative Level



Integrating Care: The Administrative Level



One health plan = one entity responsible for DDD ALTCS members healthcare needs.



BH Community Outreach and Engagement Findings

People want:

- **highly skilled** providers
- coordinated, consistent, and high **quality** services
- improved health **outcomes**
- medication **coordination**
- better **technology** access



Questions

Currently separate health plans provide medical, behavioral health and services for individuals with Children's Rehabilitative Services conditions. We are considering having DDD health plans provide all health services for a member.

- a. What benefits do you think this model will offer?
- b. What problems do you think a member could have under this model?
- c. What could help these problems?



Questions

We want to make sure that behavioral health services are available, easy to obtain and are provided in the best way.

- a. What behavioral health services are important to you?
- b. What problems do you have in getting these services?
- c. What can be improved when a member is referred for behavioral health services?



Questions

What can be improved when a member moves from getting services as a child to getting services as an adult?



Questions

The Advisory Committee recommendation was that a DDD health plan provide therapy services in order to improve coordination of services. These services include Speech Therapy, Occupational Therapy, Physical Therapy and Behavioral Health. Right now, some of these services are provided by the health plan and some are provided by DDD.

- a. What are the benefits of having the health plan provide all therapies?
- b. What problems do you think a member could have under this model?
- c. What problems do you have in getting therapy services?



Questions

Please send written comments to:

DDDIntegratedServices@azdes.gov

Survey available at:

des.az.gov/services/disabilities/developmental-disabilities

