



Join the Division of Developmental Disabilities Behavioral Health Administration Virtual Lunch and Learn Event

Target Audience - Qualified Vendors and Providers

Transmittal Date - 06/25/2026

The Division of Developmental Disabilities is hosting monthly Lunch and Learn Sessions

Next Session

- Date: Wednesday, July 15, 2026, from 12:00 p.m. to 1:00 p.m
- Topic: Evidence-Based Medication Use for Target Symptoms in Youth with Autism Spectrum Disorder
- Presenter: Daniel Castellanos, MD, Senior Associate Dean for GME & Professor of Psychiatry, Creighton University School of Medicine - Phoenix
 - Daniel (Dr. C.) Castellanos, MD is a child and adolescent psychiatrist with extensive clinical, academic, leadership and administrative experience. One of his areas of expertise is the evidence-based use of psychotropic medications for children and adolescents. He has delivered over 100 regional and national presentations and published two books on the topic.
- [Register in advance](#)
 - A confirmation email will be sent to the email address registered with the option to add the event as a calendar listing on the user's default calendar application. Users who experience a delay in receiving the email should check their spam folder for the email.

Session Description

This training will provide a targeted overview of evidence-based use of medications for severe behavioral health symptoms and diagnoses in youth with Autism Spectrum Disorder (ASD). An overview of the scientific evidence for the use of medication for target symptoms in youth with ASD and deprescribing will be discussed

Participants will learn how to:

- Identify the evidence base for the indication and use of psychotropic medications for hyperactive, impulsive & inattentive symptoms in the context of youth with ASD
- Recognize evidence-based use of psychotropic medications for sleep disturbances in the context of youth with ASD

- Identify evidence-based use of psychotropic medications for aggressive behavior in the context of youth with ASD
- Identify the principles of describing medications for youth with ASD