

### 431 DENTAL/ORAL HEALTH SERVICES FOR EPSDT ELIGIBLE MEMBERS

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REFERENCES: 42 U.S.C. 1396d(a), 9 A.A.C. 22, Article 2; A.R.S. §36.-551, A.R.S. § 14-5101; AMPM 431 Attachment B, AMPM Policy 430 Attachment A,

AMPM Policy 431 Attachment A

### **PURPOSE**

This policy establishes AdSS requirements for dental/oral health care for Members under 21 years of age who are eligible for Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) services.

### **DEFINITIONS**

"Dental Home" means the ongoing relationship between the dentist and the Member, inclusive of all aspects of oral healthcare delivered in a comprehensive, continuously accessible, coordinated, and family-centered way. The Dental Home should be established no later than 12 months of age to help children and their families institute a lifetime of good oral health. A Dental Home addresses anticipatory guidance and



preventive, acute, and comprehensive oral health care and includes referral to dental specialists when appropriate.

[American Academy of Pediatric Dentistry (AAPD)].

- "Dental Provider" means an individual licensed as specified in A.R.S. Title 32, Chapter 11, whose scope of practice allows the individual to:
  - Independently engage in the practice of dentistry as specified in A.R.S. § 32-1202,
  - b. A dentist as specified in A.R.S. § 32-1201,
  - c. A dental therapist as specified in A.R.S. § 32-1201,
  - d. A dental hygienist as specified in A.R.S. § 32-1201, or
  - e. An affiliated practice dental hygienist as specified in A.R.S. § 32-1201.
- 3. "Early and Periodic Screening, Diagnostic and Treatment" or 
  "EPSDT" means a comprehensive child health program of 
  prevention, treatment, correction, and improvement of physical 
  and behavioral health conditions for AHCCCS members under the 
  age of 21. EPSDT services include Screening services, vision



services, dental services, hearing services and all other medically necessary mandatory and optional services listed in Federal Law 42 U.S.C. 1396d(a) to correct or ameliorate defects and physical and mental illnesses and conditions identified in an EPSDT screening whether or not the services are covered under the AHCCCS State Plan. Limitations and exclusions, other than the requirement for medical necessity and cost effectiveness, do not apply to EPSDT services.

- 4. "Informed Consent" means an agreement to receive physical or behavioral health services following the presentation of facts necessary to form the basis of an intelligent consent by the Member or Responsible Person with no minimization of known dangers of any procedures.
- 5. "Medically Necessary" means a covered service provided by a physician or other licensed practitioner of the health arts within the scope of practice under State law to prevent disease, disability or other adverse conditions or their progression, or to prolong life as specified in A.A.C. R9-22-101.



- 6. "Member" means the same as "Client" as defined in A.R.S. § 36-551.
- 7. "Primary Care Provider" or "PCP" means an individual who meets the requirements as specified in A.R.S. § 36-2901, and who is responsible for the management of the Member's health care. A PCP may be a physician defined as an individual licensed as an allopathic or osteopathic physician as specified in A.R.S. Title 32, Chapter 13 or Chapter 17, or a practitioner defined as a physician assistant licensed as specified in A.R.S. Title 32, Chapter 25, or a certified nurse practitioner licensed as specified in A.R.S. Title 32, Chapter 15, or a naturopathic physician for AHCCCS Members under the age of 21 receiving EPSDT services. The PCP shall be an individual, not a group or association of individuals, such as a clinic.
- 8. "Provider" means a person, institution, or group engaged in the delivery of services, or ordering and referring those services, who has an agreement with AHCCCS to provide services to AHCCCS Members.



- 9. "Referral" means a verbal, written, telephonic, electronic, or in-person request for health services.
- 10. "Responsible Person" means the parent or guardian of a minor with a developmental disability, the guardian of an adult with a developmental disability or an adult with a developmental disability who is a client or an applicant for whom no guardian has been appointed as defined in A.R.S. §36.-551.
- 11. "Screening" means the regularly scheduled examinations and evaluations of the general physical and behavioral health, growth, development, and nutritional status of infants, children, and adolescents, and the identification of those in need of more definitive evaluation. For the purpose of the AHCCCS EPSDT program, Screening and diagnosis are not synonymous.
- 12. "Treatment Plan" means a written plan of services and therapeutic interventions based on a complete assessment of a Member's developmental and health status, strengths and needs that are designed and periodically updated by the multi-specialty, interdisciplinary team.



### **POLICY**

### A. GENERAL REQUIREMENTS

- The AdSS shall require an oral health Screening to be conducted by a PCP as part of an EPSDT Screening.
- 2. The AdSS shall require oral health Screenings as part of the physical examination are performed by a:
  - a. Physician,
  - b. Physician's assistant, or
  - c. Nurse practitioner.
- 3. The AdSS shall require PCPs to refer EPSDT Members for appropriate services based on needs identified through the Screening process and for routine oral health care based on the AHCCCS EPSDT Periodicity Schedule.
- The AdSS shall require the Referral be documented on the EPSDT Clinical Sample Template as specified in AMPM Policy 430, Attachment E and in the Member's medical record.



- 5. The AdSS shall require one of the following Referrals to a dental Provider to be made depending on the results of the oral health screening:
  - Urgent Referrals as expeditiously as the Member's health condition requires, but no later than three days of request;
     or
  - b. Routine referrals within 45 calendar days of request.
- 6. The AdSS shall reimburse PCPs who have completed the AHCCCS-required training for fluoride varnish applications completed at the EPSDT visits for Members as early as six months of age with at least one tooth eruption.
- 7. The AdSS shall reimburse PCPs according to AHCCCS-approved fee schedules for additional fluoride applications occurring every three months during an EPSDT visit until the Member's fifth birthday.
- 8. The AdSS shall not permit the application of fluoride varnish by the PCP to take the place of an oral health visit.



 The AdSS shall require providers to submit a copy of their certificate upon completion of the required training prior to payment being issued for PCP-applied fluoride varnish.

### B. DENTAL HOME

- 1. The AdSS shall require the Dental Home provides:
  - a. Comprehensive oral health care including acute care and preventive services in accordance with AMPM 431
     Attachment A;
  - b. Comprehensive assessment for oral diseases and conditions;
  - Individualized preventive dental/oral health program based upon a caries-risk assessment and a periodontal disease risk assessment;
  - d. Anticipatory guidance about the following growth and development issues;
    - i. Teething,
    - ii. Digit,
    - iii. Pacifier habits, or



- iv. Similar issues.
- e. A plan for acute dental/oral trauma;
- f. Information about proper care of the child's teeth and gingivae, including the prevention, diagnosis, and treatment of disease of the supporting and surrounding tissues and the maintenance of health, function, and esthetics of those structures and tissues;
- g. Dietary counseling; and
- Referrals to dental specialists when care cannot directly be provided within the Dental Home.
- 2. The AdSS shall require Members to be assigned a Dental Home by six months of age or upon enrollment and seen by a dentist for routine preventative care according to the AMPM 431 Attachment A.
- 3. The AdSS shall require Providers to refer Members with identified additional oral health care concerns for evaluation or treatment.
- 4. The AdSS shall inform PCPs to refer EPSDT Members for a dental/oral health assessment at an earlier age, if their oral



health screening reveals potential carious lesions or other conditions requiring assessment or treatment by a dental professional.

 The AdSS shall inform EPSDT Members that they are allowed to self-refer to a dentist who is included in the AdSS provider network.

### C. COVERED SERVICES

- 1. The AdSS shall cover the following dental/oral health services:
  - a. Emergency dental/oral services including:
    - i. Treatment for pain, infection, swelling or injury;
    - ii. Extraction of:
      - a) Symptomatic, infected, and non-restorable primary and permanent teeth, and
      - b) Retained and symptomatic primary teeth.
    - iii. General anesthesia, conscious sedation, or anxiolysis sedation where Members respond normally to verbal commands, when local anesthesia is contraindicated



- or when management of the Member requires it, as specified in AMPM430.
- Preventive dental/oral health services provided as specified
   in AMPM Policy 431, Attachment A:
  - Diagnostic services including the following comprehensive and periodic examinations;
    - a) Two oral examinations, and two oral prophylaxis and fluoride treatments per
       Member per year for Members up to21 years of age;
    - b) Fluoride varnish four times a year for Membersup to five years of age; and
    - Additional examinations or treatments deemed
       Medically Necessary through the AdSS Prior
       Authorization process.
  - ii. Radiology services Screening for diagnosis of dental abnormalities or pathology, including:
    - a) Panoramic or full-mouth x-rays;



- b) Supplemental bitewing x-rays; and
- Occlusal or periapical films, as Medically
   Necessary and following the recommendations
   by the American Academy of Pediatric
   Dentistry.
- iii. Panorex films as recommended by the American
  Academy of Pediatric Dentistry, up to three times
  maximum per provider for children between the ages
  of three to 20. Further panorex films needed above
  this limit shall be deemed Medically Necessary
  through the AdSS PA process.
- iv. The following preventive services:
  - Oral prophylaxis performed by a dentist or dental hygienist that includes self-care oral hygiene instructions to Member, if able, or to the Responsible Person;
  - b) Application of topical fluorides and fluoride
     varnish with the exception of a prophylaxis



- paste containing fluoride or fluoride mouth rinses;
- c) Dental sealants for first and second molars are covered twice per first or second molar, per Provider or location, allowing for three years intervention between applications up to 15 years of age which includes the ADHS school-based dental sealant program and the participating providers;
- d) Additional applications deemed medically necessary and require prior authorization (PA);
   and
- e) Space maintainers when posterior primary teeth are lost and when deemed Medically Necessary through the AdSS PA process.
- c. All of the following, although potentially subject to a PA as specified in the AdSS Dental Provider Manuals, when they are considered Medically Necessary and cost effective:



- Periodontal procedures, scaling, root planning, curettage, gingivectomy, and osseous surgery;
- ii. Crowns;
- iii. Endodontic services including pulp therapy for permanent and primary teeth, except third molars unless a third molar is functioning in place of a missing molar;
- iv. Restoration of carious permanent and primary teeth with accepted dental materials other than cast or porcelain restorations unless the member is 18 to 21 years of age and has had endodontic treatment;
- v. Restorations of anterior teeth for children under the age of five, when Medically Necessary;
- vi. Extraction for children five years and over, with primary anterior tooth decay,, if presenting with pain or severely broken-down tooth structure, or be considered for observation until the point of exfoliation as determined by the Dental Provider;



- vii. Removable dental prosthetics, including complete dentures and removable partial dentures when medically necessary;
- viii. Orthodontic services and orthognathic surgery, when these services are Medically Necessary to treat a handicapping malocclusion and determined to be the primary treatment of choice or an essential part of an overall Treatment Plan developed by both the PCP and the dentist in consultation with each other.
  - ix. Conditions that may require the following orthodontic treatment:
    - a) Congenital craniofacial or dentofacial
       malformations requiring reconstructive surgical
       correction in addition to orthodontic services;
    - b) Trauma requiring surgical treatment in addition to orthodontic services;
    - Skeletal discrepancy involving maxillary or mandibular structures; or



- d) Other severe orthodontic malformations that meet PA criteria.
- The AdSS shall not cover services or items furnished solely for cosmetic purposes.

### D. PROVIDER REQUIREMENTS

- The AdSS shall require that dental/oral health services are provided by AHCCCS-registered dental Providers.
- 2. The AdSS shall require a written Informed Consent for examination or any preventative treatment measure, excluding irreversible or invasive procedure, is completed at the time of initial examination and is updated at each subsequent six month follow-up appointment.
- 3. The AdSS shall require a separate written consent is completed for any irreversible or invasive procedure.
- 4. The AdSS shall require Providers review and sign a written

  Treatment Plan with the Member or Responsible Person

  receiving a copy of the complete Treatment Plan.



- 5. The AdSS shall require all Providers complete the appropriate Informed Consents and Treatment Plans for Division Members, in order to provide quality and consistent care in a manner that protects and is easily understood by the Member or Responsible Person.
- 6. The AdSS shall require consents and Treatment Plans to be in writing, signed and dated by both the Provider and the Member or Responsible Person, if:
  - a. The Member is under 18 years of age, or
  - b. The Member is 18 years of age or older and considered an incapacitated person as defined in A.R.S. § 14-5101.
- 7. The AdSS shall require Providers maintain completed consents and Treatment Plans in the Member's chart which are subject to audit.

### **E.** Adss requirements

1. The AdSS shall:



- a. Conduct annual outreach efforts to Members receiving oral health care through school-based or mobile unit Providers in or out of network, to:
  - Ensure Members are aware of their Dental Home
     Provider and contact information; and
  - ii. Let Members know when school-based or mobile unit Providers are not accessible, they can receive ongoing-access to care through the Dental Home Provider.
- b. Conduct the following written Member educational outreach topics at least once every 12 months, addressed separately or combined into one written outreach material; however, each topic shall be covered during the 12-month period, as specified in AMPM Chapter 400, Exhibit 400-3:
  - i. Dental Home,
  - ii. Importance of oral health care,
  - iii. Dental decay prevention measures,
  - iv. Recommended dental periodicity schedule, and



- v. Other AdSS-selected topics.
- c. Educate Providers in the importance of offering continuously accessible, coordinated, family-centered care.
- d. Develop processes to:
  - Ensure Members are enrolled into a Dental Home by six months of age, to allow for an ongoing relationship providing comprehensive oral health care;
  - ii. Allow Members the choice of Dental Providers from within the AdSS' Provider network and provide
     Members with instructions on how to select or change a Dental Home Provider;
  - iii. Automatically assign a Provider if the Member does not select a Dental Home Provider.
  - iv. Connect all Members to a Dental Home before one year of age or upon assignment to the AdSS;



- v. Inform Members of selected or assigned Dental

  Home Provider contact information and

  recommended dental visit schedule;
- vi. Monitor Member participation with the Dental Home and provide outreach to Members who have not completed visits as specified in AMPM 431

  Attachment A;
- vii. Notify all Members or Responsible Person of visit as specified in AMPM 431 Policy Attachment A and AMPM 430 Attachment A.
- viii. Notify the Member or Responsible Person regarding due dates of biannual dental visits and sending a second notice if a dental visit has not taken place. a second notice shall be sent.
- ix. Monitor Provider engagement related to scheduling and follow-up of missed appointments to ensure care consistent with AMPM Policy 431 Attachment A for assigned EPSDT Members.



- e. Develop and implement processes to reduce no-show appointment rates for dental/oral health services;
- f. Provide targeted outreach to those Members who did not show for appointments;
- g. Encourage all dental/oral health Providers to schedule the next dental/oral health Screening at the current office visit, particularly for children 24 months of age and younger;
- h. Advise Members about:
  - How to obtain medically necessary transportation, as specified in AMPM Policy 310-BB, including
  - ii. Scheduling appointments to obtain EPSDT services,and
- No copayment or other charge for EPSDT Screening and resultant services.
- Require the use of AMPM Policy 431 Attachment A by all contracted dental/oral health Providers.



- k. Adhere to the Dental Uniform Prior Authorization List (List)as specified on the AHCCCS website under Resources:Guides-Manuals-Policies and:
  - Submit all requests for changes to the List to the AHCCCS Division of Health Care Services (DHCS) designated Operations and Compliance Officer for review; and
  - iii. Include supporting documentation and rationale for requests to propose changes to the List.
- Adhere to the Dental Uniform Warranty List as specified on the AHCCCS website under

Resources-Guides-Manuals-Policies and:

- Submit all requests for changes to the list to the AHCCCS DHCS designated Operations and Compliance Officer for review; and
- ii. Include supporting documentation and rationale for request to propose changes to the List.



iii. The AdSS shall provide Oral Health Care MemberOutreach as outlined in AMPM Exhibit 400-3.

### F. REQUIREMENTS FOR THE DENTAL ANNUAL PLAN

- 1. The AdSS shall have a written Dental Annual Plan that:
  - Addresses minimum requirements as specified in this policy;
  - Addresses the objectives of the AdSS' program that are focused on achieving Division and AHCCCS requirements;
     and
  - c. Incorporate monitoring and evaluation activities for these minimum requirements as outlined in AMPM 431

    Attachment B.
- The AdSS shall submit the Dental Annual Plan no later than July 31st to the Division's Dental Director through the Compliance Unit for review and approval.
- 3. The AdSS shall require the following is contained in the written Dental Annual Plan:
  - a. Narrative Plan that includes:



- i. A written narrative description of all planned dental activities to address the AdSS minimum requirements for dental/oral health services, as specified in this policy;
- ii. A narrative description of the AdSS activities to identify Member needs and coordination of care; and
- Follow-up activities to ensure appropriate treatment is received in a timely manner.
- c. Dental Work Plan Evaluation of the previous year's Work Plan to determine the effectiveness of strategies, interventions, and activities used toward meeting stated objectives;
- d. Dental Work Plan that includes:
  - i. Specific measurable objectives based on AHCCCS established Performance Measure Performance
     Standards (PMPS) as adopted by the Division;
  - iii. Strategies and specific measurable interventions to accomplish the following objectives:



- a) Member outreach,
- b) Provider education, and
- c) Provider compliance with mandatory components of the Dental Program.
- Targeted implementation and completion dates of work plan activities;
- e. Assigned local staff positions responsible and accountable for meeting each established goal and objective;
- f. Identification and implementation of new interventions, continuation of or modification to existing interventions, based on analysis of the previous year's Work Plan Evaluation; and
- Relevant policies and procedures, referenced in the Dental
   Annual Plan, submitted as separate attachments.

### F. AFFILIATED PRACTICE DENTAL HYGIENIST

1. The AdSS shall require the following in addition to the requirements as specified in A.R.S. §§ 32-1281 and 32-1289:



- Both the dental hygienist and the dentist in the affiliated practice relationship are registered AHCCCS Providers;
- b. The affiliated practice dental hygienist maintains individual patient records of the following for Division Members in accordance with the Arizona State Dental Practice Act:
  - i. Member identification,
  - ii. Responsible Person identification,
  - iii. Signed authorization for services,
  - iv. Patient medical history, and
  - v. Documentation of services rendered.
- c. The affiliated practice dental hygienist registers with

  AHCCCS and is identified as the treating Provider under his

  or her individual AHCCCS Provider identification number or

  National Provider Identification (NPI) number.,
- d. The affiliated practice dental hygienist and the dentist with whom he or she is affiliated is a credentialed network
   Provider if the services are to be billed to an AdSS;



- e. The affiliated practice dental hygienist is identified as the treating Provider under their individual AHCCCS Provider identification number or NPI number when practicing under an affiliated practice agreement;
- f. The affiliated practice dental hygienist will only be reimbursed for providing services in accordance with:
  - i. State statute and regulations;
  - ii. AHCCCS policy;
  - iii. Provider agreement; and
  - iv. Affiliated practice agreement.
- g. Affiliated practice dental hygienists provide documentation of the affiliation practice agreement with an AHCCCS registered dentist that is recognized by the dental board confirming the affiliation agreement.
- Reimbursement for dental radiographs is restricted to
   Providers who are qualified to perform both the exposure
   and the interpretation of dental radiographs.



### **Supplemental Information**

A Screening is intended to identify gross dental or oral lesions, but it is not a thorough clinical examination and does not involve making a clinical diagnosis resulting in a treatment plan. The oral health screening does not substitute for examination through direct Referral to a dental Provider.

AHCCCS-recommended training for fluoride varnish application is located on the Smiles for Life oral health website,

https://www.aap.org/en/patient-care/oral-health/oral-health-education-and-training/

Refer to the website for training that covers caries-risk assessment, fluoride varnish, and counseling.

### Crowns:

Stainless-steel crowns are used for both primary and permanent posterior teeth when appropriate.

Composite, prefabricated stainless steel crowns with a resin window or crowns with esthetic coatings should be used for anterior primary teeth.



Precious or cast semi-precious crowns may be used on functional permanent endodontically treated teeth, except third molars, for Members who are 18 to 21 years of age.

Certificate may be used in the credentialing process to verify completion of training necessary for reimbursement.

In cases where the Performance Measure Performance Standards have been met, other generally accepted benchmarks that continue the AdSS improvement efforts will be used (e.g., National Committee on Quality Assurance, Healthy People 2020 standards).

Dental work plan includes specific measurable goals and objectives aimed at enhancing the Dental Program when the PMPS have been met.

Signature of Chief Medical Officer: Anthony Dekker (Feb 1, 2024 13:51 MST)

Anthony Dekker, D.O.