

DES/CCA Resource Newsletter

Issue 4: July, August, September
2018

Southwest Human Development (SWHD) and DES/CCA coordinated with the Department of Child Safety (DCS) to offer Expulsion Prevention trainings to DCS workers from across the state. The 2-hour modules presented were:



“Understanding the Impact of Childhood

Trauma” and “Creating a Trauma Informed Childcare to Help Prevent Expulsions”. Training slots filled up quickly and each session had more than 30 participants! DCS teams were surprised to learn about the Expulsion Prevention Policy and the positive ways the policy can support children in DCS’ care. After learning more about how children’s behavior can be influenced by trauma, several participants commented that they had a new perspective on the meaning behind children’s challenging behaviors. Several participants said they were leaving with a deeper understanding of the powerful role child care providers can play in supporting children’s recovery and resilience. The feedback on the trainings was positive. Some of the comments included: “The presenter was very engaging!” “I have concrete materials that are easy to reference and share!” and “Educational and well planned out!”

Additional Expulsion Prevention trainings are being offered statewide. Many new topics have been added to the Expulsion Prevention Trainings. These topics include: “How to Successfully Engage Parents of Preschool Aged Children”, “Setting the Stage for Friendship”, “Effective Classroom Management: A strategy that Supports Children’s Success”, “Understanding the Meaning Behind Challenging Behaviors in Preschool” and more! Keep watching the Arizona Early Childhood Workforce Registry for more trainings and a new Director’s track too!

-SWHD Expulsion Prevention Team

In This Newsletter:

- ADHS Tummy Time guidelines & Parent Success Story
- ADES Statewide training library.
- ASCC information on the FLIP IT! training.
- Arizona Early Childhood Registry: How to Enroll.
- Helpful links.

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We would love to hear your
Expulsion Prevention Success Stories!
Please email any success stories or experiences that you would like to share to:
DESExpulsionPrevention@azdes.gov
to be featured in our next Resource Newsletter.



In the Spotlight: A Parent success story.

It was the second week of starting a new full-time job. I was literally crying in the break room because I had just gotten another call from my son's daycare asking me to have him picked up. This was already the third call since starting my new job. Previously, I was able to have a relative pick him up but on this day, I had no luck and no choice but to tell my supervisor that I had to leave. Even though I had disclosed in my interview that I had a son, who is socially and emotionally delayed and often gets sent home from daycare, I was assured that they understood our situation. I had their support however it was still very stressful.

I already had numerous discussions with the staff at the daycare on how together we could find a solution that would work for everyone and especially my son. I knew that the facility just found it easier to send him home than to work with him. I started to contemplate on how I was going to be able to work full time so that I can better support my family and during this moment of despair is when I came across the Expulsion Prevention Support Line. From the first call I made I knew that I had found people who cared and were going to be on our side. It has been nothing but a positive and enlightening experience since then.

The Resource Specialist called and met with the director and staff at the daycare on behalf of myself and my son, she advised them of the Expulsion Policy that all DES contracted facilities must adhere to. She offered them support and trainings that were available for their staff. The trainings provide tools and guidance on how to supervise, engage and interact with children with social emotional, behavior and developmental delays.

Six Months have passed since I contacted the Expulsion Prevention Support and periodically Ms. Schweitzer, the Resource Specialist will check in to see how we're doing. Now that's dedication and a true advocate.

My son Zayden now seems happy and enjoys going there to play with his friends and is learning so much. From all that he is learning, I know that it will benefit him when he starts Kindergarten. He still has an episode here and there, but the staff works with him now, instead of just sending him home.

I honestly think I would have quit my job if it hadn't been for the assistance and advocacy provided by the Expulsion Prevention Support. I also, feel that not only has this helped my family but it could very help other families who also have children with developmental delays that are attending the daycare as well, and for that I want to say THANK YOU! -Anonymous Parent

Providers-Tummy Time in Child Care Settings

As the result of extensive research and after reviews from several experts, the Bureau of Child Care Licensing has developed resources to help licensed providers and their staff members understand and implement appropriate "Tummy Time" practices for infants in their care. (Click on links below)

- [Tummy Time 101 Guideline](#)– A two page document with basic developmental information relevant to effective and appropriate Tummy Time practices on one side, and assessment practices on the other side. It also includes a easy-to-use-chart that will help to ensure a safe experience for both the infant and the staff member.
- [Tummy Time Reminder Card](#)– This form is intended to be a template that can be duplicated and split into individual sheets, and includes the reference charts located on the Guidelines document.
- [Tummy Time Log](#)– This form can be used to improve communication between staff members and parents, regarding their implementation of Tummy Time activities.

There are many resources available that explain what to do during Tummy Time, but nothing delineating the setting or circumstances from a health and safety perspective. These documents are intended to provide some basic health and safety elements, including:

- The clarification that Tummy Time is a shared activity.
- Supervision and participation by a staff member are essential, and
- An awareness of the infant's current state of being is of paramount importance when determining if, when and how long Tummy Time should occur.

We encourage child care staff to use these resources!



ARIZONA DEPARTMENT
OF HEALTH SERVICES



DES Statewide Trainings Library

Child Care Development Block Grant (CCDBG) Topic Specific Training

- Primary Caregiving
- Basic Child Development
- Respecting Families
- Behavioral Guidance (*English & Spanish*)
- Observation & Assessment: Plans & Procedures (*English & Spanish*)
- Human Resource Management
- Professionalism—Ethics
- FLIP IT! - Four supportive steps to help young children identify their feelings, learn healthy self-control and reduce challenging behaviors
- Curriculum—Mathematic Appropriate Practices
- Basic Development of School Age Children
- Typical and Atypical Development
- Family and Community Partnerships: Family Engagement
- Curriculum and Learning Environments: Schedules, Routines and Transitions

Infant And Toddler Training

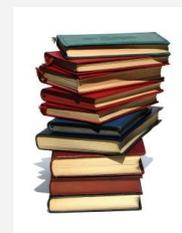
- Cognitive: Exploration and Discovery
- Language Development: Listening & Understanding (*English & Spanish*)
- Approaches to Learning: Persistence (*English & Spanish*)
- Physical Development: Gross Motor Development
- Knowing and Respecting Families
- Social & Emotional: Attachment
- Social Emotional Development: Primary Care Groups
- Setting a Foundation for Math from the Start
- Language Development: Communicating and Speaking

Expulsion Prevention Trainings

- Expulsion Prevention Part 1 (Moving Forward with Expulsion Prevention)
- Expulsion Prevention Part 2 (Partnering with Parents to Reduce Expulsion)
- Expulsion Prevention Part 3 (What Works to Prevent Expulsion—Approaches and Strategies)

(Part 1-3 are available in English and Spanish)

- How to Successfully Engage Parents of Preschool Age Children
- Understanding the Impact of Childhood Trauma (*Spanish Available*)
- Effective Classroom Management
- Importance of Positive Teacher-Child Relationships
- Understanding the Meaning Behind Challenging Behaviors
- Setting the Stage for Friendship: How to Help Children Learn Social Skills
- Creating Trauma Informed Child Care to Help Prevent Expulsions
- Happier Days: A Mindful Approach to Stress Reduction
- Building the Skills for Addressing Difficult Topics: For Parents
- Help Me With My Emotions





Support Social And Emotional Development Of Young Children With: **FLIP IT®**

The Association for Supportive Child Care (ASCC) contracts with DES to provide quality statewide training and education for DES child care providers. With the help of an ASCC trainer, specially trained to teach **FLIP IT**, provided a brief description coming from The Devereux Foundation:

‘**FLIP IT** teaches participants **Four Supportive Steps** that are designed to help young children (ages 3-8) learn about their feelings, gain self-control and reduce challenging behaviors.

FLIP IT stands for :

F-Feelings, L-Limits, I-Inquiries, P-Prompts

This strategy transforms best practices into something that is easy to remember, applicable in a variety of challenging situations and portable.’

Enroll in this training on the:

[Arizona Early Childhood Workforce Registry](#)

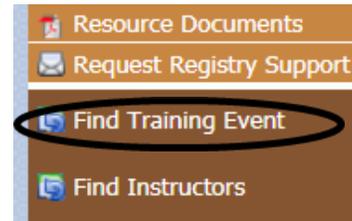


Steps on how to enroll in a training:

1) Login to the Arizona Early Childhood Workforce Registry at

www.azregistry.org

2) On the left hand side of the page, click on **Find Training Event**



3) Under **Select a search category**, please select **Course Title**.

4) Under **Enter search criteria**, please type **Expulsion**.

5) Click on the **Search** button

6) You will now see a list of DES Expulsion Prevention Trainings. Click on the Radio Button of the training for which you are interested, and click on **View Event**.

Course Name	Hours	Spots Available	Location	Event Type	Instructor Name	Scheduled
<input type="radio"/> DES Expulsion Prevention Training - Foundations Part 1	2	9	Phoenix	Face To Face	Leah Eckley	11/18/2017
<input type="radio"/> DES Expulsion Prevention Training - Foundations Part 1	2	11	Phoenix	Face To Face	Molly Strothkamp	11/14/2017
<input type="radio"/> DES Expulsion Prevention Training - Foundations Part 1	2	20	Prescott Valley	Face To Face	Virginia Hout	12/07/2017

[Search Again](#)

7) After reading all the details, if this is the training you wish to attend, click on **Enroll Now**.

8) Review your personal data and then click "**Confirm and Continue Registration**".

9) Check **I Agree**, and then click on "**Confirm and Finalize**".

10) If you have any special accommodations, you may now type in your request. **Submit Enrollment**.

You are now enrolled in the training.

An email confirmation will be sent to the email address you have provided in your Registry Account.

If you wish to view your enrollments, click on *My Enrollments* under *My Tools & Settings*.

Helpful Links:

- ADES Child Care Administration: <https://des.az.gov/services/basic-needs/child-care>
- Child Care Resource and Referral (CCR&R): <https://www.arizonachildcare.org/>
 - Raising Special Kids: <http://www.raisingpecialkids.org/>
- ADHS Licensing: <https://www.azdhs.gov/licensing/childcare-facilities/index.php>
- Empower: <https://www.azdhs.gov/prevention/nutrition-physical-activity/empower/index.php>
 - Arizona Early Childhood Workforce Registry:
<https://www.azregistry.org/index.cfm?module=trainingSearch>

