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Hello! Welcome to the Arizona Early Intervention Program's (AzEIP) newsletter.

Holiday edition highlights:

Happy Holiday
IDEA 50th Anniversary
Public Participation
Birth To Five Helpline
Milestone Tracker App
Parent Training & Information Center
Child Care Resource & Referral
AzEIP Family Connection
Stay Connected

Happy Holidays

The holiday season is upon us. You and your child may be feeling a variety of emotions - anticipation, excitement, anxiety, and overwhelm. You are not alone. Navigating the holiday season can create stress along with the celebrations.

Here are some tips to help manage holiday stress;

- Set Realistic Expectations
- Prioritize Self-Care
- Set Boundaries
- Acknowledge Your Feelings
- Focus on What You Can Control

Link to read more: [A Guide to Manage the Holidays With Self-Care and Balance](#)



IDEA 50th Anniversary

The Individuals with Disabilities Education Act (IDEA) was enacted into law on November 29, 1975. Before the IDEA, students with disabilities were often denied public education, excluded from schools, institutionalized, or placed in segregated and underfunded programs with little to no effective instruction. There was no federal mandate for a free, appropriate public education, and many children had no access to schools. The Education for All Handicapped Children Act, enacted in 1975, was later renamed the Individuals with Disabilities Education Act.

The Arizona Early Intervention Program (AzEIP) is a program that provides services for children from birth to 3 years old, under Part C of this law.

Public Participation on Revised Policies and Procedures

The Arizona Early Intervention Program is seeking public participation and comments on several new and revised policies and procedures. Information for the proposed documents are linked to the website under Announcements.

<https://des.az.gov/azeip>

To request policy notifications from AzEIP, use the *Contact AzEIP* and *Select a Topic* to see the request to receive policy notifications.

Submit any comments to:
AzEIP Public Comment
Arizona Early Intervention Program
1789 West Jefferson Street
Mail Drop 2HP1
Phoenix AZ 85007
(602) 532-9960 (option 3)
Fax: (602) 200-9820
Email: azeip@azdes.gov (subject line: Public Comment)

A free resource for Arizona families!


Birth to Five HELPLINE
877.705.KIDS
"Nothing Out of the Question"
"Toda Pregunta es Buena"

Do you have questions about your child's development? We can help!
¿Tiene preguntas sobre algún área del desarrollo de su niño pequeño? ¡Podemos ayudar!



A Free Service of  southwest human development
Creating a Positive Future for Young Children

BirthToFiveHelpline.org

Help your child grow and thrive

   **Download CDC's free Milestone Tracker app**
Two million downloads and counting!



 Track & Share Milestones  Get Tips & Activities  Learn When to Act Early **Learn more at cdc.gov/MilestoneTracker**

Parent Training and Information Center

Raising Special Kids is now...

Encircle Families





CONNECTIONS

Our Parent-to-Parent program connects families with trained volunteers who have walked a similar path and are ready to offer compassionate support, understanding, and guidance.

HEALTH INFORMATION

When a child is diagnosed with a disability or complex medical need, families often don't know where to start. We help them understand systems of care and partner with providers to support their child's well-being.

SPECIAL EDUCATION

We help parents understand their rights and how to collaborate with schools through trainings and one-on-one guidance. We work with educators to provide them with the parent perspective and encourage partnership.

BEHAVIOR SUPPORT

Behavior is a form of communication—even when it's hard to understand. Encircle Families offers guidance, from basic strategies to more intensive support for families navigating challenging behaviors.

Encircle Families, formerly Raising Special Kids, is the parent training and information center in Arizona. They offer parent-to-parent support, health information, special education support, and training.

Upcoming trainings and events.

- December 3 IEP Training
- December 6 Santa Day at Encircle Families
- December 9 Positive Behavior

Register at <https://encirclerfamilies.org/events/>

Child Care Resource & Referral
Serving All Of Arizona

Child Care Resource & Referral (CCR&R) is available to help you discover child care options in Arizona tailored to your family's needs, featuring detailed information on facility hours, ages served, quality ratings, parenting education, family resources, and more. CCR&R can assist you with information if you are interested in becoming a child care provider. <https://azccrr.com/>

Choosing a child care setting for your infant, toddler, or preschooler is a big decision, and quality is one of the most important factors to consider.

"Save the Date"

Arizona Early Intervention Program

AZEIP
FAMILY CONNECTION

WEDNESDAY, JANUARY 7, 2026
12 - 1 pm or 6 - 7 pm



Engage with AzEIP Leadership Team and learn about Family Resources Centers

- Ask questions & share your thoughts.
- Choose the time that's best for you.
- All families receiving early intervention services are invited.

Video call link:

<https://azdes.zoomgov.com/j/16027914312>

Dial by your location

• [+1 669 254 5252 US \(San Jose\)](tel:+16692545252)

• [+1 646 828 7666 US \(New York\)](tel:+16468287666)

Meeting ID: 160 2791 4312

For More Information Contact:

AzEIP (602) 532-9960 azeip@azdes.gov



Stay Connected

The Arizona Early Childhood Community Facebook page, hosted by the Interagency Coordinating Council's Family Engagement Committee, provides various early intervention resources and community events for families. Follow Arizona Early Childhood Community on Facebook - <https://www.facebook.com/azearlychildhoodICC>



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