

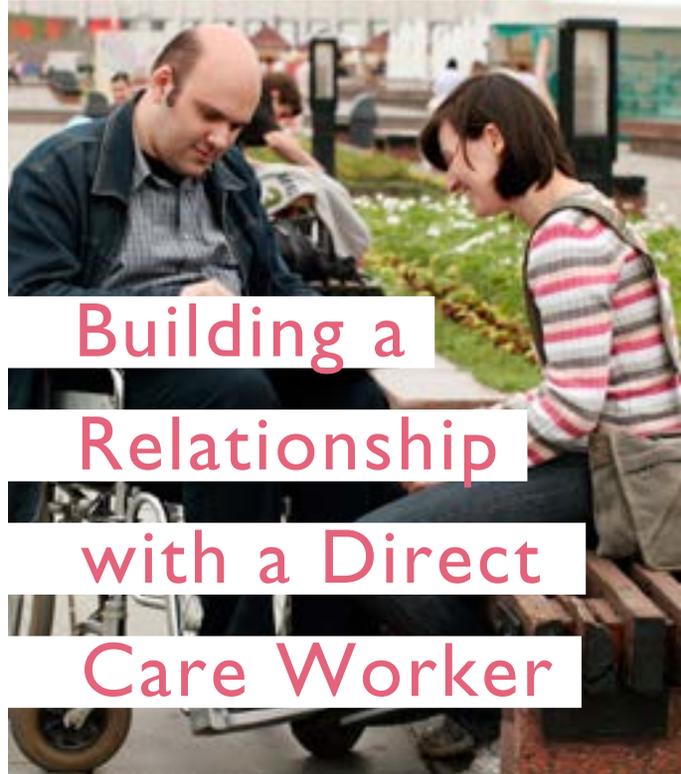
Equal Opportunity Employer/Program • Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI & VII), and the Americans with Disabilities Act of 1990 (ADA), Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and Title II of the Genetic Information Nondiscrimination Act (GINA) of 2008; the Department prohibits discrimination in admissions, programs, services, activities, or employment based on race, color, religion, sex, national origin, age, disability, genetics and retaliation. The Department must make a reasonable accommodation to allow a person with a disability to take part in a program, service or activity. For example, this means if necessary, the Department must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that the Department will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in alternative format or for further information about this policy, contact the Division of Developmental Disabilities ADA Coordinator at 602-542-0419; TTY/TDD Services: 7-1-1. • Free language assistance for DES services is available upon request. • Disponible en español en línea o en la oficina local.

DDD-1721APAMPD (10-15)



DEPARTMENT OF
ECONOMIC SECURITY

Division of Developmental Disabilities



Building a Relationship with a Direct Care Worker

DIVISION OF DEVELOPMENTAL
DISABILITIES
www.azdes.gov/ddd

Choosing a Direct Care Worker

If you have been approved to receive home and community based services, selecting the right direct care worker is your next step. Depending on the service, you may work with an independent provider or a Qualified Vendor agency.

Building a working relationship takes time. It begins with selecting the right worker(s) for your life. Expectations must be discussed, including likes and dislikes. Ongoing conversations will help the relationship last.

You can take steps to prepare for a good working relationship. Two books are listed as resources to get you ready.

Questions? Contact your Support Coordinator, visit www.azdes.gov/ddd or call 1-866-229-5553.

Notes:

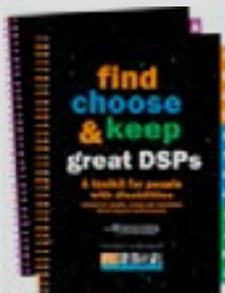
Resources

The following books offer practical tips for identifying the qualities you want in a worker coming in to your home. The books provide information on choosing the best worker to meet your needs. They also offer ways to build the relationship for long-term success. Worksheets are included.

The books are available as free downloads.

Find, Choose, and Keep Great DSPs: Toolkit for People with Disabilities and Toolkit for Families

https://ici.umn.edu/index.php?products/view_part/375/



Making the Move to Managing Your Own Personal Assistance Services (PAS): A Toolkit for Youth with Disabilities Transitioning to Adulthood

<http://www.ncwd-youth.info/sites/default/files/pas-toolkit-052610-print-final.pdf>

This book focuses on young adults with physical assistance needs. The book also includes a safety checklist. The checklist can help screen for abusive situations.