

411 WOMEN'S PREVENTIVE CARE SERVICES

REVISION DATES: 6/08/2022, 10/1/2021, 7/3/2019

EFFECTIVE DATE: May 27, 2016

PURPOSE

This policy establishes requirements for well-woman preventive care visits as a covered benefit for women to obtain the recommended preventive services, including Preconception Counseling.

DEFINITIONS

1. "Clinical Breast Exam" means a physical examination of the breasts by a health care provider used as a primary diagnostic procedure for early detection of breast cancer.
2. "Family Planning Services and Supplies" means the provision of accurate information, counseling, and discussion with a health care provider to allow members to make informed decisions about the specific family planning methods available that align with the member's lifestyle and provision of indicated supplies.
3. "Human Papillomavirus (HPV)" means a sexually transmitted infection for which a series of immunizations are available for both males and females.

4. "Mammogram" means an x-ray of the breasts used to look for early signs of breast cancer.

5. "Preconception Counseling" means the purpose of Preconception Counseling is to ensure that a woman is healthy prior to pregnancy by identifying/reducing behavioral and social risks, through preventive and management interventions, in women of reproductive age who are capable of becoming pregnant, regardless of whether she is planning to conceive. This counseling focuses on the early detection and management of risk factors before pregnancy and includes efforts to influence behaviors that can affect a fetus prior to conception. Preconception Counseling is considered included in the well-woman preventive care visit.

POLICY

- A.** A well-woman preventive care visit is covered on an annual basis.

- B.** Well-Woman Preventive Care Services include:
 1. Well Exam - An annual well-woman preventive care visit is intended for the identification of risk factors for disease, identification of existing physical/behavioral health problems,


and promotion of healthy lifestyle habits essential to reducing or preventing risk factors for various disease processes.

C. Requirements for Well-Woman Preventive Care Services:

1. The Division's contracted health plans are responsible for covering Well- Woman Preventive Care Services for Division members enrolled in one of the subcontracted health plans in accordance with AdSS Policy 411.

D. AdSS Oversight And Monitoring

At least quarterly, the Division meets with the AdSS to provide ongoing evaluation including data analysis and recommendations to refine processes, identify successful interventions and care pathways to optimize results. On an annual basis, the Division performs an Operational Review of the AdSS that includes review of compliance.

Signature of Chief Medical Officer: 
Anthony Dekker (Jun 1, 2022 15:37 PDT)
Anthony Dekker, D.O.