



DEPARTMENT OF ECONOMIC SECURITY

Your Partner For A Stronger Arizona



**Division of Developmental Disabilities - Town Hall
June 18, 2020**

Agenda

- COVID-19 Update
- Available Behavioral Health Support
- Available Family Support
- AHCCCS Electronic Visit Verification (EVV)
- This Is My Life – Ability360

COVID-19 Update

DDD's top priority continues to be the health and safety of our members, their families, and the professionals in our program that support them.

- Working with ADHS and CDC guidelines to ensure appropriate measures are in place to allow for the continuation of necessary services
- Monitoring service delivery and availability to ensure service continuation
- Providing regular updates on the DDD COVID-19 Website:
https://bit.ly/DDD_COVID19Actions

COVID-19 Update

COVID-19 Reporting – June 18, 2020

Residential Setting	Total Members	Positive COVID-19 Cases	Member Deaths
Family/Own Home	39,090	92	6
Licensed Residential Setting	4,923	142	7
Total	44,013	234	13

Data gathered from:

- Incident Reports submitted to the Division
- Arizona Health Information Exchange
- Statewide, Across All Living Arrangements

Positive COVID-19 Reporting and Technical Assistance

- Requires the vendor to submit an incident report and tells the vendor how the Quality Management Unit and Health Care Services Teams will support the vendor
- Additional information vendors are required to report
 - Their email and phone number
 - The address of the service site
 - Site code (group home only)
 - The AHCCCS ID of any other DDD members living at the same home or attending the services site
 - Any other services, that the vendor is aware of, that were delivered to the member 14 days prior to the positive test
 - Any other vendors/service providers, that the vendor is aware of, that provided services to the member 14 days prior to the positive test
- Requires vendor to report to current members, prospective members, and next of kin (defined as involved family members who are not legally responsible) and legally responsible persons/guardians including updated clarification on who must be informed and when
- As required by Governor Ducey's Executive Order, all Intermediate Care Facility resident and staff are being tested by next week

Assessing Risk

- Published guidance on June 15, 2020
- Targeted toward vendors and planning teams
 - Members who live with other members
 - Either they are high risk or another member in home is high risk or they need extra precautions
 - Planning team must work together to develop strategies that mitigate risk of COVID-19 exposure to the home
 - Vendor can implement mitigation strategies to protect other members and staff
 - These mitigation strategies are not considered a rights restriction

COVID-19 Update

Training Updates

- Vendor announcement June 17, 2020
- Updated FAQ on DDD Actions Related to COVID-19 page
- DDD had implemented 90-day extension for expired or expiring certifications
 - CPR/First Aid and Prevention & Support
 - New extension has been granted through September 18, 2020
- Article 9 training will continue to be available via video conferencing
- Article 9 new instructor training will be available with reduced class sizes
- Existing Article 9 and Prevention & Support instructors with expiring certifications will have option for observed teaching for recertification

COVID-19 Update

Governor Ducey Executive Order – Continuing Arizona Mitigation Efforts

- Updated guidance for all businesses
- Enabling local authorities to implement face cover requirements
- Additional funding for PPE supplies in Long Term Care facilities

What's Next for DDD

- DDD is monitoring Vendor reopening plans. DDD Quality Management staff reviewing Providers' Policies, Procedures and Mitigation Strategies before reopening.
- DDD is requiring Qualified Vendors to attest to following the CDC, ADHS, and DDD guidelines.

Arizona Attorney General's Office

- Consumer Protection Webinars
 - COVID-19 Scams
 - Internet Safety
 - Anti-Bullying
 - <https://www.azag.gov/outreach/webinars>
- CARES Act Economic Impact Payments
 - Medicaid-funded facilities cannot take CARES Act Economic Impact Payments made to residents
 - Not taxable income, it is a tax credit
 - Exempt from Medicaid income rules



Available Behavioral Health Support

Behavioral Health Support for Members and Families

- Peer and family support agencies are equipped to quickly provide virtual behavioral health support, tips and guidance.
- They are able to assist a member who may have unique worries associated with the fear of COVID-19 as well as difficulty with adjustments to normal activities as a result of the COVID-19 pandemic.
- Agencies are able to evaluate the member to determine if a behavioral health referral is needed in addition to their current supports.
- Families or staff can contact these agencies directly

DDD has resources available on its COVID-19 webpage under the “Resources for Families and Members” section: https://bit.ly/DDD_COVID19Actions

Available Family Support

Raising Special Kids

- Parent to Parent Mentoring
 - Confidential
 - Similar Experiences
 - Support
 - Guidance
 - Offered at no Charge
 - Available in Spanish
 - Monitored and Evaluated at 2, 4, and 8 Weeks
 - Call or Complete the Self-Referral Form Online
 - 602-242-4366 or 800-237-3007
 - <https://www.tfaforms.com/4664831>
 - 98% of parents have reported that Parent-to-Parent support is helpful.



AHCCCS Electronic Visit Verification (EVV)

- AHCCCS is using EVV to help ensure, track and monitor timely service delivery and access to care for members.
 - Attendant Care, Personal Care, and Homemaker
 - Companion Care
 - Habilitation
 - Home Health
 - Respite
 - Skills Training and Development
- azahcccs.gov/evv



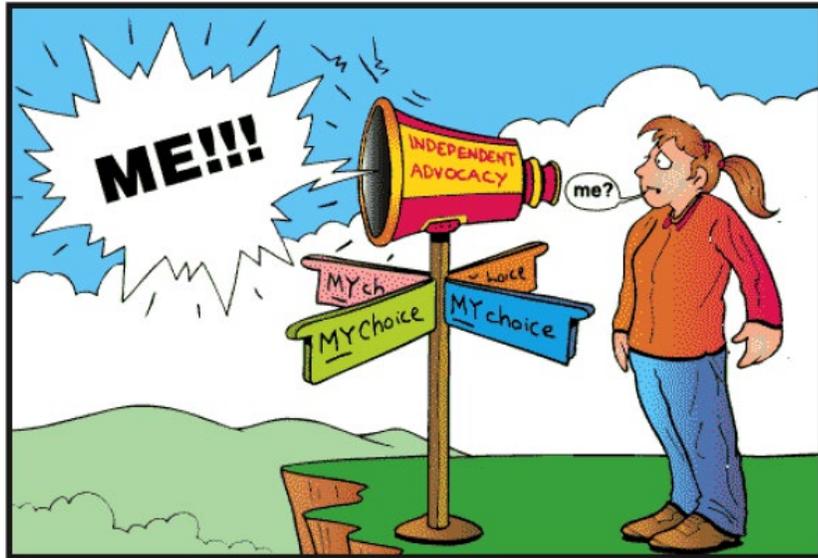


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Questions?



Ability360 & This is MY Life Program Self -Determination & Self-Advocacy Trainings

THIS IS MY LIFE
A free DDD program that offers
skill training to DDD members.



Personal or Group
Training for People in
DDD, 16 years and older.

ABILITY360
Speak Up | Make Choices | Direct Your Life



Presenter:

Lynn Black, MSW-LCSW

This is MY Life Program Manager

lynnb@ability360.org

ABILITY360- A Center for Independent Living

Ability360 is a nonprofit that offers and promotes programs designed to empower people with disabilities to take personal responsibility so they may achieve or continue independent lifestyles within the community.

The term “Center for Independent Living” means a consumer-controlled, community-based, cross-disability, nonresidential, private nonprofit agency.



Centers for Independent Living

There are over 400 Centers for Independent Living in the United States, including five

in Arizona:

Phoenix – Ability360

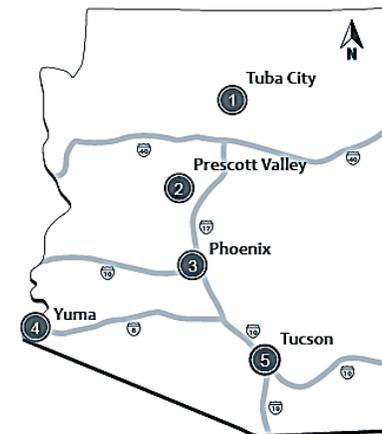
Tucson - DIRECT

Prescott Valley – New Horizons

Yuma – SMILE

Tuba City – ASSIST!

ARIZONA CIL NETWORK



All Centers for Independent Living

Five Core Services at Every Center

- Information and Referral
- Independent Living Skills Instruction
- Peer Support/Peer Mentoring
- Advocacy - Individual and Systems
- Transition- Life after high school, employment and education, and transition out/prevention into nursing home/assisted living

ABILITY360 PROGRAMS

- Advocacy / ADA Services
- Independent Living Skills Instruction
- Information & Referral
- Peer Support
- Ability360 Employment Services
- Socialization Through Recreation
- Empowering Youth in Transition
- Employment and Work Incentives Consulting for Social Security beneficiaries
- Home Modification
- Home Care Services
- Living Well with a Disability
- Nursing Home transition to Community Living
- ***This is MY Life: Self Advocacy and Self Determination Skill Training***
- Early Intervention to People Newly Disabled
- Ability360 Sports and Fitness Center

Most Services
are Free

This is MY Life Program

Self-Determination and Self-Advocacy skill trainings funded through the Division of Developmental Disabilities (DDD) for their DDD members- 16 years and older.

Free Individual or Group Classes: No service dollars used

Self-Advocacy Classes:

- Self-Advocacy Basics
- Self-Advocacy Skills (2-Part)
- Believing In Yourself
 - Self Esteem & Knowing Yourself & Self Monitoring
- Communications – Saying What You Mean

Self-Determination Classes:

- Self-Determination – Making Choices
- Goal Planning – Dream It, Set Goals, Take Action!
- Problem Solving



Lynn Black, MSW-LCSW
This is MY Life Program Manager
602-443-0729
lynnb@ability360.org

Purpose of *This Is MY Life* Program

Empowering members and families in DDD to make personal decisions, and advocate for their rights, needs and support services to live their best lives.

- DDD's goal is for its members to know their rights and how to advocate for their needs.
- DDD wants members to learn how to make personal decisions and share them with their key supports.
- DDD wants members to exercise their control over the type and amount of supports and services they receive.
- DDD desires for its members to learn & use self-advocacy skills so they can participate and contribute in the community to live their best life.



No Service Dollars Used!



TIML TRAININGS OFFERED

Personal and Group Trainings

Self-Determination Classes: *Self-Determination is making decisions and choices about YOUR life to gain more control over the things important to you.*

- **Self-Determination – Making Choices**

Discover the importance and practice how to make small & big choices. Learn about: the national movement; needs versus wants; ISP meeting choices; who can help; & community leadership roles.

- **Goal Planning – Dream It, Set Goals, Take Action!**

What is a goal? Do you want to learn how to work towards something you want? Learn about: S.M.A.R.T. goals; goal setting; self check-ins; working around barriers; and asking for help.

- **Problem Solving**

Do you have a problem? Learn about steps to solve a problem; asking for help; and things you can do about barriers.

TIML TRAININGS OFFERED

Individual and Group Trainings

Self-Advocacy Classes: *Self-Advocacy is asking for the things YOU need or want and being heard.*

A person with a disability might need to ask for the support of others, but they are still in control of making the choice about their life, services and how they are directed.

1. Self-Advocacy – Speaking Up for Yourself “The Basics”

2. Self-Advocacy – Speaking Up for Yourself (2-Part Training)

Part 1 – Learn: “The Basics” . What is a Self-Advocate? Self-Advocacy is a national movement. Why self-advocacy is important. How and where to self-advocate. Where to get help and how to work around barriers.

Part 2 – Quick review of part 1. Learn: Knowing myself makes me a better self-advocate. Know your rights and responsibilities. How I know people are listening. Getting help & working around barriers.

3. Believing in Yourself – Self-Esteem & Knowing Yourself

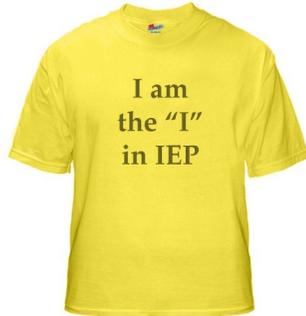
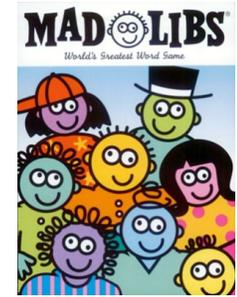
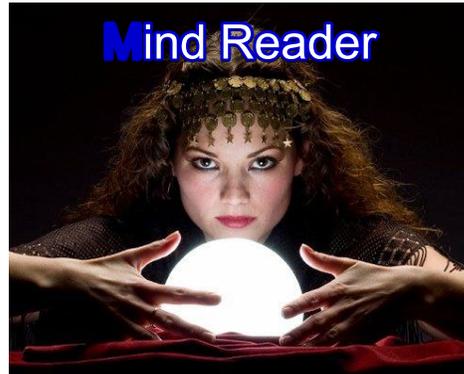
Get to know and feel good about yourself. Learn about positive self-talk, people first language, and friendships.

4. Communications – Saying What You Mean

Your words are powerful. Learn ways to use your words respectfully, I-statements, listening, accepting feedback, and how to get your point across.

Creative Learning

Adapting materials to specific people's learning styles.



EXAMPLE

Did You Know? You are Born a Self-Advocate!



Self advocacy is a life long skill that you will use from childhood to adulthood.



EVERYONE is a self advocate!
With and even without verbal words.

EXAMPLE

How do I do it?

WHAT IF: I am too nervous.. I am too shy...
I don't use words to speak...
People have trouble understanding me...

Verbal



Facial expressions



Sign language

no

yes



Eye contact



Technology



Gestures



EXAMPLE

How do I speak up?

The way you speak matters



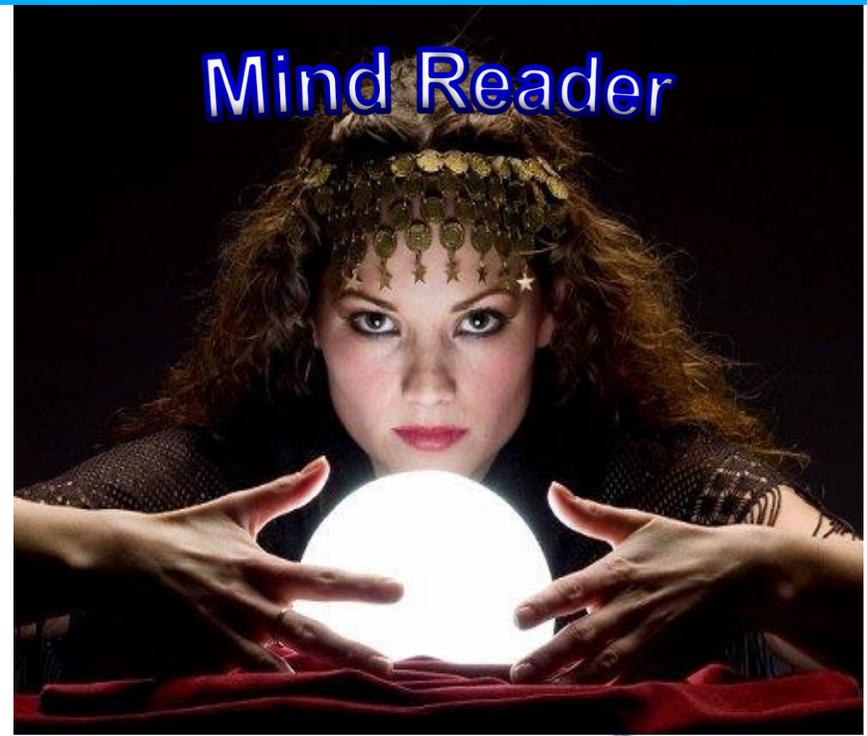
The Golden Rule
TREAT OTHER PEOPLE THE
WAY YOU WOULD LIKE TO
BE TREATED
WITH RESPECT

**Self advocacy is not about demanding
what you want or bossing people around.**

When self advocating, it is your responsibility to treat people how you would want to be treated. Nicely and respectfully!

EXAMPLE

Do I need to speak up with everyone? (Parents, Guardian, Staff or Friends)



YES I Do!



People are not mind readers!
It is your responsibility to tell them
what you want or don't want.



EXAMPLE

Do I have to self advocate by myself?

No, I don't have to do it all myself. I can always ask the people I trust to help me.



Even if I use self advocacy correctly, it doesn't mean I will get everything I ask for. But if I don't ask, I will never know if I could get what I want.

EXAMPLE

Division of Developmental Disabilities (DDD) and YOU

DDD Support Coordinator's want to help YOU to live the life you want!



- Support coordinators help you & your team make change happen!
- Speak up and tell them how they can help you. Self-Advocate!



TIML Recap

- DDD Funded Program teaching self-determination and self-advocacy skill trainings to DDD members, 16 years and older.
- Free program- no service dollars used
- Send referral form and Member's ISP to Ability360- Lynn to start
- Due to the pandemic: Trainings are virtual; depending on person/group: 1-3x month & 30min to 1 ½ hours long
- Individual and Group trainings offered- pick & choose 1 class or more
- Individual trainings were at Members convenience locations- like: home, library, or Ability360. Currently Zoom trainings only
- Group monthly trainings were at DDD provider's DTA and Vocational Centers (like: All Marc Centers/COPA Health; Hacienda; STARS; ARC; UCP; The Opportunity Tree; Cortney's Place; PS Academy, etc...)



How to Get Started



1. Support Coordinator's can start the process themselves by providing the member or member's guardian the *This is MY Life (TIML)* referral sheet.
OR
2. Support Coordinator's can have member email or call The *This is MY Life* Program Manager- Lynn Black for the referral sheet. lynnb@ability360.org



Then What Happens?

- Referral sheet is reviewed by TIML Program Manager.
- If the latest ISP was not included with referral, then it is requested to be secure emailed or mailed over.
- TIML Manager calls Member or Guardian for interview intake with member to explain program in detail and obtain best learning style. (Any helpful Member information is appreciated.)
- TIML Manager begins to schedule monthly training meetings.
- TIML Manager emails Support Coordinator with updates, if member approves.

That's it! 😊 No additional paperwork!

Community Living Options

Offers independent living skills services for individuals with developmental disabilities who receive no or minimal Federal & State support services.

- Budgeting
- Goal setting
- Self esteem building
- Transportation
- Living skills help
- Men's support group
- Social opportunities



CLO Program Coordinator,
Douglas West
602-443-0715 or
douglasw@ability360.org

ADVOCACY ASSISTANCE

Ability360 provides a variety of free advocacy assistance.

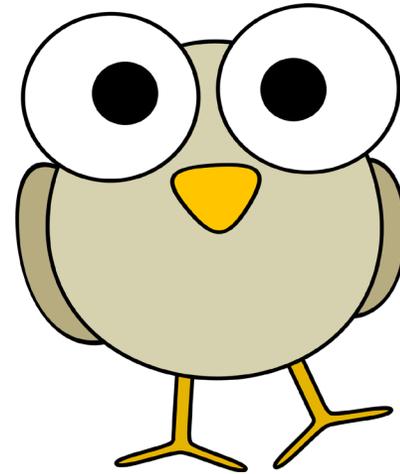
Individual 1:1 Advocacy Services

- If you have an advocacy situation you need personal assistance or support to resolve.
- Contact: Ability360 Advocacy Specialist David Carey at davidc@ability360.org or (602) 443-0723.

Monthly Workshops

- If you would like to learn advocacy skills or how systems work in a group setting, come attend one of our monthly advocacy workshops. To find the latest workshops, check out our [Ability360 Events Calendar](https://ability360.org/calendar/).

THANK YOU & Any Questions?



Maricopa County This is MY Life Program

- Ability360
- Lynn Black at lynnb@ability360.org
- 602-443-0729

Tucson This is MY Life Program

- DIRECT Center for Independent Living
- direct@directilc.org
- 520.624.6452

ABILITY360

ability360.org



If you would like to get Ability360 community calendar and/or quarterly magazine- LIVAbility - go to <https://ability360.org/subscribe-livability/>