



# GROUP HOME BULLETIN

DIVISION OF DEVELOPMENTAL DISABILITIES

PROGRAM MONITORING

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## ADVANCE HEALTH CARE DIRECTIVES

### Understanding a DO NOT RESUSCITATE (DNR) Order

There are three types of Health Care Advance Directives (AHCD):

- (1) HEALTH CARE POWER OF ATTORNEY
- (2) LIVING WILL
- (3) PRE-HOSPITAL MEDICAL CARE DIRECTIVE

More information regarding each of these directives can be found in DES/DDD Policy 1504: Health Care Directive/Advance Directives (AHCD).

This article specifically presents information about a pre-hospital medical care directive, commonly known as a DO NOT RESUSCITATE (DNR) order. Numerous questions have surfaced regarding this type of advance directive.

#### What is a DO NOT RESUSCITATE (DNR)?

The Pre-Hospital Medical Care Directive form, commonly known as the "Do Not Resuscitate", "DNR", or "Orange Form", is used to direct emergency medical personnel not to administer Cardiopulmonary Resuscitation (CPR) in the event an individual stops breathing or their heart stops beating. The form allows an individual or legally responsible person to indicate that advanced life-saving measures will not be used.

**A DNR INCLUDES an order written by a physician indicating to health care providers and emergency personnel** that the individual signing the Pre-Hospital Medical Care Directive, and who had the capacity to make such decisions at the time of signing the document, does not want cardiopulmonary resuscitation. A valid DNR must meet the requirements set forth in: A.R.S. §§ 36-3251 – Pre-Hospital Medical Care Directives.

#### What are the RULES regarding the decision for a DNR?

The law requires that the DNR form must be printed on orange paper and include the wording mandated by A.R.S. § 36-3251 and DES/DDD Policy Chapter 1504. For individuals living in DD licensed group homes, the following also applies: A.A.C. R6-6-806.C.10 (Do Not Resuscitate Orders). The licensee shall maintain records in the place of residence sufficient to document the current health status of the member. These records shall include, at a minimum: A copy of the "Do Not Resuscitate" orders for each member signed by the responsible person if such an order has been effected.

#### What is the INTENT OF THE RULE?

If the legally responsible person has submitted an advance directive related to a "Do Not Resuscitate" order for an individual in the home, the service provider is obligated to pass the order on to medical professionals in emergency situations. **This rule should not be interpreted to mean that direct care staff may make the decision not to resuscitate -- this is a decision that can only be made by medical professionals.** Non-licensed providers, i.e. direct care workers, developmental home providers, group home staff, and therapists, will **call 9-1-1 and begin CPR** unless or until there is a licensed healthcare provider present to execute a current and known AHCD/DNR.

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#### Equal Opportunity Employer/Program

Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI & VII), and the Americans with Disabilities Act of 1990 (ADA), Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and Title II of the Genetic Information Nondiscrimination Act (GINA) of 2008; the Department prohibits discrimination in admissions, programs, services, activities, or employment based on race, color, religion, sex, national origin, age, disability, genetics and retaliation.

The Department must make a reasonable accommodation to allow a person with a disability to take part in a program, service or activity. For example, this means if necessary, the Department must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that the Department will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity.

If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in alternative format or for further information about this policy, contact the Division of Developmental Disabilities ADA Coordinator at 602-542-0419; TTY/TDD Services: 7-1-1. Free language assistance for DES services is available upon request. • Ayuda gratuita con traducciones relacionadas con los servicios del DES está disponible a solicitud del cliente.

**REMINDER: In the event of ANY consumer emergencies, CALL 9-1-1 IMMEDIATELY!**

## Understanding a DNR Order CONTINUED...

An Advance Directive can only be followed by a licensed healthcare provider (e.g., MD, RN, LPN, EMS). If a member who has a Pre-Hospital Medical Care Directive, commonly known as a DNR, is not breathing and has no pulse, **the non-licensed staff present (e.g., direct care worker), must initiate CPR until a licensed healthcare provider is present and directs the staff person to discontinue CPR.**

The Division does not advocate for or against the use of advance directives or a DO NOT RESUSCITATE order. However, the Division does recognize the right of the member and/or the legally responsible person to file such an order.

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## The Flu Season is Coming GET YOUR VACCINATION

The flu is an airborne disease and is highly contagious. Flu viruses change frequently and vaccines are reformulated each year. Getting vaccinated every year offers the best protection during the flu season.



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## Free Dental Event Scheduled DECEMBER 13 & 14, 2013

The Central Arizona Dental Society Foundation will host its second Mission of Mercy (MOM) event at the Arizona Fairgrounds in Phoenix (AZ) on December 13 & 14, 2013 utilizing 100 portable dental units and 1500 volunteers. More than \$1,000,000 in free care is expected to be delivered to 2,000 patients. Both children and adults will be seen.



ARIZONA DENTAL MISSION OF MERCY

FOR MORE INFORMATION:

<http://www.azmom.org/About.asp>

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## Scheduled Training Class Developing Behavior Plans

**Dates:** November 5 & 6, 2013

**Time:** 9:00am-4:30pm

**Location:** 3443 North Central Avenue • Phoenix 85012

**Description:** This two-day class is intended for people writing behavior plans, primarily vendors and providers of supports.

**Enrollment Email:** [dddcentralregiontraining@azdes.gov](mailto:dddcentralregiontraining@azdes.gov)

## Fifty Free Activities AT HOME & IN THE COMMUNITY

1. Visit the library
2. Get cooking
3. Do a puzzle
4. Volunteer your time
5. Listen to music
6. Go on a hike
7. Enjoy a free festival
8. Take a scenic drive
9. Have a picnic
10. Walk the mall
11. Go people watch
12. Geocaching
13. Exercise
14. Take digital photos
15. "Karaoke Night"
16. Plant a garden
17. Stargazing
18. Have a dance party
19. Attend a free concert
20. Create a time capsule



21. Watch a community youth or adult sporting event at a local park or school
22. Have a "Game Night" and play board games or cards
23. Take a walking tour of your town
24. Visit a free museum or look for a free day at a local museum (First Fridays, Culture Passes, etc.)
25. Go to the neighborhood or local park
26. Attend a free community class
27. Go fishing at a local park or lake
28. Take a "Behind the Scenes" tour (i.e., local company or fire department)
29. Get wet at a local splash pad or community pool
30. Be a tourist in your town and go sightseeing
31. Go to an "Open Mic Night" at a local coffeehouse
32. Invite some friends over to watch a sporting event
33. Read a book or magazine...or just look at the pictures
34. Arts and crafts upcycling
35. Visit a farm or an orchard and take a tour
36. Join a community theater
37. Bake something (i.e., loaf of bread, cookies, a cake)
38. Have a scavenger hunt
39. Enjoy a makeover or spa day at home and pamper yourself
40. Watch a sunrise or sunset
41. Have a "Movie Night" and make popcorn
42. Draw or color something
43. Decorate for an upcoming holiday or just because
44. Take part in a ranger led outing at a public park
45. Play outdoor lawn games with friends
46. Join a community gardening project
47. Visit a state or national park
48. Enjoy a day at the lake or beach
49. Visit an antique store or collectable shop
50. Attend a farmers' market



The GROUP HOME BULLETIN is a quarterly publication of the ARIZONA DEPARTMENT OF ECONOMIC SECURITY  
Division of Developmental Disabilities

PLEASE SEND FEEDBACK & COMMENTS TO:  
[dddmonitoring@azdes.gov](mailto:dddmonitoring@azdes.gov)

GROUP HOME BULLETIN ON-LINE: Click on "News & Events"  
[https://www.azdes.gov/developmental\\_disabilities/](https://www.azdes.gov/developmental_disabilities/)

### DIVISION OF DEVELOPMENTAL DISABILITIES FRAUD HOTLINE

Fraud by a provider, employee or consumer means the intentional deception or misrepresentation made by a person with the knowledge that the deception could result in an unauthorized benefit to the individual or another person. It includes any act that constitutes fraud under Federal or State laws. ARS§§13-1802; 13-2003; 13-2310; 13-2311; 36-2918 [www.azleg.gov]

TO REPORT SUSPECTED FRAUD • CALL DES/DDD FRAUD HOTLINE: 1-877-822-5799

ON-LINE: [https://www.azdes.gov/report\\_fraud/](https://www.azdes.gov/report_fraud/)

