



DEPARTMENT OF ECONOMIC SECURITY

Your Partner For A Stronger Arizona

Good News!

Nutrition Assistance (NA) Approval Periods Are Changing!

You may now be eligible to receive a 12-month approval period. During the approval period you will be required to complete a Mid Approval Contact (MAC) form.

When and How?

Beginning with the July 2019 benefit month, when approved for a 12-month approval period, a Mid Approval Contact (MAC) form will be mailed to each household at the end of the 5th month to complete and return to the Family Assistance Administration (FAA).

IMPORTANT: All questions on the Mid Approval Contact (MAC) form must be answered and a signature provided.

Here are a couple of ways that a Mid Approval Contact (MAC) can be submitted:



Phone

Call our Interactive Voice Response System (IVR) at 1 (855) 432-7587 to complete the MAC form during the call.



Online

Start the MAC process from anywhere using our secure online report at <https://myfamilybenefits.azdes.gov>. Sign in using an existing account or sign up for a new account and submit the MAC form for NA.

Verification must be provided for all reported changes.

Reminder: Please include your printed name and case number on each document that you give us.

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