

# Disability Benefits 101

working with a disability in Arizona



[www.az.db101.org](http://www.az.db101.org)

**Have you ever thought...**

**“I would love to work, but I cannot afford to lose my healthcare.”**

**“I am afraid to try working and risk losing my disability check if it doesn’t work out.”**

**“I am afraid if my son works, he will lose the safety net his benefits provide.”**



**Understand your work incentive options, take control of your benefits and plan for your future!**

## Your Situation

Take a personal approach to benefits planning.

- **Going to Work**  
Planning to work? Find job support and learn how a job can affect your benefits.
- **Young People and Benefits**  
Learn how to manage school, work, and benefits, including tips for parents.
- **New to Benefits**  
Find out how disability benefit programs work, and learn how to plan for changes in the future.

## Programs

Just the facts: Get details about benefit programs.

- **Cash Benefits**  
Learn about benefits that can help you meet your basic needs.
- **Health Care Coverage**  
Explore many health coverage options, from public and private sources.
- **Work Programs**  
Learn how state and federal programs can support your career plans.

Congratulations! In this plan, you'll be better off!

### Monthly Cash Available Compared to Now



### Snapshot Monthly income, Expenses, and Health

	Now	In 6 Months	In 2 Years
Earned Income	\$ 0.00	\$ 1,305.00	\$ 1,384.47
Other Income	+ \$ 1,128.90	+ \$ 1,024.00	+ \$ 0.00
Total Income	\$ 1,128.90	\$ 2,329.00	\$ 1,384.47
Total Expenses	- \$ 0.00	- \$ 168.20	- \$ 184.28
Cash Available	\$ 1,128.90	\$ 2,160.80	\$ 1,200.19
Your Health Coverage Options	<a href="#">Medicare</a>	<a href="#">Medicare</a> <a href="#">Medicare Part D subsidy</a> <a href="#">AHCCCS Freedom to Work</a>	<a href="#">Medicare</a> <a href="#">Medicare Part D subsidy</a> <a href="#">Free AHCCCS Medicare Cost Sharing Package</a>

Confidential  
and easy to use

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Online benefit  
and work  
calculators for  
youth and adults

Discover how  
work may impact  
your benefits

Arizona Disability Benefits 101 is brought to you in partnership with the Arizona Rehabilitation Services Administration and Arizona's Medicaid Infrastructure grants administered by AHCCCS. This website is also ADA accessible and available in Spanish.

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DEPARTMENT OF ECONOMIC SECURITY

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