



Dental Care Adult (Age 21+)

A GUIDE FOR FAMILIES

Equal Opportunity Employer/Program

• Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI & VII), and the Americans with Disabilities Act of 1990 (ADA), Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and Title II of the Genetic Information Nondiscrimination Act (GINA) of 2008; the Department prohibits discrimination in admissions, programs, services, activities, or employment based on race, color, religion, sex, national origin, age, disability, genetics and retaliation. To request this document in alternative format or for further information about this policy, contact the Division of Developmental Disabilities ADA Coordinator at 602-542-0419; TTY/TDD Services: 7-1-1.

• Free language assistance for DES services is available upon request. • Ayuda gratuita con traducciones relacionadas con los servicios del DES está disponible a solicitud del cliente.

DDD-1795APAMPD (12-16)



[https://des.az.gov/services/
disabilities/developmental-disabilities](https://des.az.gov/services/disabilities/developmental-disabilities)



1-866-229-5553



Protecting Smiles

Visits to the Dentist

Find a dentist you trust who is able to meet your individual needs.

If you have not seen a dentist recently, schedule a dental visit as soon as possible to address any issues.

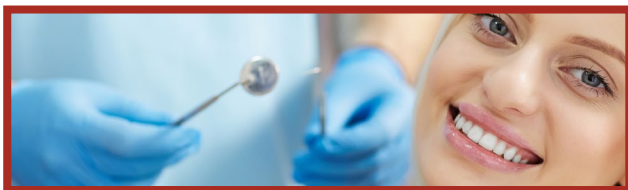
Schedule preventive dental visits every six months after the first visit or whenever you are experiencing pain in your mouth.

Bring a list of questions/concerns with you to visits that you would like to discuss with your dentist.

Schedule next visit before leaving the dental office.

AHCCCS Coverage

- Effective October 1, 2016 dental services, including dentures, are covered for AHCCCS ALTCS members 21 years of age and older.
- Dental services are limited to a total benefit amount of \$1,000 per member for each 12 month period beginning October 1st through September 30th. Any costs over \$1,000 will be the responsibility of the member.



Good oral care has benefits to overall health

Dental Emergencies

See your dentist right away if you have any of the following problems:

- Toothache
- Broken or chipped teeth
- Knocked-out tooth
- Dislodged tooth
- Lost filling
- Lost crown
- Abscess (infection around the tooth/gums)
- Soft tissue injuries

These can be dental emergencies and should be examined by a dentist as soon as possible.

Good oral hygiene helps teeth stay strong and healthy

Oral Health for Adults

- Brush teeth twice a day.
- Floss as recommended by your dentist.
- Begin using toothpaste with fluoride.
- Use mouthwash as recommended by your dentist. Do not rinse, eat, or drink for 30 minutes after swishing.
- Avoid tobacco.
- Drink water with fluoride. If water is not fluorinated, talk to the doctor or dentist about the best way to protect teeth.

Talk to your Dentist About

- Medication side effects such as dry mouth.
- Inform your dentist if you have diabetes or any other health issues.
- The use of tobacco or alcohol.
- Any pain, discomfort, or unusual symptoms.



NOTES:
