

ABAWD time limits Good News!

A new 36 month Able Bodied Adult Without Dependents (ABAWD) timeframe begins January 1, 2025 for the Nutrition Assistance (NA) program.



Beginning in January of 2025, ABAWD participants are potentially eligible to receive another 3 months of NA benefits. Everyone has the right to apply for benefits.

Apply for Benefits Today



Online

Start the application process from anywhere using our secure online application at www.healtharizonaplus.gov.

Sign in using an existing account or sign up for a new account and submit an online application for NA, CA, or MA benefits.



Phone

Call our Customer Care Center at 1-855-432-7587 to request an application by mail or to find the nearest office.

Call and speak with a Customer Care Center Assistor that is willing to help with an application by phone.



Mail / Fax

An application can be mailed or faxed.

Send applications to:

By fax: (602) 257-7031 or toll free at (844) 680-9840

By mail: DES/FAA
P.O. Box 19009
Phoenix, AZ 85005



In Person

Apply at this or any Family Assistance Administration (FAA) eligibility office.

For FAA to accept an application only a name, address, and a signature must be complete.



This institution is an equal opportunity provider.

DES/TANF Agencies are Equal Opportunity Employers/ Programs • Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI & VII), and the Americans with Disabilities Act of 1990 (ADA), Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and Title II of the Genetic Information Nondiscrimination Act (GINA) of 2008; the Department prohibits discrimination in admissions, programs, services, activities, or employment based on race, color, religion, sex (including gender identity and sexual orientation), national origin, age, disability, genetics and retaliation. To request this document in alternative format or for further information about this policy, contact your local office; TTY/TDD Services: 7-1-1. • Free language assistance for DES services is available upon request. • Disponible en español en línea o en la oficina local.

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