



Are you a family caregiver?





Who are Family Caregivers

Shopping

Medications

Bathing

Dressing

Cooking

Cleaning

Paying Bills

Mobility

Transportatio n



Mission To

To improve the quality of life for family caregivers across Arizona through collaborative partnerships, advocacy, resources, and Respite Support.

Vision

Arizona Family Caregivers have the hope and resources to overcome obstacles of care in our urban and rural communities

Caregiver Resource Line





1-888-737-7494

Monday – Friday

9:00AM - 4:00PM



Email: info@azcaregiver.org



Provides the opportunity to speak with a trained worker who can provide information, assistance, local resources and support

Programs



Respite

- Voucher
- Day Center

Reimbursement

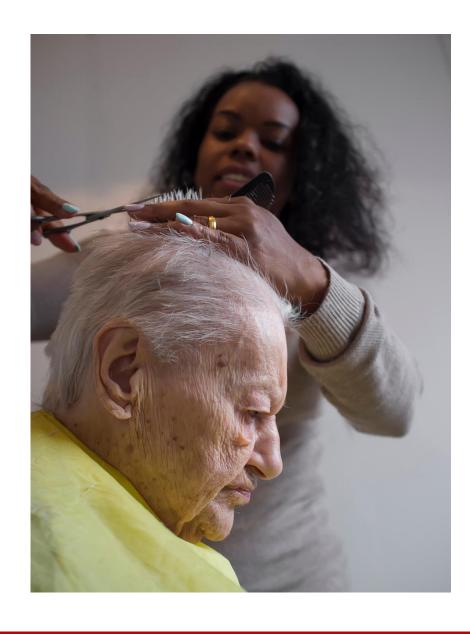
- 50% home modification costs
- Reimbursement Cap: \$1,000

Education/Advocacy

- Classes
- Resources
- Family Caregiver
 Day at the Capitol

Respite is important for Family Caregivers' mental and physical wellbeing





Respite Voucher Program

Two Options: \$599 or \$1200

- Broken into quarterly payments
- \$599 covers 6 months Respite, \$1200 covers one year or Respite.

Consumer directed: family caregiver finds respite provider and makes arrangements

- Paid respite provider can be a family member, friend, or neighbor
- Paid respite provider must not live in the same household
- Can be through an agency or self-employed professional caregiver
- Does not require paid respite provider to have training or certificates

Application and ID required.



Respite voucher eligibility



Arizona resident over the age of 18

Family caregiver is living with the care receiver

Family caregiver CAN work outside the home

Family is not receiving respite from other sources, such as ALTCS, AAA, or VA

Caregiver assists with 2 or more Activities of Daily Living (ADLS)

Families are eligible if enrolled in DDD
Support Coordination
Services



Adult Day Health Center Respite Program

- •Up to 96 hours per family in a licensed day center, over a duration of 3-4 months
- •Once per calendar year
- Application and Arizona State ID required
- Application is done over the phone, mail, or email
- •Referrals from centers/agencies are welcome



Adult Day Health Center Eligibility



Arizona resident over the age of 18

Family caregiver is living with the care receiver

Family caregiver is NOT working outside of the home

Family is not receiving respite from other sources, such as ALTCS, AAA, or VA

Caregiver assists with 2 or more Activities of Daily Living (ADLS)

Family cannot start using the day center before approval by Arizona Caregiver Coalition



Family Caregiver Reimbursement Program

Family caregivers can be reimbursed for 50% or up to \$1,000 for home modifications and assistive care technology

Can receive ALTCS, DDD, VA, AAA as long as the expense was not already reimbursed.

Caregiver submits application, receipts and proof of income and medical need documenting one ADL

Receipts must show payment was made, after January 1, 2020

Multiple applications accepted until \$1,000 cap is reached



Eligibility for reimbursement



Arizona resident

Applicant must be a family member or domestic partner

Care receiver must be 18 years or older and require help with one or more activities of daily living

Modifications may be in caregiver's or care receiver's home

Income limit of \$75,000 for caregiver and care receiver combined (\$150,000 if married)

Other Services



Family Caregiver Day at the Capitol

 David Besst Award presented each year to an individual or organization that has made a significant contribution to family caregiving

Classes

- CPR and First-Aid Classes for Caregivers
- "Powerful Tools for Caregivers"
- Planning Ahead for Respite
- Therapeutic Poetry Workshops
- And more!



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