

HOME DELIVERED MEAL SERVICE REFERRAL FORM

Today's Date: _____ Diagnosis/ICD-10 Code: _____ AHCCCS ID#: _____

Person Making Meal Referral:

Organization Name: **Arizona ADES/DDD M0060697**

Case Manager/Care Coordinator Name: _____

Phone: _____ Email: _____

Person Receiving Meals:

Name: _____ Phone: _____ Date of Birth: _____

Street Address (No., Street): _____ Apt./Unit # _____

City: _____ State: _____ ZIP Code: _____

Secondary Contact Name (if recipient unreachable): _____

Relationship to Meal Recipient: _____ Phone: _____ Email: _____

Meal Plan Selection:

Total Meals Approved: # of meals _____ (max 7 per week) Authorization End Date: _____

| Desired Menu Type (Make only one selection) | Primary Menu "X" |
|--|---------------------|
| General Wellness (Meets ½ Dietary Reference Intake, Dietary Guidelines) - General Default English Spanish If specific health condition meals or food preferences are needed, check the appropriate box below (if applicable) Lower Sodium Heart Friendly Vegetarian | |
| Diabetes-Friendly (carbs <65g/entrée <110g/meal, sodium average 570mg/entrée 810mg/meal) | |
| Renal-Friendly (sodium <700mg, potassium <833mg, phosphorus <300mg) | |
| Gluten-Free (tested less than 20ppm, not a dedicated kitchen) | |
| Pureed (for dysphagia patients and those with difficulty swallowing) | |

Allergens: Milk Fish Shellfish Tree Nuts Egg Peanuts Soy Wheat

Other:

Special Delivery Instructions/Allergens/Food Preferences/Secondary Menu Type:

Email Referral Form to intake@MomsMeals.com or Fax to 515-266-6120

For Questions, you can call our Intake Team at 1-866-716-3257. Hours of Operation: 8AM-5PM CST