

1 **1020 UTILIZATION MANAGEMENT**

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8 438.114(a); 42 CFR 438.208(b)(2)(i); 42 CFR 438.210; 42 CFR 438.210(b);
9 42 CFR 438.210(d)(2)(i); 42 CFR 438.236; 42 CFR 438.240(b)(3); 42 CFR
10 447.26; 42 CFR 456.125; 42 CFR 457.1230(c); 42 CFR 457.1230(d); 42
11 CFR 457.1233(c); A.R.S. § 13-3994; A.R.S. § 31-501; A.R.S. § 36- 401;
12 A.R.S. § 36-501; A.R.S. § 36-551; A.R.S. § 38-211; A.R.S. §1902(a)(31);
13 A.A.C. R9-10-101; A.A.C. R9-22-101; A.A.C. R9-28-201; A.A.C. R9-201;
14 Contractor Chart of Deliverables; AMPM Policy 310; AMPM Attachment
15 1020-A; AMPM Attachment 1020-B; ACOM 110; ACOM 414; Div Ops 414;
16 Provider Chapter 17; 2024 National Committee for Quality Assurance; Case
17 Management Long Term Services and Supports; Standard 4.
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19
20 **PURPOSE**

21 This policy outlines Utilization Management (UM) functions provided by
22 the AdSS to ensure appropriate utilization of health care resources, in the
23 amount and duration necessary to achieve desired health outcomes, across
24 the continuum of care from preventative care to hospice, including Advance
25 Care Planning at any age or stage of illness. This policy also addresses how
26 the AdSS identifies opportunities for improvement in UM.

27 **DEFINITIONS**

28 1. "Behavioral Health Inpatient Facility" or "BHIF" means a health

29 institution, as specified in A.A.C. R9-10-101, that provides
30 continuous treatment to an individual experiencing a behavioral
31 health issue that causes the individual to:

32 a. Have a limited or reduced ability to meet the individual's
33 basic physical needs;

34 b. Suffer harm that significantly impairs the individual's
35 judgment, reason, behavior, or capacity to recognize
36 reality;

37 c. Be a danger to self;

38 d. Be a danger to others;

39 e. Be an individual with a persistent or acute disability as
40 specified in A.R.S § 36-501; or

41 f. Be an individual with a grave disability as specified in
42 A.R.S. § 36-501.

43 2. "Behavioral Health Residential Facility" or "BHRF" means, as
44 specified in A.A.C. R9-10-101, a health care institution that
45 provides treatment to an individual experiencing a behavioral
46 health issue that:

47 a. Limits the individual's ability to be independent, or

- 48 b. Causes the individual to require treatment to maintain or
49 enhance independence.
- 50 3. "Business Day" means 8:00 a.m. to 5:00 p.m., Monday through
51 Friday, excluding holidays listed in A.R.S. § 1-301.
- 52 4. "Care Management" means a group of activities performed to
53 identify and manage clinical interventions or alternative
54 treatments for identified Members to reduce risk, cost, and help
55 achieve better health outcomes. Distinct from Support
56 Coordination, Care Management does not include the day-to-day
57 duties of service delivery.
- 58 5. "Concurrent Review" means the process of reviewing an
59 institutional stay at admission and throughout the stay to
60 determine medical necessity for an institutional Level of Care
61 (LOC). Reviewers assess the appropriate use of resources, LOC,
62 and service, according to professionally recognized standards of
63 care. Concurrent Review validates the medical necessity for
64 admission and continued stay and evaluates for Quality Of Care
65 (QOC) concerns.
- 66 6. "Denial" means the decision to deny a request made by, or on

- 67 behalf of, an individual for the authorization or payment of a
68 covered service.
- 69 7. "Health Care-Acquired Condition" or "HCAC" means a condition
70 that occurs in any inpatient hospital setting and is not present on
71 admission (Refer to the current Centers for Medicare and
72 Medicaid Services (CMS) list of Hospital-Acquired Conditions).
- 73 8. "Institution for Mental Disease" or "IMD" means a hospital,
74 nursing facility, or other institution of more than 16 beds that is
75 primarily engaged in providing diagnosis, treatment, or care of
76 individuals with mental diseases (including substance use
77 disorders), including medical attention, nursing care and related
78 services. Whether an institution is an Institution for Mental
79 Diseases is determined by its overall character as that of a
80 facility established and maintained primarily for the care and
81 treatment of individuals with mental diseases, whether or not it
82 is licensed as such. An institution for Individuals with
83 Intellectual Disabilities is not an Institution for Mental Diseases
84 as specified in 42 CFR 435.1010.
- 85 9. "Institutional Setting" means:

- 86 a. A nursing facility as specified in 42 U.S.C. 1396 r(a);
- 87 b. An Institution for Mental Diseases (IMD) for an individual
- 88 who is either under age 21 or age 65 or older;
- 89 c. A hospice (free-standing, hospital, or nursing facility
- 90 subcontracted beds) as specified in A.R.S. § 36- 401;
- 91 d. A Behavioral Health Inpatient Facility (BHIF) as specified in
- 92 A.A.C. R9-10-101; or
- 93 e. A Behavioral Residential Setting (BHRF) as specified in
- 94 A.A.C. R9-10-101.
- 95 10. "Inter-Rater Reliability" or "IRR" means the process of
- 96 monitoring and evaluating the process that multiple observers
- 97 are able to consistently define a situation or occurrence in the
- 98 same manner with a level of consistency in decision making and
- 99 adherence to clinical review criteria and standards.
- 100 11. "Medication Reconciliation" means the process of identifying the
- 101 most accurate list of all medications that the patient is taking,
- 102 including name, dosage, frequency, purpose and route by
- 103 comparing the medical record to the most current external list of
- 104 medications obtained from a patient, hospital, or other Provider.

- 105 12. “Other Provider-Preventable Condition” or “OPPC” means a
106 condition occurring in the inpatient and outpatient health care
107 setting which the Division and Arizona Health Care Cost
108 Containment System (AHCCCS) has limited to the following:
- 109 a. Surgery on the wrong Member:
 - 110 b. Wrong surgery on a Member; or
 - 111 c. Wrong site surgery.
- 112 13. “Practitioner” means a certified nurse practitioner in midwifery,
113 physician assistant(s), and other nurse practitioners, physician
114 assistant(s) and nurse practitioners as specified in A.R.S. Title
115 32, Chapters 15 and 25, respectively.
- 116 14. “Prior Authorization” or “PA” means a process by which the AdSS
117 authorizes, in advance, the delivery of covered services based on
118 factors including but not limited to medical necessity, cost
119 effectiveness, compliance with this policy as specified in A.A.C.
120 R9-201, and any applicable contract provisions. PA is not a
121 guarantee of payment as specified in A.A.C. R9-22-101.
- 122 15. “Prior Period Coverage” means for Title XIX Members, the period
123 of time prior to the Member’s enrollment with the AdSS during

- 124 which a Member is eligible for covered services. The time frame
125 is from the effective date of eligibility to the day a Member is
126 enrolled with the AdSS.
- 127 16. "Provider" means any individual or entity contracted with the
128 AdSS that is engaged in the delivery of services, or ordering or
129 referring for those services, and is legally authorized to do so by
130 the State.
- 131 17. "Provider Preventable Condition" or "PPC" means a condition that
132 meets the definition of Health Care-Acquired Condition (HCAC)
133 or an Other Provider-Preventable Condition (OPPC);
- 134 18. "Qualified Healthcare Professional" means a health care
135 professional qualified to do discharge planning.
- 136 19. "Responsible Person" means the parent or guardian of a minor
137 with a developmental disability, the guardian of an adult with a
138 developmental disability or an adult with a developmental
139 disability who is a client or an applicant for whom no guardian
140 has been appointed. A.R.S. § 36-551.
- 141 20. "Retrospective Review" means the process of determining the
142 medical necessity of a treatment/service post-delivery of care.

- 143 21. “Standard of Care Medical Necessity Guidelines” means the
144 relevant clinical information to make hospital length of stay
145 determinations for both planned and unplanned admissions using
146 MCG, InterQual, American Society of Addiction Medicine (ASAM),
147 Level of Care Utilization System (LOCUS), Child and Adolescent
148 Level of Care Utilization System (CALOCUS-CASII). If none of
149 the previous standards exist for the admission type then other
150 Utilization Management Criteria may be used as appropriate.
- 151 22. “Support Coordination” means a collaborative process which
152 assesses, plans, implements, coordinates, monitors, and
153 evaluates options and services to meet an individual’s health
154 needs through communication and available resources to
155 promote quality, cost-effective outcomes.
- 156 23. “Utilization Management Criteria” means medical guidelines that
157 determine which services, levels of care, and lengths of stay are
158 appropriate for Members in different clinical situations.

159 **POLICY**

160 **A. CLINICAL CRITERIA FOR UTILIZATION MANAGEMENT**

161 **DECISIONS**

- 162 1. The AdSS shall have written criteria which are objective,
163 evidence based, and take individual circumstances and the local
164 medical services into account when determining the medical
165 appropriateness of healthcare services.
- 166 2. The AdSS shall have written criteria that includes:
- 167 a. Written UM decision-making criteria that are objective and
168 based on medical evidence.
- 169 b. Written policies for applying the criteria based on Member
170 needs,
- 171 c. Written policies for applying the criteria based on an
172 assessment of the local medical services,
- 173 d. Involving appropriate Providers in developing, adopting,
174 and reviewing criteria, and
- 175 e. Reviewing the criteria and procedures for applying the
176 criteria annually and updating the criteria when
177 appropriate.

178 **B. UTILIZATION DATA ANALYSIS AND DATA MANAGEMENT**

- 179 1. The AdSS shall have a UM program that reports to the Division's
180 Medical Management (MM) committee and involves a designated

- 181 senior-level physician and behavioral healthcare Provider in the
182 implementation of physical and behavioral healthcare aspects.
- 183 2. The AdSS shall develop and implement policies and processes to
184 review utilization and detect both underutilization and
185 overutilization of services.
- 186 3. The AdSS shall develop and implement policies and processes to
187 collect, validate, analyze, monitor, and report the Division's
188 enrollment utilization data for AdSS Members.
- 189 4. The AdSS' MM Committee shall annually and on an ongoing
190 basis, review and evaluate the utilization data and make or
191 approve recommendations for implementing actions for
192 improvement when variances are identified.
- 193 5. The AdSS MM Committee shall include in their utilization data
194 evaluation a review of the impact to both service quality and
195 outcome.
- 196 6. The AdSS MM Committee shall determine, based on its review, if
197 action (new or changes to current intervention) is required to
198 improve the efficient utilization of health care services.
- 199 7. The AdSS shall integrate intervention strategies throughout each

200 AdSS to address both over and underutilization of services.

201 8. The AdSS shall meet with the Division Health Care Services
202 (HCS) quarterly to review the MM Committee minutes, reports
203 with data analysis and action plans, over and underutilization,
204 outliers, and opportunities for performance improvement.

205 **C. CONCURRENT REVIEW**

206 1. The AdSS shall have policies, procedures, processes, and criteria
207 in place that govern the use of services during short-term and
208 long-term hospital and institutional stays to ensure that the
209 Member continues to receive reasonable, appropriate care in the
210 right health care setting to meet the Member's health care
211 needs.

212 2. The AdSS shall have procedures for review of medical necessity
213 before a planned institutional admission (pre-certification) and
214 for determination of the medical necessity for ongoing
215 institutional care (Concurrent Review).

216 3. The AdSS shall have policies and procedures for the Concurrent
217 Review process that:

218 a. Include the following clinical information when making

- 219 hospital length of stay decisions:
- 220 i. Symptoms,
- 221 ii. Diagnostic test results,
- 222 iii. Diagnoses, and
- 223 iv. Required services.
- 224 b. Specify time frames and frequency for conducting
- 225 Concurrent Review and decisions;
- 226 c. Review authorization for institutional stays that have a
- 227 specified date for the need for continued stay based on the
- 228 expected course of the stay and medical necessity
- 229 4. The AdSS shall conduct admission reviews within one Business
- 230 Day after notification is provided to the AdSS by the hospital or
- 231 institution (this does not apply to pre-certifications).
- 232 5. The AdSS shall provide a process for review that includes:
- 233 a. Necessity of admission and appropriateness of the service
- 234 setting;
- 235 b. Quality of care;
- 236 c. Length of stay;
- 237 d. Whether services meet the Member needs;

- 238 e. Discharge needs; and
- 239 f. Utilization pattern analysis.
- 240 6. The AdSS shall establish a method for their participation in the
- 241 proactive discharge planning of all Members in hospitals and
- 242 Institutional Settings.
- 243 7. The AdSS shall establish a proactive discharge planning process
- 244 that demonstrates communication with the Division's support
- 245 coordinator assigned to the Member.
- 246 8. The AdSS shall document and base the criteria for decisions on
- 247 medical necessity on reasonable medical evidence or a
- 248 consensus of relevant health care professionals.
- 249 9. The AdSS' MM Committee shall annually approve the medical
- 250 criteria used for Concurrent Review,
- 251 10. The AdSS shall adopt the medical criteria from the national
- 252 standards.
- 253 11. The AdSS shall have the medical criteria approved by the
- 254 Division's MM Committee.
- 255 12. The AdSS shall compare the Member's medical information
- 256 against medical necessity criteria that describe the condition or

- 257 service when providing Concurrent Review.
- 258 13. The AdSS shall base initial institutional stays on:
- 259 a. AdSS adopted criteria,
- 260 b. The Member's specific condition, and
- 261 c. The projected discharge date.
- 262 14. The AdSS shall base continued stay determinations on written
- 263 medical care criteria that assess the need for the continued stay.
- 264 15. The AdSS shall record each continued stay review date in the
- 265 Member's record ~~every 3 business days, or as Standard of Care~~
- 266 Medical Necessity Guidelines indicate or if there are no Standard
- 267 of Care Medical Necessity Guidelines then no more than every 3
- 268 business days.
- 269 16. The AdSS shall assign a new review date each time the review
- 270 occurs for an extension of a medical stay.
- 271 17. The AdSS shall include proactive discharge planning between all
- 272 potential payment and care sources starting within one day of
- 273 admission, and shall continue proactive discharge planning after
- 274 completion of the institutional stay.
- 275 18. The AdSS shall submit the "Contractor Quarterly Showing Report

276 for Inpatient Hospital Services” quarterly as specified in the
277 Contract, after ensuring the report is signed by the AdSS’ Chief
278 Medical Officer attesting that:

- 279 a. A physician has certified the necessity of inpatient hospital
280 services;
- 281 b. The services were periodically reviewed and evaluated by a
282 physician;
- 283 c. Each admission was reviewed or screened under a
284 utilization review program; and
- 285 d. All hospitalizations of Members were reviewed and certified
286 by medical utilization staff.

287 **D. DISCHARGE PLANNING**

288 1. The AdSS shall have policies and procedures in place that govern
289 proactive discharge planning and coordination of services
290 between settings of care, including appropriate discharge
291 planning from short-term and long-term hospital and
292 institutional stays.

293 2. The AdSS shall ensure the discharge planning process is
294 designed to:

- 295 a. Improve the management of inpatient admissions,
296 b. Reduce unnecessary institutional and hospital stays,
297 c. Meet Member discharge needs, and
298 d. Decrease readmissions within 30 days of discharge
- 299 3. The AdSS shall develop and implement a discharge planning
300 process that ensures Members receiving inpatient services have
301 proactive discharge planning to identify and assess the
302 post-discharge bio-psychosocial and medical needs of the
303 Member in order to arrange necessary services and resources for
304 appropriate and timely discharge from a facility.
- 305 4. The AdSS shall allow a Member to remain in an inpatient setting
306 or residential facility in the event that a covered behavioral
307 health service is temporarily unavailable for Members who are
308 discharge ready and require covered post-discharge behavioral
309 health services, or ensure Care Management, intensive
310 outpatient services Provider case management, or peer service
311 are available to the Member while waiting for the appropriate
312 covered physical or behavioral health services.
- 313 5. The AdSS shall require an interdisciplinary staffing to be

- 314 conducted with the relevant health plan, Division staff, Long
315 Term Services and Supports (LTSS) Providers and the inpatient
316 team for care coordination, as indicated once the Member has
317 been identified as awaiting discharge to the appropriate level of
318 care.
- 319 6. The AdSS shall require notification and involvement of the AdSS
320 Chief Medical Officer or Medical Director for Members
321 experiencing a delay in discharge from Institutional Settings or
322 the Emergency Department.
- 323 7. The AdSS shall require a proactive assessment of discharge
324 needs is conducted prior to admission, when feasible, or as soon
325 as possible upon admission.
- 326 8. The AdSS shall have discharge planning performed by a Qualified
327 Healthcare Professional and initiated on the initial Concurrent
328 Review, updated periodically during the inpatient stay, and
329 continued post discharge to ensure a timely, effective, safe, and
330 appropriate discharge.
- 331 9. The AdSS staff participating in the discharge planning process
332 shall ensure the Member or Responsible Person:

- 333 a. Is involved and participates in the discharge planning
334 process;
- 335 b. Understands the written discharge plan, instructions, and
336 recommendations provided by the facility; and
- 337 c. Is provided with resources, referrals, and possible
338 interventions to meet the Member's assessed and
339 anticipated needs after discharge.
- 340 10. The AdSS shall include the following in discharge planning,
341 coordination, and management of care:
- 342 a. Follow-up appointment with the PCP or specialist
343 within 7 days, unless the Member is discharged to a facility
344 or institution in which they are evaluated by a healthcare
345 professional based on the needs of the Member;
- 346 b. Coordination and communication with inpatient and facility
347 Providers, the relevant health plan and Division staff, and
348 LTSS for safe and clinically appropriate discharge
349 placement, and community support services;
- 350 c. Communication of the Member's treatment plan and
351 medical history across the various outpatient Providers,

- 352 including the Member's outpatient clinical team, Tribal
353 Regional Behavioral Health Authority (TRBHA) and other
354 contractors when appropriate;
- 355 d. Coordination and review of medications upon discharge to
356 the community or transfer to another facility to ensure
357 Medication Reconciliation occurs; and
- 358 e. Referral for services as identified in the discharge plan
359 including:
- 360 i. Prescription medications;
 - 361 ii. Medical Equipment;
 - 362 iii. Nursing Services;
 - 363 iv. End-of-Life Care related services such as Advance
364 Care Planning;
 - 365 v. Informal or natural supports;
 - 366 vi. Hospice;
 - 367 vii. Therapies (within limits for outpatient physical,
368 occupational and speech therapy visits for Members
369 21 years of age and older);
 - 370 viii. Referral to appropriate community resources;

- 371 ix. Referral to AdSS' Disease Management or Care
372 Management (if needed);
- 373 f. A post discharge follow-up call to the Member or
374 Responsible Person within three Business Days of
375 discharge to confirm the Member's well-being and the
376 progress of the discharge plan unless the Member is
377 discharged to a facility or institution in which they are
378 evaluated by a healthcare professional; and
- 379 g. Additional follow-up actions as needed based on the
380 Member's assessed clinical, behavioral, physical health,
381 and social needs; and
- 382 h. Proactive discharge planning when the AdSS becomes
383 aware of the admission even if the AdSS is not the primary
384 payer.

385 **E. PRIOR AUTHORIZATION AND SERVICE AUTHORIZATION**

- 386 1. The AdSS shall have Prior Authorization (PA) staff that includes
387 an Arizona-licensed nurse or nurse practitioner, physician or
388 physician assistant, pharmacist or pharmacy technician, or an
389 Arizona-licensed behavioral health professional with appropriate

- 390 training, to apply the AdSS' medical criteria or make coverage
391 decisions.
- 392 2. The AdSS shall develop and utilize a system that includes at
393 least two modes of delivery for Providers to submit PA requests
394 such as telephone, fax, or electronically through a portal on the
395 AdSS' website.
- 396 3. The AdSS shall notify Providers who request authorization for a
397 service that they have the option to request a peer-to-peer
398 discussion with the appropriate Medical Director when additional
399 information is requested by the AdSS or when the Prior
400 Authorization (PA) request is denied.
- 401 4. The AdSS shall allow at least ten Business Days from the date
402 the Provider has been made aware of the Denial for the Provider
403 to request a peer-to-peer discussion and coordinate the
404 discussion with the requesting Provider when appropriate.
- 405 5. The AdSS shall develop and implement policies and procedures,
406 coverage criteria, and processes for approval of covered
407 services, which include required time frames for authorization
408 determination.

- 409 6. The AdSS shall respond within 24 hours from the receipt of initial
410 and continuous determinations for standard, and expedited and
411 medication authorization requests, regardless of the due date
412 falling on a weekend or legal holiday.
- 413 7. The AdSS shall review all PA requirements for services, items, or
414 medications annually.
- 415 8. The AdSS shall report the PA review through the AdSS MM
416 Committee and include the rationale for any changes made to PA
417 requirements.
- 418 9. The AdSS shall document the summary of the PA requirement
419 changes and the rationale for those changes in the MM
420 Committee meeting minutes.
- 421 10. The AdSS shall document and base the criteria for decisions on
422 coverage and medical necessity for both physical and behavioral
423 health services on reasonable medical evidence or a consensus
424 of relevant health care professionals.
- 425 11. The AdSS shall require decisions regarding behavioral health
426 covered services be compliant with mental health parity.
- 427 12. The AdSS shall not arbitrarily deny or reduce the amount,

- 428 duration, or scope of a medically necessary service solely
429 because of the setting, diagnosis, type of illness, or condition of
430 the Member.
- 431 13. The AdSS shall place limits on services based on a reasonable
432 expectation that the amount of service to be authorized will
433 achieve the expected outcome.
- 434 14. The AdSS shall have written procedures for using professionals
435 who are licensed in medical professions with expertise in making
436 medical necessity determinations.
- 437 15. The AdSS shall use and document all relevant information when
438 making coverage decisions.
- 439 16. The AdSS shall use any of the following information when
440 determining coverage:
- 441 a. Office and hospital records;
 - 442 b. History of presenting problem;
 - 443 c. Physical exam results;
 - 444 d. Treatment plans and progress notes;
 - 445 e. Patient psychosocial history;
 - 446 f. Information on consultations with treating practitioner;

- 447 g. Evaluations from other health care Practitioners and
448 Providers;
- 449 h. Operative and pathological reports;
- 450 i. Rehabilitation evaluations;
- 451 j. Printed copies of the criteria related to the request;
- 452 k. Information regarding benefits for services or procedures;
- 453 l. Information regarding the local delivery system;
- 454 m. Member characteristics and information;
- 455 n. Information from family codes; and
- 456 o. Diagnosis codes.
- 457 17. The AdSS shall provide evidence to the Division that it uses
458 licensed professional staff for conducting medical necessity
459 determinations when completing PA.
- 460 18. The AdSS shall have criteria in place to make decisions on
461 coverage when the AdSS receives a request for service involving
462 Medicare or other third party payers.
- 463 19. When a third party payer has approved a service request as
464 medically necessary, The AdSS shall not apply a secondary PA.
- 465 20. The AdSS shall provide a decision for a submitted PA request to

- 466 the Provider and Member for a medication by telephone, fax,
467 electronically, or other telecommunication device within 24 hours
468 of receipt of the submitted request for PA.
- 469 21. The AdSS shall send a request for additional information to the
470 prescriber by telephone, fax, electronically, or other
471 telecommunication device within 24 hours of the submitted
472 request when the PA request for a medication lacks sufficient
473 information to render a decision.
- 474 22. The AdSS shall render a final decision for PA within seven
475 Business Days from the initial date of the request for PA.
- 476 23. The AdSS MM committee shall determine PA criteria and have it
477 submitted to the Division's MM committee annually for review.
- 478 24. The AdSS shall ~~require~~ have PA criteria for the following Medical
479 and Behavioral Health Services and supplies:
- 480 a. Behavioral Health Residential Facility (BHRF);
481 b. Non-emergency acute inpatient admissions;
482 c. Level I BHIF and Residential Treatment Center (RTC)
483 Admissions;
484 d. Elective hospitalizations;

- 485 e. Elective surgeries;
- 486 f. Medical equipment;
- 487 g. Medical supplies, annually;
- 488 h. Home health;
- 489 i. ~~Home and Community Based Services (HCBS) Long Term~~
490 Services and Supports (LTSS);
- 491 j. Hospice;
- 492 k. Skilled Nursing Facility (SNF);
- 493 l. Therapies - Rehabilitative/Restorative and
494 Developmental/Habilitative;
- 495 m. Medical or behavioral health services;
- 496 n. Emergency alert system services;
- 497 o. Behavior analysis services;
- 498 p. Augmentative and Alternative Communication (AAC)
499 services, supplies, and accessories;
- 500 q. Non-emergency transportation; and
- 501 r. ~~Select~~ Medications.
- 502 25. The AdSS shall not require PA for the following services or
503 circumstances:

504

- a. Services performed prior to eligibility during a Prior Period Coverage time frame.
- b. Services covered by Medicare or other commercial insurance;
- c. Emergency medical hospitalization less than 72 hours;
- d. Emergency admission to behavioral health level 1 inpatient facility, however, notification of the admission to the AdSS shall occur within 72 hours;
- e. Some diagnostic procedures, e.g., EKG, MRI, CT Scans, x-rays, labs, check the Member's AdSS PA requirements;
- f. Dental care - emergency and non-emergency, check the Member's AdSS PA requirements;
- g. Eyeglasses for Members younger than 21 years old;
- h. Family Planning Services and Supplies;
- i. Physician or Specialty Consultations and Office Visits;
- j. Behavioral Analysis Assessment;
- k. Prenatal Care;
- l. Emergency Transportation;
- m. Non-Emergency Transportation of less than 100 miles; and

505 n. Emergency room visit.

506 **F. INTER-RATER RELIABILITY**

507 1. The AdSS shall have in place a process for consistent application
508 of review criteria in making medical necessity decisions that
509 include Prior Authorization (PA), Concurrent Review, and
510 Retrospective Review.

511 2. The AdSS shall perform Inter-Rater Reliability (IRR) testing of all
512 staff who make medical necessity decisions in PA, Concurrent
513 Review and Retrospective Review at new employee orientation
514 and at least annually thereafter.

515 3. The AdSS shall include a corrective action plan for staff that do
516 not meet the minimum compliance score of 90%.

517 4. The AdSS shall present the IRR testing results to the MM
518 Committee for review and report the approved medical criteria at
519 least annually.

520 5. The AdSS shall provide IRR testing results to the Division at least
521 annually as per the Contract and upon request.

522 **G. RETROSPECTIVE REVIEW**

523 1. The AdSS shall conduct a Retrospective Review, which is guided

- 524 by policies and procedures that:
- 525 a. Include the identification of health care professionals with
- 526 appropriate clinical expertise who are responsible for
- 527 conducting Retrospective Reviews,
- 528 b. List services that require Retrospective Review, and
- 529 c. Specify time frames for completion of the review.
- 530 2. For retrospective decisions, the AdSS shall provide electronic or
- 531 written notification of the decision to the Responsible Person,
- 532 and the ordering or prescribing Practitioner or facility within 30
- 533 calendar days of the request.
- 534 3. The AdSS shall document and base the criteria for decisions on
- 535 medical necessity on reasonable medical evidence or a
- 536 consensus of relevant health care professionals.
- 537 4. The AdSS shall use the following Guidelines for
- 538 Provider-Preventable Conditions (PPC):
- 539 a. Title 42 CFR Section 447.26 prohibits payment for services
- 540 related to Provider Preventable Conditions;
- 541 b. A Member's health status may be compromised by hospital
- 542 conditions or medical personnel in ways that are

- 543 sometimes diagnosed as a “complication”;
- 544 c. If it is determined that the complication resulted from an
- 545 HCAC or OPPC, any additional hospital days or other
- 546 additional charges resulting from the HCAC or OPPC shall
- 547 not be reimbursed; and
- 548 d. If it is determined that the HCAC or OPPC was a result of
- 549 an error by a hospital or medical professional, the AdSS
- 550 shall conduct a Quality of Care (QOC) investigation and
- 551 report the occurrence and results of the investigation to
- 552 AHCCCS Quality Management.

553 **H. CLINICAL PRACTICE GUIDELINES**

- 554 1. The AdSS shall develop or adopt and disseminate practice
- 555 guidelines for physical and behavioral health services that:
- 556 a. Are based on valid and reliable clinical evidence or a
- 557 consensus of health care professionals in that field;
- 558 b. Consider the needs of Members who are enrolled with the
- 559 AdSS;
- 560 c. Are adopted in consultation with contracting health care
- 561 professionals and national practice standards, or developed

562 in consultation with health care professionals and network
563 Providers and include a thorough review of peer reviewed
564 articles in medical journals published in the United States
565 when national practice guidelines are not available.

566 d. Are disseminated by the AdSS to all affected Providers
567 and, upon request to the Member or Responsible Person
568 and Members who are not yet enrolled with the AdSS; and

569 e. Provide a basis for consistent decisions for UM, Member
570 education, coverage of services, and any other areas to
571 which the guidelines apply.

572 2. The AdSS shall evaluate the practice guidelines through a MM
573 multi-disciplinary committee to determine if the guidelines
574 remain applicable, represent the best practice standards, and
575 reflect current medical standards every two years.

576 3. The AdSS shall document the review and adoption of the practice
577 guidelines as well as the evaluation of efficacy of the guidelines.

578 **I. NEW MEDICAL TECHNOLOGIES AND NEW USES OF EXISTING**
579 **TECHNOLOGIES**

580 1. The AdSS shall develop and implement written policies and

- 581 procedures for evaluating new medical technologies and new
582 uses of existing technology.
- 583 2. The AdSS shall include in the review of new technologies and
584 new uses of existing technology an evaluation of benefits for
585 physical and behavioral healthcare services, pharmaceuticals and
586 devices.
- 587 3. The AdSS shall have policies and procedures that include both a
588 mechanism for MM Committee review on a quarterly basis and a
589 time frame for making a clinical determination when a time
590 sensitive request is made.
- 591 4. The AdSS shall make a decision in response to an urgent request
592 as expeditiously as the Member's condition warrants and not
593 later than 72 hours from receipt of request.
- 594 5. The AdSS shall include coverage decisions by Medicare
595 intermediaries and carriers, national Medicare coverage
596 decisions, peer-reviewed literature, and Federal and State
597 Medicaid coverage decisions in its evaluation.
- 598 6. The AdSS shall evaluate published or unpublished
599 information sources that may establish that a new medical

600 service or technology represents an advance that substantially
601 improves the diagnosis or treatment of Members.

602 7. The AdSS shall establish:

603 a. Coverage rules, practice guidelines, payment policies,
604 policies and procedures, ~~utilization management~~ UM, and
605 oversight that allows for the individual Member's medical
606 needs to be met;

607 b. A process for change in coverage rules and practice
608 guidelines based on the evaluation of trending requests.
609 Additional review and assessment is required if multiple
610 requests for the same technology or application of an
611 existing technology are received;

612 c. A process for documenting the coverage determinations
613 and rationale in the MM Committee meeting minutes; and

614 d. A process for seeking input from relevant specialists and
615 professionals who have expertise in the technology.

616 **SUPPLEMENTAL INFORMATION**

617 1. The AdSS are responsible for the administration of UM activities
618 for all contracted services they provide to Members served by

619 the Division.

620 2. Expedited PA requests shall meet Federal standards, because a
621 delay in processing could seriously jeopardize the Member's life,
622 health, or ability to attain, maintain or regain maximum function.
623 If the PA request does not meet the criteria for an expedited
624 request, the requesting Provider will be notified and given the
625 opportunity to provide additional clinical information to support
626 the expedited request status. However, if the additional clinical
627 information does not support an expedited request, the PA
628 request will be processed as a standard request within the
629 specified timelines.

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634 Signature of Chief Medical Officer:
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