

**310-R NURSING FACILITY SERVICES**

REVIEW DATES: 1/14/2025, 11/6/2023  
EFFECTIVE DATE: October 1, 2019

This policy applies to the Division's Administrative Services Subcontractors (AdSS). The Division of Developmental Disabilities (Division) covers medically necessary services rehabilitative services provided in Nursing Facilities (NF) for members who are eligible for Arizona Long Term Care System (ALTCS) with acute medical needs and who need nursing care 24 hours a day but who do not require hospital care under the daily direction of a physician. NF service providers must be state licensed and Medicare certified. Religious nonmedical health care institutions are exempt from licensure or certification requirements. Prior to a denial of NF services, the AdSS must contact the Division for a second level review.

See Chapter 1210 of this manual regarding Institutional Services for members who are ALTCS eligible.

The Division covers services for members who have acute medical needs and are eligible for ALTCS. The following requirements apply:

- A. The medical condition of the member must be such that if NF services are not provided, hospitalization of the individual will result or the treatment is such that it cannot be administered safely in a less restrictive setting (i.e., home with home health services). While convalescent care should be considered short-term, the Contractor shall extend NF coverage as medically necessary. The AdSS must contact the Division by Day 45 of the member's placement to discuss long term placement alternatives and coordinate discharge planning with the Division. Prior to consideration of long term NF placement as outlined in Chapter 1210 of this manual, the AdSS must obtain approval from the Division.
- B. For members enrolled in the ALTCS Transitional Program whose health status indicates that the member will likely require NF placement for longer than 90 days, the AdSS shall provide notification to the Division's assigned Support Coordinator. The Support Coordinator shall notify AHCCCS for consideration of continued enrollment in the Transitional Program or a change to ALTCS status.

Services that are not covered separately when provided in an NF include:

- A. Nursing services, including:
  - 1. Administration of medication
  - 2. Tube feedings
  - 3. Personal care services
  - 4. Routine testing of vital signs and blood glucose monitoring
  - 5. Assistance with eating
  - 6. Maintenance of catheters.

- B. Basic patient care equipment and sickroom supplies such as bedpans, urinals, diapers, bathing and grooming supplies, walkers and wound dressings or bandages
- C. Dietary services including, but not limited to, preparation and administration of special diets, and adaptive tools for eating
- D. Administrative physician visits made solely for meeting state certification requirements
- E. Non-customized durable equipment and supplies such as manual wheelchairs, geriatric chairs, and bedside commodes
- F. Rehabilitation therapies ordered as a maintenance regimen
- G. Administration, Medical Director Services, plant operations, and capital
- H. Over-the-counter medications and laxatives
- I. Social activity, recreational and spiritual services
- J. Any other services, supplies or equipment that are state or county regulatory requirements or are included in the NF's room and board charge.

*Vicki A Copeland, MD*

Feb 18, 2026

CMO