

Exhibit 1240G-1 SKILLED NURSING MATRIX

REVISION DATE: 1/31/2014

EFFECTIVE DATE: August 30, 2013

Condition or Need	Medical Definition	Skilled Nursing Task *This may result in Skilled Nursing Services being authorized
Anticoagulant Therapy	Medications used to make the blood less likely to clot or form scabs.	Assessment and monitoring for unstable anticoagulant therapy.
Apical Pulse Check	Use of a stethoscope to listen to the heart beat at the level of the heart.	Listening to heart beat on chest for full minute.
Bi-level positive airway pressure (BiPAP)	A machine that helps an individual breathe.	Turning on and off, changing settings, respiratory assessment, circuit changes.
Blood Pressure Checks	Assessment of Blood Pressure.	Blood pressure monitoring and treatment when it is too high or too low.
Chest percussion therapy (CPT)	Therapy by clapping on the chest either manually or with a machine.	Application of the therapy techniques and assessment of effectiveness, respiratory assessment.
Complex wound care	Assessment and treatment of wound.	Assessment and treatment of wound, including but not limited to wound cleaning and bandage changes.
Complex/Unstable Seizure Disorder	A change in the way a person acts or moves that is not normal due to a brain problem.	Neurological assessment and emergency medical intervention for unstable seizure activity.
Coughalator/cough assist device	A machine that causes the member to cough.	Application of machine and assessment of effectiveness of machine; respiratory assessment.

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Dialysis (occurring at home)	Cleaning of blood through a machine or tube.	Assessment and monitoring; starting and stopping of the treatment.
Extremity edema checks when ordered by a physician	Assessment of extra fluid buildup in the extremities.	Checking for fluid in the legs or arms; assessment.
GJ Tube Gastrostomy/Jejunostomy	A feeding tube into the gastric (stomach) continuing to the Jejunum (small intestine).	Insertion of liquid food, water and/or medication into the tube.
Injections	Medication given with a needle.	Administering medication with a needle.
Insulin Administration	Medications given with a needle to treat diabetes.	Administering insulin with a needle.
Intermittent partial pressure breathing (IPPB)	A machine to assist with breathing all the time.	Monitoring effectiveness of machine, changing settings on machine as ordered, respiratory assessment and intervention, circuit changes.
Intravenous (IV) Therapy (For individuals living at home)	Administration of fluids and medications into the venous blood supply.	Administering medications through an IV into the blood and any dressing changes needed.
J-Tube (Jejunum-tube)	A feeding tube through the Jejunum (small intestine).	Insertion of liquid food, water and/or medication into the tube.
Nasogastric enteral feeding (NG tube)	Liquid food and water fed through a tube from the nose into the stomach.	Checking tube placement; start feeding; stop feeding.
Nephrostomy	Surgically placed tubes used to flush fluid to clean the kidney(s).	Flushing fluid into tubes that cleans the kidney(s).
Ostomy irrigation	Flushing of an opening into the body with fluid.	Cleaning out the organ with fluid.

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Oxygen Titration	Giving oxygen at an amount that changes dependent on the person's blood oxygen level.	Changing the level of oxygen administration based on pulse oximeter readings.
Postural drainage	A treatment to clear the lungs by moving the body in a downward position.	Assessment and draining the lungs of fluids.
Pressure Ulcer	An area of the skin that breaks down when something keeps rubbing or pressing against the skin.	Assessment and monitoring of the care and healing of the pressure ulcer.
Pulse Oximeter	A machine that measures oxygen levels in the blood.	Monitoring the amount of oxygen in the body.
Sleep Apnea	The temporary stoppage of breathing during sleep.	BiPAP machine or Vent used to treat the condition, respiratory assessment (the assessment for Apneic episodes).
Small Volume Nebulizer (SVN) (varied or unscheduled)	Medications given at varied times using a small-volume nebulizer, a device that holds liquid medicine which is then turned into a fine mist.	Assessment of needed time for medicated breathing treatments.
Sputum sample	Chest fluid sample test.	Collection of fluid from chest.
Suctioning (tracheal or deep through the nose or mouth)	Use of a tube to suction out the throat and lungs through a tube in the throat or deep into the mouth.	Inserting tube into the throat and/or lungs through the mouth or the nose to get fluid out.
Tracheotomy	A surgery to make an opening through the neck into the windpipe to allow for breathing.	All tracheotomy management and care.



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Urinary Catheter	A tube into the bladder to drain out urine.	Insertion of a tube into the bladder to drain out urine.
Ventilator	A machine that provides breathing support continuously.	All ventilator management and care.