



ARIZONA DEPARTMENT
OF HEALTH SERVICES

Inpatient Discharge Instructions for Suspect Measles Patients

- Your illness may be due to measles, a highly contagious disease that can be prevented with vaccine. Please follow the instructions below to avoid giving this disease to other people in your home and in your community.
- Wear a surgical mask until you arrive at home. You may take off the mask inside your home.
- Stay home until you are contacted by your local health department with further instructions. If you do not hear from your local health department within 24 hours, their contact information can be found below:

| County | Day Time Hours | After Hours |
|------------|----------------|--------------|
| Apache | 928-337-4364 | 928-337-4321 |
| Cochise | 520-432-9400 | 800-423-7271 |
| Coconino | 928-679-7272 | 928-255-8715 |
| Gila | 928-402-8811 | 928-701-1610 |
| Graham | 928-428-1962 | 928-965-8921 |
| Greenlee | 928-865-2601 | 928-865-4149 |
| La Paz | 928-669-1100 | 928-669-2281 |
| Maricopa | 602-506-6767 | 602-747-7111 |
| Mohave | 928-753-0714 | 928-718-4927 |
| Navajo | 928-524-4750 | 928-241-0960 |
| Pima | 520-724-7770 | 520-743-7987 |
| Pinal | 520-866-7325 | 520-866-6239 |
| Santa Cruz | 520-375-7900 | 877-202-0586 |
| Yavapai | 928-771-3134 | 928-442-5262 |
| Yuma | 928-317-4450 | 928-317-4624 |

If you are unable to reach the local health department, please call the Arizona Department of Health Services at 602-364-3676 or after hours at 480-303-1191.

- Do not go near pregnant women, people with weakened immune systems, or infants under 1 year of age.
- Make sure that household members are fully immunized against measles.
 - o Check immunization records or talk to your doctor.
 - o Fully immunized: 2 doses of MMR given 28 days apart.
- Only have contact with people who are fully immunized against measles.
- For more information, please visit the ADHS measles webpage: <http://tinyurl.com/azmeasles>