

900 EMERGENCY MEASURES AND PHYSICAL MANAGEMENT TECHNIQUES

REVISION DATE: 1/16/2019, 9/30/2016, 1/31/2014

EFFECTIVE DATE: July 31, 2014

REFERENCES: A.A.C. R6-6-906, R6-6-909.

Emergency Measures

When an emergency measure, including the use of behavior modifying medications is employed to manage a sudden, intense, and out-of-control behavior, the person employing the measure must:

- A. Report the circumstances immediately to the person designated by the Division, the responsible person and the Support Coordinator;
- B. Provide a written report of the circumstances of the emergency measure to the responsible person, the Support Coordinator, and the Program Review Committee (PRC) and the Independent Oversight Committee (IOC) chairpersons within one day; and,
- C. Request that the Support Coordinator reconvene the Planning Team to determine the need for a new or revised behavior treatment plan when any emergency measure is used two or more times within a 30-day period, or with an identifiable pattern.

The Support Coordinator is responsible for documenting in the member's case record the outcome of the Planning Team.

Upon receipt of a written report as specified above, the PRC must:

- A. Review, evaluate, and track reports of emergency measures taken; and,
- B. Report, on a case-by-case basis, instances of excessive or inappropriate use of emergency measures for corrective action to a person designated by the Division.

Physical Management Techniques

Client Intervention Training (CIT) establishes specific techniques to be employed by staff and providers during an emergency to manage a sudden, intense, and out-of-control behavior. These techniques can only be used by persons certified in CIT. Such physical management techniques must:

- A. Use the least amount of intervention necessary to safely manage an individual;
- B. Be used only when less restrictive methods were unsuccessful or are inappropriate;
- C. Be used only when necessary to prevent the member from harming himself/herself or others, or causing severe property damage;
- D. Be used concurrently with the uncontrolled behavior;
- E. Be continued for the least amount of time necessary to bring the member's behavior under control; and,
- F. Be appropriate to the situation to ensure safety.

Persons may be re-certified in CIT when their supervisor determines that there is a need for re-training. This re-training can be accomplished by:

- A. Viewing a videotape of the techniques, passing a written test, and demonstrating the techniques to the satisfaction of an instructor; or,
- B. Attending the entire CIT course again.