

Self-Sufficiency Statement

Self Sufficiency Statement (must check at least one box)

I have made the following efforts to improve my skills and move toward self sufficiency in the last 12 months. (Check all that apply)

1. I registered or job searched via DES One Stop Career Centers, DES Job Service, other public or private employment agencies, or independently.
2. I applied for a better job.
3. I have been consistently employed.
4. I was laid-off but found new employment within 60 days.
5. I left one job for a better job (higher pay, more hours, or better benefits).
6. I consistently demonstrated a net profit in my self-employment activity.
7. I attended remedial education for the attainment of a high school diploma or GED.
8. I attended English for Speakers of Other Languages (ESOL) classes.
9. I attended a trade/vocational school, college or university and made satisfactory progress in the activity.
10. I attended work related school or training, or pursued a degree or certificate that will lead to enhanced career opportunities.
11. I have NOT requested TANF (Temporary Assistance to Needy Families) Cash Assistance for myself.
12. I made contact with DES Child Support Services about support from an absent parent or paternity establishment.
13. I continued with my treatment plan under the direction of a physician, psychiatrist, or psychologist.
14. I followed a domestic violence/homeless shelter case plan.
15. I completed or am in the process of completing a drug/alcohol rehabilitation or court ordered community service program.
16. Other:

Signature of Applicant:

Print Name of Applicant:

Date:

Signature of Spouse/Other Parent:

Print Name of Spouse/Other Parent:

Date:

Please submit the original and keep the copy for your records