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2 **900 EMERGENCY MEASURES AND ~~PHYSICAL MANAGEMENT~~**
3 **~~TECHNIQUES~~**

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5 REVISION DATE: TBD, ~~9/30/2016~~, 1/16/2019, ~~9/30/2016~~, ~~1/31/2014~~

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8 REFERENCES: A.A.C. R6-6-906, R-6-909.

9
10 **Emergency Measures**

11 When an emergency measure, including the use of behavior modifying medications is
12 employed to manage a sudden, intense, and out-of-control behavior, the person employing
13 the measure must:

14 A. ~~Report the circumstances immediately to the person designated by the~~
15 ~~Division, the responsible person and the Support Coordinator;~~

16 B. ~~Provide a written report of the circumstances of the emergency measure to~~
17 ~~the responsible person, the Support Coordinator, and the Program Review~~
18 ~~Committee (PRC) and the Independent Oversight Committee (IOC)~~
19 ~~chairpersons within one day; and,~~

20 C. ~~Request that the Support Coordinator reconvene the Planning Team to~~
21 ~~determine the need for a new or revised behavior treatment plan when any~~
22 ~~emergency measure is used two or more times within a 30-day period, or~~
23 ~~with an identifiable pattern.~~

24 The Support Coordinator is responsible for documenting in the member's case
25 record the outcome of the Planning Team.

26 Upon receipt of a written report as specified above, the PRC must:

27 A. ~~Review, evaluate, and track reports of emergency measures taken; and,~~

28 B. ~~Report, on a case by case basis, instances of excessive or~~
29 ~~inappropriate use of emergency measures for corrective action to a~~
30 ~~person designated by the Division.~~

31 **Physical Management Techniques**

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33 ~~Client Intervention Training (CIT) establishes specific techniques to be employed by~~
34 ~~staff and providers during an emergency to manage a sudden, intense, and~~
35 ~~out-of-control behavior.~~
36 ~~These techniques can only be used by persons certified in CIT. Such physical~~
37 ~~management techniques must:~~

- 38 A. ~~Use the least amount of intervention necessary to safely manage an~~
39 individual;
40 B. ~~Be used only when less restrictive methods were unsuccessful or are~~
41 inappropriate;
42 C. ~~Be used only when necessary to prevent the member from harming~~
43 himself/herself or others, or causing severe property damage;
44 D. ~~Be used concurrently with the uncontrolled behavior;~~
45 E. ~~Be continued for the least amount of time necessary to bring the~~
46 member's behavior under control; and,
47 F. ~~Be appropriate to the situation to ensure safety.~~

48
49 ~~Persons may be re-certified in CIT when their supervisor determines that there is a need for~~
50 ~~retraining. This re-training can be accomplished by:~~

- 51 A. ~~Viewing a videotape of the techniques, passing a written test, and~~
52 demonstrating the techniques to the satisfaction of an instructor; or,
53 B. ~~Attending the entire CIT course again.~~

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56 **Purpose**

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58 This policy establishes the requirements for the use of an Emergency
59 Measure intervention during an Emergency Safety Situation.

60 **Information**

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62 Each time an Emergency Measure is used, it should be recognized as
63 potential trauma to the individual. Its use can affect an individual's

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65 relationships with support staff and have short- or long-term effects on the
66 individual's mental health. Emergency Measures are not a substitute for
67 treatment. Emergency Measures used for punitive purposes, discipline, staff
68 convenience, retaliation or coercion is considered abuse and is prohibited by
69 Article 9 and Arizona state law. The use of Emergency Measures is always a
70 last resort safety measure when there is an imminent risk to the health
71 and/or safety of the individual or others and only when less restrictive
72 methods have been ineffective in resolving an Emergency Safety Situation
73 and rapidly.

74 **Policy**

75
76 **A. Emergency Measure Interventions**

- 77 1. Division employees or Service Provider employees providing
78 direct care to a Member may use an Emergency Measure if the
79 following criteria are met:
- 80 a. There is an imminent risk of serious harm or injury to the
81 Member or others;
 - 82 b. Other less restrictive methods were unsuccessful or
83 inappropriate;
 - 84 c. The Emergency Measure is implemented for the least

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- 85
86 amount of time necessary to manage the situation;
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88 d. The Emergency Measure is performed by individuals
89 trained and certified in the use of Emergency Measures
90 and intervention techniques;
91 e. The Emergency Measure is not used as a substitute for
92 treatment or as a form of punishment, coercion,
93 convenience of staff or retaliation; and
94 f. The Emergency Measure is terminated as soon as it is safe
95 to do so.
- 96 2. The individual implementing the Emergency Measure shall:
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98 a. Report the circumstances of the Emergency Measure to
99 the Support Coordinator, Responsible Person, and any
100 required Division designee as soon as safe to do so but no
101 later than 24 hours after the implementation of the
102 Emergency Measure.
- 103 b. Prepare a written report describing the circumstances of
104 the Emergency Measure and submit the report to the
105 Support Coordinator, Responsible Person, and the District
106 Program Review Committee chair within one Business Day.

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108 c. Request that the Support Coordinator convene the
109 Planning Team to determine the need for a new or revised
110 Behavior Plan if an Emergency Measure has been used two
111 or more times within a 30-day period or with an
112 identifiable pattern.
- 113 3. The PRC, upon receipt of written reports of Emergency
114 Measures, shall:
- 115 a. Review, evaluate and track reports of Emergency Measures
116 taken; and
- 117 b. Report instances of possible excessive or inappropriate use
118 of Emergency Measures to the Division’s designee, on a
119 case-by-case basis, for corrective action.

120 **B. Physical Intervention Techniques**

121 Physical Intervention techniques may be used as an Emergency
122 Measure if the criteria in Section A(1) have been met.

124 **C. Specific One-Time Use of Psychotropic Medication**

125 Division employees or Service Provider employees providing direct care
126 to a Member may implement one-time use of a Psychotropic
127 Medication as an Emergency Measure if the criteria in Section A(1)
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- 129
130 have been met and:
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132 a. There is a request for the one-time use of Psychotropic
133 Medication;
134 b. There is a Qualified Health Care Professional's order for the
135 Psychotropic Medication; and
136 c. The Psychotropic Medication is administered immediately,
137 based on the clinical judgment of the Qualified Health Care
138 Professional, or as soon as possible following the
139 prescriber's order.

Draft Policy for Public Comment