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## 1020 UTILIZATION MANAGEMENT

REVISION DATE: MM/DD/YYYY

REVIEW DATE: 3/2/2023

EFFECTIVE DATE: October 1, 2019

REFERENCES: 42 CFR 412.87; 42 CFR 435.1010; 42 CFR 438.3; 42 CFR 438.114(a); 42 CFR 438.208(b)(2)(i); 42 CFR 438.210; 42 CFR 438.210(b); 42 CFR 438.210(d)(2)(i); 42 CFR 438.236; 42 CFR 438.240(b)(3); 42 CFR 447.26; 42 CFR 456.125; 42 CFR 457.1230(c); 42 CFR 457.1230(d); 42 CFR 457.1233(c); A.R.S. § 13-3994; A.R.S. § 31-501; A.R.S. § 36-401; A.R.S. § 36-501; A.R.S. § 36-551; A.R.S. § 38-211; A.R.S. §1902(a)(31); A.A.C. R9-10-101; A.A.C. R9-22-101; A.A.C. R9-28-201; A.A.C. R9-201; Contractor Chart of Deliverables; AMPM Policy 310; AMPM Attachment 1020-A; AMPM Attachment 1020-B; ACOM 110; ACOM 414; Div Ops 414; Provider Chapter 17; 2024 National Committee for Quality Assurance; Case Management Long Term Services and Supports; Standard 4.

### PURPOSE

This policy outlines Utilization Management (UM) functions provided by the AdSS to ensure appropriate utilization of health care resources, in the amount and duration necessary to achieve desired health outcomes, across the continuum of care from preventative care to hospice, including Advance Care Planning at any age or stage of illness. This policy also addresses how the AdSS identifies opportunities for improvement in ~~utilization management~~ UM.

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**DEFINITIONS**

1. “Behavioral Health Inpatient Facility” or “BHIF” means a health institution, as specified in A.A.C. R9-10-101, that provides continuous treatment to an individual experiencing a behavioral health issue that causes the individual to:
  - a. Have a limited or reduced ability to meet the individual’s basic physical needs;
  - b. Suffer harm that significantly impairs the individual’s judgment, reason, behavior, or capacity to recognize reality;
  - c. Be a danger to self;
  - d. Be a danger to others;
  - e. Be an individual with a persistent or acute disability as specified in A.R.S § 36-501; or
  - f. Be an individual with a grave disability as specified in A.R.S. § 36-501.

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48 2. "Behavioral Health Residential Facility" or "BHRF" means, as  
49 specified in A.A.C. R9-10-101, a health care institution that  
50 provides treatment to an individual experiencing a behavioral  
51 health issue that:
- 52 a. Limits the individual's ability to be independent, or
  - 53 b. Causes the individual to require treatment to maintain or
  - 54 enhance independence.
- 55
- 56 3. "Business Day" means 8:00 a.m. to 5:00 p.m., Monday through  
57 Friday, excluding holidays listed in A.R.S. § 1-301.
- 58 4. "Care Management" means a group of activities performed to  
59 identify and manage clinical interventions or alternative  
60 treatments for identified Members to reduce risk, cost, and help  
61 achieve better health outcomes. Distinct from Support  
62 Coordination, Care Management does not include the day-to-day  
63 duties of service delivery.
- 64 5. "Concurrent Review" means the process of reviewing an  
65 institutional stay at admission and throughout the stay to

66  
67 determine medical necessity for an institutional Level of Care  
68 (LOC). Reviewers assess the appropriate use of resources, LOC,  
69 and service, according to professionally recognized standards of  
70 care. Concurrent Review validates the medical necessity for  
71 admission and continued stay and evaluates for Quality Of Care  
72 (QOC) concerns.

73 6. "Denial" means the decision to deny a request made by, or on  
74 behalf of, an individual for the authorization or payment of a  
75 covered service.

76 7. "Health Care-Acquired Condition" or "HCAC" means a condition  
77 that occurs in any inpatient hospital setting and is not present on  
78 admission (Refer to the current Centers for Medicare and  
79 Medicaid Services (CMS) list of Hospital-Acquired Conditions).

80 8. "Institution for Mental Disease" or "IMD" means a hospital,  
81 nursing facility, or other institution of more than 16 beds that is  
82 primarily engaged in providing diagnosis, treatment, or care of  
83 individuals with mental diseases (including substance use

84  
85 disorders), including medical attention, nursing care and related  
86 services. Whether an institution is an Institution for Mental  
87 Diseases is determined by its overall character as that of a  
88 facility established and maintained primarily for the care and  
89 treatment of individuals with mental diseases, whether or not it  
90 is licensed as such. An institution for Individuals with  
91 Intellectual Disabilities is not an Institution for Mental Diseases  
92 as specified in 42 CFR 435.1010.

93 9. "Institutional Setting" means:

- 94 a. A nursing facility as specified in 42 U.S.C. 1396 r(a);  
95  
96 b. An Institution for Mental Diseases (IMD) for an individual  
97 who is either under age 21 or age 65 or older;  
98  
99 c. A hospice (free-standing, hospital, or nursing facility  
subcontracted beds) as specified in A.R.S. § 36- 401;  
100  
101 d. A Behavioral Health Inpatient Facility (BHIF) as specified in  
A.A.C. R9-10-101; or

- 102  
103 e. A Behavioral Residential Setting (BHRF) as specified in  
104 A.A.C. R9-10-101.
- 105  
106 10. "Inter-Rater Reliability" or "IRR" means the process of  
107 monitoring and evaluating the process that multiple observers  
108 are able to consistently define a situation or occurrence in the  
109 same manner with a level of consistency in decision making and  
110 adherence to clinical review criteria and standards.
- 111 11. "Medication Reconciliation" means the process of identifying the  
112 most accurate list of all medications that the patient is taking,  
113 including name, dosage, frequency, purpose and route by  
114 comparing the medical record to the most current external list of  
115 medications obtained from a patient, hospital, or other Provider.
- 116 12. "Other Provider-Preventable Condition" or "OPPC" means a  
117 condition occurring in the inpatient and outpatient health care  
118 setting which the Division and Arizona Health Care Cost  
119 Containment System (AHCCCS) has limited to the following:  
120 a. Surgery on the wrong Member,

- 121  
122           b.     Wrong surgery on a Member, or
- 123           c.     Wrong site surgery.
- 124  
125        13.    “Practitioner” means a certified nurse practitioner in midwifery,  
126           physician assistant(s), and other nurse practitioners, physician  
127           assistant(s) and nurse practitioners as specified in A.R.S. Title  
128           32, Chapters 15 and 25, respectively.
- 129        14.    “Prior Authorization” or “PA” means a process by which the AdSS  
130           authorizes, in advance, the delivery of covered services based on  
131           factors including but not limited to medical necessity, cost  
132           effectiveness, compliance with this policy as specified in A.A.C.  
133           R9-201, and any applicable contract provisions. PA is not a  
134           guarantee of payment as specified in A.A.C. R9-22-101.
- 135        15.    “Prior Period Coverage” means for Title XIX Members, the period  
136           of time prior to the Member’s enrollment with an the AdSS  
137           during which a Member is eligible for covered services. The time  
138           frame is from the effective date of eligibility to the day a Member  
139           is enrolled with an the AdSS.

- 140  
141 16. "Provider" means any individual or entity contracted with the  
142 AdSS that is engaged in the delivery of services, or ordering or  
143 referring for those services, and is legally authorized to do so by  
144 the State.
- 145 17. "Provider Preventable Condition" or "PPC" means a condition that  
146 meets the definition of Health Care-Acquired Condition (HCAC)  
147 or an Other Provider-Preventable Condition (OPPC);
- 148 18. "Qualified Healthcare Professional" means a health care  
149 professional qualified to do discharge planning.
- 150 19. "Responsible Person" means the parent or guardian of a minor  
151 with a developmental disability, the guardian of an adult with a  
152 developmental disability or an adult with a developmental  
153 disability who is a client or an applicant for whom no guardian  
154 has been appointed. A.R.S. § 36-551.
- 155 20. "Retrospective Review" means the process of determining the  
156 medical necessity of a treatment/service post-delivery of care.



157  
158 21. "Support Coordination" means a collaborative process which  
159 assesses, plans, implements, coordinates, monitors, and  
160 evaluates options and services to meet an individual's health  
161 needs through communication and available resources to  
162 promote quality, cost-effective outcomes.

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## **POLICY**

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### **A. CLINICAL CRITERIA FOR UTILIZATION MANAGEMENT**

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#### **DECISIONS**

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1. The AdSS shall have written criteria ~~that is~~ which are objective,  
169 evidence based, and take individual circumstances and the local  
170 medical services into account when determining the medical  
171 appropriateness of healthcare services.

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2. The AdSS shall have written criteria that includes:

173

a. Written UM decision-making criteria that are objective and  
174 based on medical evidence.

174

175

b. Written policies for applying the criteria based on Member

- 176  
177 needs,
- 178  
179 c. Written policies for applying the criteria based on an  
180 assessment of the local medical services,
- 181  
182 d. Involving appropriate Providers in developing, adopting,  
and reviewing criteria, and
- 183  
184 e. Reviewing the criteria and procedures for applying the  
185 criteria annually and updating the criteria when  
appropriate.

186  
187 **B. UTILIZATION DATA ANALYSIS AND DATA MANAGEMENT**

- 188 1. The AdSS shall have a Utilization Management (UM) program  
189 that reports to the Division's Medical Management (MM)  
190 committee and involves a designated senior-level physician and  
191 behavioral healthcare Provider in the implementation of physical  
192 and behavioral healthcare aspects.
- 193 2. The AdSS shall develop and implement policies and processes to  
194 review utilization and detect both underutilization and

- 195  
196           overutilization of services.
- 197  
198           3.     The AdSS shall develop and implement policies and processes to  
199           collect, validate, analyze, monitor, and report the Division's  
200           enrollment utilization data for AdSS Members.
- 201           4.     The AdSS' ~~Medical Management (MM)~~ Committee shall annually  
202           and on an ongoing basis, review and evaluate the utilization data  
203           and make or approve recommendations for implementing actions  
204           for improvement when variances are identified.
- 205           5.     The AdSS MM Committee shall include in their utilization data  
206           evaluation a review of the impact to both service quality and  
207           outcome.
- 208           6.     The AdSS MM Committee shall determine, based on its review, if  
209           action (new or changes to current intervention) is required to  
210           improve the efficient utilization of health care services.
- 211           7.     The AdSS shall integrate intervention strategies throughout each  
212           AdSS to address both over and underutilization of services.

213  
214 8. The AdSS shall meet with the Division Health Care Services  
215 (HCS) quarterly to review the ~~Medical Management~~ MM  
216 Committee minutes, reports with data analysis and action plans,  
217 over and underutilization, outliers, and opportunities for  
218 performance improvement.

219  
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221 **C. CONCURRENT REVIEW**

222 1. The AdSS shall have policies, procedures, processes, and criteria  
223 in place that govern the use of services during short-term and  
224 long-term hospital and institutional stays to ensure that the  
225 Member continues to receive reasonable, appropriate care in the  
226 right health care setting to meet the Member's health care  
227 needs.

228 2. The AdSS shall have procedures for review of medical necessity  
229 before a planned institutional admission (pre-certification) and  
230 for determination of the medical necessity for ongoing  
231 institutional care (Concurrent Review).

- 232  
233 3. The AdSS shall have policies and procedures for the Concurrent  
234 Review process that:
- 235 a. Include the following clinical information when making  
236 hospital length of stay decisions:
- 237 i. Symptoms,  
238 ii. Diagnostic test results,  
239 iii. Diagnoses, and  
240 iv. Required services.
- 241 b. Specify time frames and frequency for conducting  
242 Concurrent Review and decisions;
- 243 c. Review authorization for institutional stays that have a  
244 specified date for the need for continued stay based on the  
245 expected course of the stay and medical necessity  
246
- 247 4. The AdSS shall conduct admission reviews within one Business  
248 Day after notification is provided to the AdSS by the hospital or  
249 institution (this does not apply to pre-certifications).
- 250 5. The AdSS shall provide a process for review that includes:

- 251  
252 a. Necessity of admission and appropriateness of the service  
253 setting;
- 254 b. Quality of care;
- 255  
256 c. Length of stay;
- 257  
258 d. Whether services meet the Member needs;
- 259  
260 e. Discharge needs; and
- 261  
262 f. Utilization pattern analysis.
- 263  
264 6. The AdSS shall establish a method for their participation in the  
265 proactive discharge planning of all Members in hospitals and  
266 Institutional Settings.
- 267  
268 7. The AdSS shall establish a proactive discharge planning process  
269 that demonstrates communication with the Division's support  
270 coordinator assigned to the Member.
- 271 8. The AdSS shall document and base the criteria for decisions on  
medical necessity ~~shall be documented and based on~~ reasonable

- 272  
273           medical evidence or a consensus of relevant health care  
274           professionals.
- 275           9.    The AdSS' ~~Medical Management~~ MM Committee shall annually  
276           approve the medical criteria used for Concurrent Review,
- 277           10.   The AdSS shall adopt the medical criteria from the national  
278           standards.
- 279           11.   The AdSS shall have the medical criteria approved by the  
280           Division's MM Committee.
- 281           12.   The AdSS shall compare the Member's medical information  
282           against medical necessity criteria that describe the condition or  
283           service when providing Concurrent Review.
- 284           13.   The AdSS shall base initial institutional stays on:
- 285           a.    AdSS adopted criteria,  
286           b.    The Member's specific condition, and  
287           c.    The projected discharge date.
- 288           14.   The AdSS shall base continued stay determinations on written  
289

- 290  
291 medical care criteria that assess the need for the continued stay.
- 292  
293 15. The AdSS shall record each continued stay review date in the  
294 Member's record every 3 business days.
- 295  
296 16. The AdSS shall assign a new review date each time the review  
297 occurs for an extension of a medical stay.
- 298  
299 17. The AdSS shall include proactive discharge planning between all  
300 potential payment and care sources starting within one day of  
301 admission, and shall continue proactive discharge planning after  
302 completion of the institutional stay.
- 303  
304 18. The AdSS shall submit the "Contractor Quarterly Showing Report  
305 for Inpatient Hospital Services" quarterly as specified in the  
306 Contract, after ensuring the report is signed by the AdSS' Chief  
307 Medical Officer attesting that:
- 305 a. A physician has certified the necessity of inpatient hospital  
306 services;
  - 307 b. The services were periodically reviewed and evaluated by a



- 308  
309                   physician;
- 310  
311                   c.     Each admission was reviewed or screened under a  
312                   utilization review program; and
- 313                   d.     All hospitalizations of Members were reviewed and certified  
314                   by medical utilization staff.

315  
316 **D.     DISCHARGE PLANNING**

- 317                   1.     The AdSS shall have policies and procedures in place that govern  
318                   proactive discharge planning and coordination of services  
319                   between settings of care, including appropriate discharge  
320                   planning from short-term and long-term hospital and  
321                   institutional stays.
- 322                   2.     The AdSS shall ensure the discharge planning process is  
323                   designed to:
- 324                   a.     Improve the management of inpatient admissions,  
325                   b.     Reduce unnecessary institutional and hospital stays,  
326                   c.     Meet Member discharge needs, and

- 327  
328           d.     Decrease readmissions within 30 days of discharge
- 329  
330           3.     The AdSS shall develop and implement a discharge planning  
331           process that ensures Members receiving inpatient services have  
332           proactive discharge planning to identify and assess the  
333           post-discharge bio-psychosocial and medical needs of the  
334           Member in order to arrange necessary services and resources for  
335           appropriate and timely discharge from a facility.
- 336           4.     The AdSS shall allow a Member to remain in an inpatient setting  
337           or residential facility in the event that a covered behavioral  
338           health service is temporarily unavailable for Members who are  
339           discharge ready and require covered post-discharge behavioral  
340           health services, or ensure Care Management, intensive  
341           outpatient services Provider case management, or peer service  
342           are available to the Member while waiting for the appropriate  
343           covered physical or behavioral health services.
- 344           5.     The AdSS shall require an interdisciplinary staffing to be  
345           conducted with the relevant health plan, Division staff, Long

- 346  
347        Term Services and Supports (LTSS) Providers and the inpatient  
348        team for care coordination, as indicated once the Member has  
349        been identified as awaiting discharge to the appropriate level of  
350        care.
- 351        6.    The AdSS shall require notification and involvement of the AdSS  
352        Chief Medical Officer or Medical Director for Members  
353        experiencing a delay in discharge from Institutional Settings or  
354        the Emergency Department.
- 355        7.    The AdSS shall require a proactive assessment of discharge  
356        needs is conducted prior to admission, when feasible, or as soon  
357        as possible upon admission.
- 358        8.    The AdSS shall have discharge planning performed by a Qualified  
359        Healthcare Professional and initiated on the initial Concurrent  
360        Review, updated periodically during the inpatient stay, and  
361        continued post discharge to ensure a timely, effective, safe, and  
362        appropriate discharge.
- 363        9.    The AdSS staff participating in the discharge planning process

- 364 shall ensure the Member or Responsible Person:  
365
- 366 a. Is involved and participates in the discharge planning  
367 process;
- 368 b. Understands the written discharge plan, instructions, and  
369 recommendations provided by the facility; and
- 370 c. Is provided with resources, referrals, and possible  
371 interventions to meet the Member's assessed and  
372 anticipated needs after discharge.
- 373 10. The AdSS shall include the following in discharge planning,  
374 coordination, and management of care:
- 375 a. Follow-up appointment with the PCP or specialist  
376 within 7 days, unless the Member is discharged to a facility  
377 or institution in which they are evaluated by a healthcare  
378 professional based on the needs of the Member;
- 379 b. Coordination and communication with inpatient and facility  
380 Providers, the relevant health plan and Division staff, and  
381 LTSS for safe and clinically appropriate discharge

- 382  
383 placement, and community support services;
- 384  
385 c. Communication of the Member's treatment plan and  
386 medical history across the various outpatient Providers,  
387 including the Member's outpatient clinical team, Tribal  
388 Regional Behavioral Health Authority (TRBHA) and other  
389 contractors when appropriate;
- 390  
391 d. Coordination and review of medications upon discharge to  
392 the community or transfer to another facility to ensure  
393 Medication Reconciliation occurs; and
- 394  
395 e. Referral for services as identified in the discharge plan  
396 including:  
397 i. Prescription medications;  
398 ii. Medical Equipment;  
399 iii. Nursing Services;  
400 iv. End-of-Life Care related services such as Advance  
401 Care Planning;  
402

- 403  
404 v. Informal or natural supports;
- 405 vi. Hospice;
- 406  
407 vii. Therapies (within limits for outpatient physical,  
408 occupational and speech therapy visits for Members  
409 21 years of age and older);
- 410 viii. Referral to appropriate community resources;
- 411  
412 ix. Referral to AdSS' Disease Management or Care  
413 Management (if needed);
- 414 f. A post discharge follow-up call to the Member or  
415 Responsible Person within three Business Days of  
416 discharge to confirm the Member's well-being and the  
417 progress of the discharge plan unless the Member is  
418 discharged to a facility or institution in which they are  
419 evaluated by a healthcare professional; and
- 420 g. Additional follow-up actions as needed based on the  
421 Member's assessed clinical, behavioral, physical health,

422  
423 and social needs; and

424  
425 h. Proactive discharge planning when the AdSS becomes  
426 aware of the admission even if the AdSS is not the primary  
427 payer.

428  
429 **E. PRIOR AUTHORIZATION AND SERVICE AUTHORIZATION**

430 1. The AdSS shall have Prior Authorization (PA) staff that includes  
431 an Arizona-licensed nurse or nurse practitioner, physician or  
432 physician assistant, pharmacist or pharmacy technician, or an  
433 Arizona-licensed behavioral health professional with appropriate  
434 training, to apply the AdSS' medical criteria or make coverage  
435 decisions.

436 2. The AdSS shall develop and utilize a system that includes at  
437 least two modes of delivery for Providers to submit PA requests  
438 such as telephone, fax, or electronically through a portal on the  
439 AdSS' website.

440 3. The AdSS shall notify Providers who request authorization for a

- 441  
442 service that they have the option to request a peer-to-peer  
443 discussion with the appropriate Medical Director when additional  
444 information is requested by the AdSS or when the Prior  
445 Authorization (PA) request is denied.
- 446 4. The AdSS shall allow at least ten Business Days from the date  
447 the Provider has been made aware of the Denial for the Provider  
448 to request a peer-to-peer discussion and coordinate the  
449 discussion with the requesting Provider when appropriate.
- 450 5. The AdSS shall develop and implement policies and procedures,  
451 coverage criteria, and processes for approval of covered  
452 services, which include required time frames for authorization  
453 determination.
- 454 6. The AdSS shall respond within 24 hours from the receipt of initial  
455 and continuous determinations for standard, and expedited and  
456 medication authorization requests, regardless of the due date  
457 falling on a weekend or legal holiday.
- 458 7. The AdSS shall review all PA requirements for services, items, or



- 459  
460 medications annually.
- 461  
462 8. The AdSS shall report the PA review through the AdSS MM  
463 Committee and include the rationale for any changes made to PA  
464 requirements.
- 465  
466 9. The AdSS shall document the summary of the PA requirement  
467 changes and the rationale for those changes in the MM  
468 Committee meeting minutes.
- 469  
470 10. The AdSS shall document and base the criteria for decisions on  
471 coverage and medical necessity for both physical and behavioral  
472 health services on reasonable medical evidence or a consensus  
473 of relevant health care professionals.
- 474  
475 11. The AdSS shall require decisions regarding behavioral health  
476 covered services be compliant with mental health parity.
- 477  
478 12. The AdSS shall not arbitrarily deny or reduce the amount,  
479 duration, or scope of a medically necessary service solely  
480 because of the setting, diagnosis, type of illness, or condition of

- 477  
478 the Member.
- 479  
480 13. The AdSS shall place limits on services based on a reasonable  
481 expectation that the amount of service to be authorized will  
482 achieve the expected outcome.
- 483  
484 14. The AdSS shall have written procedures for using professionals  
485 who are licensed in medical professions with expertise in making  
486 medical necessity determinations.
- 486  
487 15. The AdSS shall use and document all relevant information when  
488 making coverage decisions.
- 488  
489 16. The AdSS shall use any of the following information when  
490 determining coverage:
- 490 a. Office and hospital records;  
491 b. History of presenting problem;  
492 c. Physical exam results;  
493 d. Treatment plans and progress notes;  
494 e. Patient psychosocial history;  
495 f. Information on consultations with treating practitioner;

- 496  
497 g. Evaluations from other health care Practitioners and  
498 Providers;
- 499 h. Operative and pathological reports;
- 500 i. Rehabilitation evaluations;
- 501 j. Printed copies of the criteria related to the request;
- 502 k. Information regarding benefits for services or procedures;
- 503 l. Information regarding the local delivery system;
- 504  
505 m. Member characteristics and information;
- 506 n. Information from family codes; and
- 507 o. Diagnosis codes.
- 508  
509 17. The AdSS shall provide evidence to the Division that it uses  
510 licensed professional staff for conducting medical necessity  
511 determinations when completing PA.
- 512 18. The AdSS shall have criteria in place to make decisions on  
513 coverage when the AdSS receives a request for service involving  
514 Medicare or other third party payers.
- 515 19. When a third party payer has approved a service request as

- 516  
517 medically necessary, The AdSS shall not apply a secondary PA.
- 518  
519 20. The AdSS shall provide a decision for a submitted PA request to  
520 the Provider and Member for a medication by telephone, fax,  
521 electronically, or other telecommunication device within 24 hours  
522 of receipt of the submitted request for PA.
- 523 21. The AdSS shall send a request for additional information to the  
524 prescriber by telephone, fax, electronically, or other  
525 telecommunication device within 24 hours of the submitted  
526 request when the PA request for a medication lacks sufficient  
527 information to render a decision.
- 528 22. The AdSS shall render a final decision for PA within seven  
529 Business Days from the initial date of the request for PA.
- 530 23. The AdSS ~~Medical Management~~ MM committee shall determine  
531 PA criteria and have it ~~approved by~~ submitted to the Division's  
532 MM committee annually for review.
- 533 24. The AdSS shall require PA for the following Medical and

- 534  
535 Behavioral Health Services:
- 536 a. Behavioral Health Residential Facility (BHRF);
- 537  
538 b. Non-emergency acute inpatient admissions;
- 539  
540 c. Level I BHIF and Residential Treatment Center (RTC)
- 541 Admissions;
- 542  
543 d. Elective hospitalizations;
- 544  
545 e. Elective surgeries;
- 546  
547 f. Medical equipment;
- 548  
549 g. Medical supplies, annually;
- 550  
551 h. Home health;
- 552  
553 i. Home and Community Based Services (HCBS);
- 554  
555 j. Hospice;
- 556  
557 k. Skilled Nursing Facility (SNF);
- 558  
558 l. Therapies - Rehabilitative/Restorative and

- 559  
560                                    Developmental/Habilitative; Rehabilitative/Habilitative
- 561  
562                    m.    Medical or behavioral health services;
- 563  
564                    n.    Emergency alert system services;
- 565  
566                    o.    Behavior analysis services;
- 567  
568                    p.    Augmentative and Alternative Communication (AAC)
- 569                                    services, supplies, and accessories;
- 570                    q.    Non-emergency transportation; and
- 571  
572                    r.    Select medications.
- 573  
574                    25.   The AdSS shall not require PA for these services or
- 575                                    circumstances:
- 576                    a.    Services performed prior to eligibility during a Prior Period
- 577                                    Coverage time frame.
- 578                    b.    Services covered by Medicare or other commercial
- 579                                    insurance;
- 580                    c.    Emergency medical hospitalization less than 72 hours;

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- d. Emergency admission to behavioral health level 1 inpatient facility, however, notification of the admission to the AdSS shall occur within 72 hours;
- e. Some diagnostic procedures, e.g., EKG, MRI, CT Scans, x-rays, labs, check the Member's AdSS PA requirements;
- f. Dental care - emergency and non-emergency, check the Member's AdSS PA requirements;
- g. Eyeglasses for Members younger than 21 years old;
- h. Family Planning Services and Supplies;
- i. Physician or Specialty Consultations and Office Visits;
- j. Behavioral Analysis Assessment;
- k. Prenatal Care;
- l. Emergency Transportation;
- m. Non-Emergency Transportation of less than 100 miles; and
- n. Emergency room visit.

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**F. INTER-RATER RELIABILITY**

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1. The AdSS shall have in place a process for consistent application of review criteria in making medical necessity decisions that include Prior Authorization (PA), Concurrent Review, and Retrospective Review.

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2. The AdSS shall perform Inter-Rater Reliability (IRR) testing of all staff who make medical necessity decisions in PA, Concurrent Review and Retrospective Review at new employee orientation and at least annually thereafter.

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3. The AdSS shall include a corrective action plan for staff that do not meet the minimum compliance score of 90%.

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4. The AdSS shall present the IRR testing results to the MM Committee for review and report the approved medical criteria at least annually.

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5. The AdSS shall provide IRR testing results to the Division at least annually as per the Contract and upon request.

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601 **G. RETROSPECTIVE REVIEW**
- 602 1. The AdSS shall conduct a Retrospective Review, which is guided  
603 by policies and procedures that:
- 604 a. Include the identification of health care professionals with  
605 appropriate clinical expertise who are responsible for  
606 conducting Retrospective Reviews,
- 607 b. List services that require Retrospective Review, and  
608  
609 c. Specify time frames for completion of the review.
- 610 2. For retrospective decisions, the AdSS shall provide electronic or  
611 written notification of the decision to the Responsible Person and  
612 Practitioners within 30 calendar days of the request.
- 613
- 614 3. The AdSS shall document and base the criteria for decisions on  
615 ~~medical necessity shall be documented and based on~~ reasonable  
616 medical evidence or a consensus of relevant health care  
617 professionals.
- 618 4. The AdSS shall use the following Guidelines for

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620           Provider-Preventable Conditions (PPC):
- 621           a.     Title 42 CFR Section 447.26 prohibits payment for services  
622           related to Provider Preventable Conditions;
- 623           b.     A Member’s health status may be compromised by hospital  
624           conditions or medical personnel in ways that are  
625           sometimes diagnosed as a “complication”;
- 626           c.     If it is determined that the complication resulted from an  
627           HCAC or OPPC, any additional hospital days or other  
628           additional charges resulting from the HCAC or OPPC shall  
629           not be reimbursed; and
- 630           d.     If it is determined that the HCAC or OPPC was a result of  
631           an error by a hospital or medical professional, the AdSS  
632           shall conduct a Quality of Care (QOC) investigation and  
633           report the occurrence and results of the investigation to  
634           AHCCCS Quality Management.

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## H. CLINICAL PRACTICE GUIDELINES

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1. The AdSS shall develop or adopt and disseminate practice guidelines for physical and behavioral health services that:

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a. Are based on valid and reliable clinical evidence or a consensus of health care professionals in that field;

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b. Consider the needs of Members who are enrolled with the AdSS;

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c. Are adopted in consultation with contracting health care professionals and national practice standards, or developed in consultation with health care professionals and network Providers and include a thorough review of peer reviewed articles in medical journals published in the United States when national practice guidelines are not available.

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d. Are disseminated by the AdSS to all affected Providers and, upon request to the Member or Responsible Person and Members who are not yet enrolled with an the AdSS; and

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e. Provide a basis for consistent decisions for utilization

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655 management UM, Member education, coverage of services,  
656 and any other areas to which the guidelines apply.

657 2. The AdSS shall evaluate the practice guidelines through a MM  
658 multi-disciplinary committee to determine if the guidelines  
659 remain applicable, represent the best practice standards, and  
660 reflect current medical standards every two years.

661 3. The AdSS shall document the review and adoption of the practice  
662 guidelines as well as the evaluation of efficacy of the guidelines.

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664 **I. NEW MEDICAL TECHNOLOGIES AND NEW USES OF EXISTING**  
665 **TECHNOLOGIES**

666 1. The AdSS shall develop and implement written policies and  
667 procedures for evaluating new medical technologies and new  
668 uses of existing technology.

669 2. ~~that~~ The AdSS shall include in the review of new technologies  
670 and new uses of existing technology an evaluation of benefits for  
671 physical and behavioral healthcare services, pharmaceuticals and

- 672  
673 devices.
- 674  
675 3. The AdSS shall have policies and procedures that include both a  
676 mechanism for MM Committee review on a quarterly basis and a  
677 time frame for making a clinical determination when a time  
678 sensitive request is made.
- 679 4. The AdSS shall make a decision in response to an urgent request  
680 as expeditiously as the Member's condition warrants and not  
681 later than 72 hours from receipt of request.
- 682 5. The AdSS shall include coverage decisions by Medicare  
683 intermediaries and carriers, national Medicare coverage  
684 decisions, peer-reviewed literature, and Federal and State  
685 Medicaid coverage decisions in its evaluation.
- 686 6. The AdSS shall evaluate published or unpublished  
687 information sources that may establish that a new medical  
688 service or technology represents an advance that substantially  
689 improves the diagnosis or treatment of Members.
- 690 7. The AdSS shall establish:

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- a. Coverage rules, practice guidelines, payment policies, policies and procedures, ~~utilization management~~ UM, and oversight that allows for the individual Member's medical needs to be met;
- b. A process for change in coverage rules and practice guidelines based on the evaluation of trending requests. Additional review and assessment is required if multiple requests for the same technology or application of an existing technology are received;
- c. A process for documenting the coverage determinations and rationale in the ~~Medical Management~~ MM Committee meeting minutes; and
- d. A process for seeking input from relevant specialists and professionals who have expertise in the technology.

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#### **SUPPLEMENTAL INFORMATION**

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1. The AdSS are responsible for the administration of ~~utilization~~

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698 management UM activities for all contracted services they  
699 provide to Members served by the Division.

700 2. Expedited PA requests shall meet Federal standards, because a  
701 delay in processing could seriously jeopardize the Member's life,  
702 health, or ability to attain, maintain or regain maximum function.  
703 If the PA request does not meet the criteria for an expedited  
704 request, the requesting Provider will be notified and given the  
705 opportunity to provide additional clinical information to support  
706 the expedited request status. However, if the additional clinical  
707 information does not support an expedited request, the PA  
708 request will be processed as a standard request within the  
709 specified timelines.

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718 Signature of Chief Medical Officer:  
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