



Banner Gateway
Medical Center



Pregnancy and Postpartum Adjustment Support Group

Are you feeling sad, anxious, overwhelmed or disconnected?
We are here for you...

You are not alone.
You are not to blame.

This group is free and no registration is necessary.
Babies are welcome.

When:
Thursday mornings
from 10 to 11:30 a.m.

Where:
Grand Canyon Rooms
Banner Gateway Medical
Center, 1900 N. Higley Rd.
Gilbert, AZ 85234

**Please note this support group
will be canceled on holidays*

For more information, please email Michele Stanley at Michele.Stanley@bannerhealth.com.