STATE OF ARIZONA PROCLAMATION

WHEREAS, in the United States, over 41 million family caregivers are providing informal care in all socioeconomic groups across the lifespan totaling \$470 billion in unpaid care; and

WHEREAS, in Arizona, over 800,000 family caregivers are providing informal care in all socioeconomic groups across the lifespan totaling over \$9 billion in unpaid care; and

WHEREAS, worldwide, family caregivers are Caregiving in Crisis during an unprecedented pandemic and are challenged with safeguarding older adults, individuals with disabilities, and individuals with chronic conditions who are at-risk of complications or death if infected with the Novel Coronavirus (COVID-19); and

WHEREAS, family caregivers are responsible for the physical, emotional, medical, social and mental health needs of their loved one(s) spending an average of 20 hours or more per week providing care; and

WHEREAS, family caregivers are an increasingly vital part of the discharge planning or life care planning for their loved one(s) and as an adjunct to the long-term care and health care systems; and

WHEREAS, supporting Arizona family caregivers with information about caregiver services, programs, resources, and training will increase caregiver skill set and improve the chances of successfully aging in place with their loved one(s); and

WHEREAS, providing information about and access to respite care services for family caregivers will enable them to take a break from their responsibilities, practice self-care, and mitigate caregiver burden; and

WHEREAS, the month of November is observed as a tribute to Arizona's family caregivers by recognizing the value of the care they provide and for thanking family caregivers for continuing to care for vulnerable Arizonans. NOW, THEREFORE, I, Douglas A. Ducey, Governor of the State of Arizona, do hereby proclaim November 2020 as

ARIZONA FAMILY CAREGIVER MONTH

and urge every resident to take time this month to recognize family caregivers and the people who serve and support them as powerful and vital individuals who greatly contribute to the community.

TOWE STO

IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the State of Arizona

GOVERNOR

DONE at the Capitol in Phoenix on this twenty-sixth day of October in the year Two Thousand and Twenty and of the Independence of the United States of America the Two Hundred and Forty-Fifth.

ATTEST:

SECRETARY OF STATE