



DEPARTMENT OF ECONOMIC SECURITY

Your Partner For A Stronger Arizona



Division of Aging and Adult Services

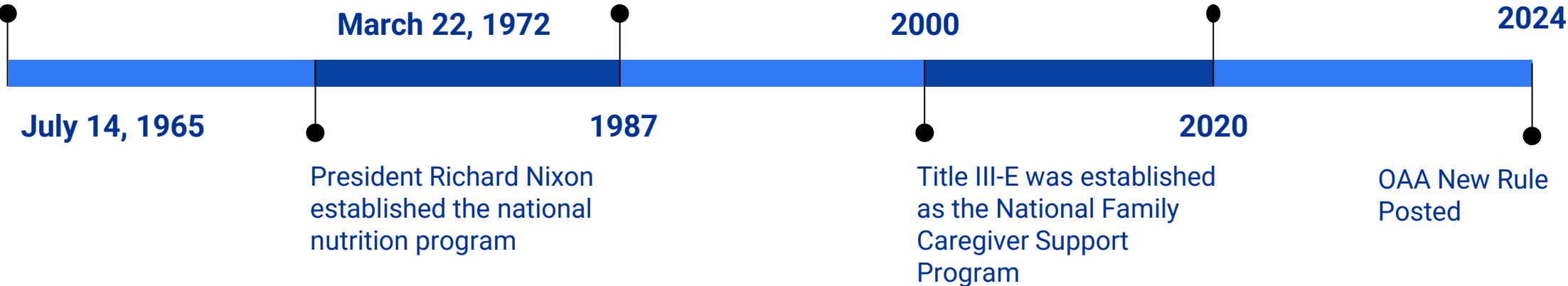
Older Americans Act



President Lyndon B. Johnson signed the Older Americans Act into law

Title III-D established for healthy aging programs

Latest OAA Authorization



State Unit on Aging

The OAA requires a State Unit on Aging (SUA) to administer the OAA funded programs and services and ensures that services are provided based on the target populations:

- low income
- rural
- underserved populations in urban areas
- individuals with severe disabilities and
- individuals with neurological disorders

The SUA advocates for **any** individual living in residential facilities and investigates *Resident Rights* complaints and violations.

Area Agencies on Aging

Support for Care Recipients or individuals over the age of 60:

- **Case Management** to help facilitate eligibility for services
- Non-medical **home and community based services** (NMHCBS)
- Older adults over 60 - may be eligible for **legal assistance**
- **Medicare**-eligible older adults (65+) may receive health benefits options counseling and access to scam awareness
- **Any individual** residing in an assisted living facility or skilled nursing facility may contact the **Long-Term Care Ombudsman** to file complaints and to help resolve Resident Rights violations

The **Area Agencies on Aging** will conduct an assessment of the care recipient and authorize services.

AAA Family Caregiver Support

The National **Family Caregiver Support Program** offers:

1. information to caregivers about available services
2. assistance to caregivers in gaining access to the services
3. individual counseling, organization of support groups, and caregiver training
4. respite care; and
5. supplemental services, on a limited basis

AAAs **case manage** the Care Recipient and the family caregiver for respite care services, supplemental services, and guidance counseling and supportive interventions.

Lifespan Respite Care Program

- Arizona Department of Economic Security (ADES), Division of Aging and Adult Services (DAAS) received the Lifespan Respite Grant by the Administration for Community Living:
- First grant award: 2009 - 2014
- Second grant award: 2012 - 2014
- Key Deliverables of grant:
 - Development of Caregiver Assessment Tool
 - Public Awareness Campaign
 - Statewide Caregiver Resource Line for Caregivers

Respite Care

Area Agencies on Aging	Arizona Caregiver Coalition
<ul style="list-style-type: none">● Agency-hired DCW (no cost)	<ul style="list-style-type: none">● Provider of Choice (reimbursement)
<ul style="list-style-type: none">● 40 hours per month in-home	<ul style="list-style-type: none">● \$2400 annually in-home voucher
<ul style="list-style-type: none">● 60 hours per month ADHC	<ul style="list-style-type: none">● \$2400 annually ADHC voucher
<ul style="list-style-type: none">● 5 days and 5 nights emergency respite care	<ul style="list-style-type: none">● Emergency respite care available

Caregiver Resource Line

- ADES DAAS launched the Caregiver Resource Line (CRL) to help identify and coordinate respite care services
 - ADES partnered with the Arizona Caregiver Coalition
 - CRL went live statewide August 2012
 - Offers streamlined statewide access to information about resources for family caregivers
 - Trained Caregiver Resource Specialists

Goal One: National Strategies Alignment

2022 National Strategy to Support Family Caregivers:

Goal One: Achieving greater awareness of and outreach to family caregivers

- Promote public awareness about respite
- Caregiver self-identification helped drive program awareness
- The CRL remains a key component of respite care options, caregiver resource information, and referrals

Goal Two: National Strategies Alignment

Goal Two: Advancing partnerships and engagement with family caregivers

- Engaging with stakeholders helped to identify gaps in services for caregivers and/or care recipients that were ineligible for other respite care programs
- Increase Arizona Respite Network and collaborations
- Identify service gaps to help create and monitor *new* respite services
 - Emergency Respite
 - Social Day Clubs

Goal Three: National Strategies Alignment

Goal Three: Strengthening services and supports for family caregivers.

- Respite Advisory Committee developed a work plan to address gaps in respite care services including emergency respite, overnight respite, limited consumer - directed care models and weekend respite care options
- Working collaboratively with Aging Network to develop emergency definitions, process, payment, and services delivery
- Community Based Organization Mini-Grants launched and is currently accepting applications.

Goal Four: National Strategies Alignment

Goal Four: Improving financial and workplace security for family caregivers

- Increasing outreach to public and private sectors to reach family caregivers
- Expanding outreach to the Industrial Commission of Arizona (AZ Dept. of Labor)
- Developing a Resource Guide for Employers using the State of New York and Colorado as a template
- Providing information about the Community-Based Organization Mini-Grants to increase visibility of respite programs

Goal Five: National Strategies Alignment

Goal Five: More data, research, and evidence-based practices to support family caregivers.

- The SUA is working with Arizona State University to complete a CAT analysis
- AAAs and the ACC use the Division of Aging and Adult Reporting System (DAARS) to input client demographics and the assessment
- Increase efforts apply for other grants to sustain lifespan respite programs
- Increase advocacy efforts for funding

Strategic Plan for Arizona Family Caregivers

National Strategies	Arizona
Goal I	<p>Outcome 1:1 Arizonans are educated about and understand the experience of family caregiving</p> <p>Outcome 1:2 Arizona caregivers self - identification and knowledge of services is enhanced</p> <p>Outcome 1:3 Outreach to Arizona Family Caregivers is Improved</p>
Goal III	<p>Outcome 3:1 Person and family-centered, trauma informed, and culturally appropriate caregiver services and supports are accessible for all Arizona family caregivers</p>

Strategic Plan for Arizona Family Caregiver

<p>Goal III</p>	<p>Outcome 3:2 Family caregivers can obtain respite services that meet their unique needs</p> <p>Outcome 3:3 A range of evidence-based education, counseling, and peers support are available for family caregivers</p>
<p>Goal V</p>	<p>Outcome 5:1 A state infrastructure will exist to support the collection of population-based data, using standardized wording of the definition of family caregiving, and standardized wording of questions that address the core characteristics of the family caregiving experience.</p>

Upcoming Events

Northern Arizona Caregiver Summit

"Caring for the Caregiver"

SAVE THE DATE

April 18, 2024

Window Rock, Arizona

Upcoming Events

SAVE THE DATE

The 6th Annual

World Elder Abuse Awareness Day Conference

June 14, 2024

Desert Willow Conference Center



Questions

- Lita Nelson, Arizona State Program Coordinator
litanelson@azdes.gov
602-781-5814
- Charlotte Holiday, ACC Lifespan Respite Program Coordinator
charlotteh@azcaregiver.org
602-542-6062
- Dr. Nelly Clotter-Woods, ACC Executive Director
drclotterwoods@azcaregiver.org
602-542-6593