



# WORLD ELDER ABUSE AWARENESS DAY

Be the One

## 2024 World Elder Abuse Awareness Day Conference (WEAAD)





### Welcome



Angie Rodgers

Dear Community Partners and Professionals in Aging,

Welcome to our 6<sup>th</sup> Annual World Elder Abuse Awareness Day (WEAAD) Conference! Arizona is an ideal destination for older adults. Our state offers living communities and services tailored for seniors, which, coupled with our climate and robust economy, draw retirees to make Arizona their home. As our aging population grows, it is crucial to adapt our programs and services to meet their evolving needs, prioritizing health and safety.

WEAAD unites organizations, professionals, and aging experts to explore collaborative ways to support and safeguard older adults for their continued well-being. Participants from across the state will exchange valuable insights, uncover innovative approaches, and focus on promoting elder justice, resilience, cultural sensitivity, and the importance of stepping up to prevent elder abuse. This conference provides a platform to enhance safety and awareness for aging Arizonans.

The sessions aim to further our collective mission of enhancing the health, safety, and welfare of older adults. Thank you for your unwavering commitment to our aging community, your involvement in this year's conference, and your decision to "Be the One" to see, stop, and prevent elder abuse in all its forms.

Warm Regards,

Angie Rodgers
Executive Deputy Director
Cabinet Executive Officer
Arizona Department of Economic Security





## Agenda at a Glance

7:30 a.m. – 8:15 a.m. Ballroom Foyer Registration / Exhibitors / Networking

8:30 a.m. – 8:35 a.m. Cottonwood Ballroom Welcome by Master of Ceremonies Dr. David Coon Arizona State University

8:35 a.m. – 8:45 a.m. Cottonwood Ballroom Opening Remarks
Governor Katie Hobbs

8:45 a.m. – 9:45 a.m. Cottonwood Ballroom Opening Keynote Presentation **Be the One: Taking Action Against Elder Abuse**Peggy Jo Archer

International Association for Indigenous Aging

9:45 a.m. – 10:00 a.m. Ballroom Foyer & Meeting Rooms Break / Exhibitors / Networking / Transition to Breakout Session Block 1





## Agenda at a Glance

10:00 a.m. – 11:00 a.m.	Breakout Sessions Block 1
Ocotillo	Making Space for Serve and Return Dr. Roderick Logan, DPtTh, CCTS, CFTP, FFTT Arizona Trauma Institute
Brittlebush	Recognizing Signs of Elder Abuse in Alzheimer's or Dementia Patients Kinsey McManus Alzheimer's Association – Desert Southwest Chapter
Chia	Financial and Benefits Scams James Hennelly Arizona Attorney General's Office
Desert Star	Building Resiliency Among Those Who Care for Our Elders: Creating Sustainable Systems of Elder Care Kelly Lubeck, MPH
11:00 a.m. – 11:15 a.m.	Break / Exhibitors / Networking / Transition to Breakout Block 2





### Agenda at a Glance

11:15 a.m. - 12:15 p.m. **Breakout Sessions Block 2** Ocotillo See It, Stop It, Prevent It: Key Concepts in Elder Abuse Bethany Reed, AGPCNP-BC, LMT River People Health Center, Salt River Pima Maricopa Indian Community **Brittlebush** The Role of the Community Health Worker in Preventing **Elder Abuse Panel Discussion** Moderator: Lisa Pollock, Arizona Department of Economic Security, Division of Aging and Adult Services Panelists: Marcus Johnson, AHCCCS Councilmember Christine Ellis, Chandler City Council Brook Bender, Hualapai Health Services Chia Underreported Abuse in Refugee Groups Joanne Morales, BSW, MSW Catholic Charities Community Services Visibility Matters: LGBTQI+ and Aging Desert Star Sarah Bahnson Pima Council on Aging





## Agenda at a Glance

12:15 p.m. – 12:45 p.m. Cottonwood Ballroom

Break / Exhibitors / Networking

12:45 p.m. – 1:45 p.m. Cottonwood Ballroom

Mid-Day Keynote **Adapting to 2024 – Finding Resilience**Jean Steel

Happy People Win

1:45 p.m. – 2:00 p.m. Ballroom Foyer & Meeting Rooms Break / Exhibitors / Networking / Transition to Breakout Block 3

2:00 p.m. – 3:00 p.m.

Breakout Sessions Block 3

**Ocotillo** 

Update on Sections 1557 and 504 Yun-kyung Lee (Peggy) Michael Leoz, J.D. U.S. Health and Human Services – Office for Civil Rights

Brittlebush

Recognizing and Preventing Tribal Elder Abuse Panel Discussion

Moderator: Patricia Sutton, Arizona Department of Economic Security, Division of Aging and Adult Services





## Agenda at a Glance

2:00 p.m. – 3:00 p.m.

**Breakout Sessions Block 3** 

Brittlebush *(continued)* 

Panelists:

Ruby Lano, Navajo Nation Gloria Yazzie, Navajo Nation Althea James, Navajo Nation Avarae John, Salt River Pima – Maricopa Indian Community Christopher Begay, Salt River Pima – Maricopa Indian Community

Chia

Caregiver Support Panel
Moderator: Catherine Chavez, Arizona Department of
Economic Security, Division of Aging and Adult Services

Panelists: Gincy Heins Mark Garrity Desiree LeFre

**Desert Star** 

Building Resiliency Among Those Who Care for Our Elders: Creating Sustainable Systems of Elder Care Kelly Lubeck, MPH

3:00 p.m. – 3:15 p.m. Ballroom Foyer & Meeting Rooms Break / Exhibitors / Networking / Transition to Breakout Block 4





## Agenda at a Glance

3:15 p.m. – 4:15 p.m.	Breakout Sessions Block 4
Ocotillo	Health Equity Initiatives to Identify Those Most At Risk of Abuse Teresa Aseret-Manygoats, MPA   Arizona Department of Health Services
Brittlebush	Preventing Medical and Financial Exploitation in Indigenous Populations Dr. Kimberly Yellow Robe, DHA, MBA AHCCCS Complete Care ● Banner University Health Plans
Chia	Memory Cafés – An Opportunity for Connection Rebekah McGee and Harbhajan Khalsa Pima Council on Aging – Aging Well for Life
Desert Star	U.S. Indian Health Service - Charting a Path Forward for Elder Health Valerie Jones   Indian Health Services
4:15 p.m. – 4:30 p.m. Cottonwood Ballroom	Break / Transition to Closing Remarks
4:30 p.m. – 5:15 p.m. Cottonwood Ballroom	Closing Remarks – Current Status and Efforts Attorney General Kris Mayes





### **Session Descriptions**

7:30 a.m. - 8:15 a.m. | Ballroom Foyer

Registration / Exhibitors / Networking

8:30 a.m. - 8:35 a.m. | Cottonwood Ballroom

**Welcome by Master of Ceremonies** 

Dr. David Coon, Arizona State University

8:35 a.m. - 8:45 a.m. | Cottonwood Ballroom

**Opening Remarks** 

Governor Katie Hobbs

#### 8:45 a.m. - 9:45 a.m. | Cottonwood Ballroom

#### **Opening Keynote Presentation**

Be The One for Change: Addressing Elder Abuse in Indigenous Communities – Native American Elder Justice Initiative (NAEJI)

Peggy Jo Archer

International Association for Indigenous Aging

"Be the ONE" to ignite change through World Elder Abuse Awareness Day. This presentation empowers you to combat elder abuse, neglect, and exploitation. Learn how to be the one who champions prevention, implements interventions, and embraces best practices, fostering a future where every elder, including Indigenous elders, lives free of abuse. Be the one to make a difference.

After attending this session, participants will be able to:

- 1. Take charge of your knowledge. Learn about the signs of elder abuse, neglect, and exploitation. Equip yourself with information to recognize and address these issues in your community.
- 2. Participate actively in prevention efforts. Support and promote awareness campaigns, workshops, and community initiatives to prevent elder abuse. Share information to educate others and create a collective shield against mistreatment and abuse.
- 3. Advocate for culturally informed approaches. Encourage participants and organizations to adopt practices that respect and integrate the diverse backgrounds of older adults, including Native American elders. Foster an inclusive environment that values cultural sensitivity while recognizing and responding to elder abuse.
- 4. Champion coordination between state and tribal services. Advocate for policies facilitating seamless collaboration, ensuring a united front against elder abuse. Work towards a system where information, resources, and interventions flow efficiently across boundaries.
- 5. Emphasize the role of individuals in being advocates for older adults by promoting a culture of empathy, respect, and proactive interventions to prevent abuse.





### **Session Descriptions**

#### 9:45 a.m. - 10:00 a.m. | Block 1 Ballroom Foyer & Meeting Rooms

Break / Exhibitors / Networking / Transition to Breakout Session Block 1

#### 10:00 a.m. - 11:00 a.m. | Ocotillo Breakout Sessions Block 1

#### **Making Space for Serve and Return**

Dr. Roderick Logan, DPtTh, CCTS, CFTP, FFTT Arizona Trauma Institute

Trauma-informed care begins with elevating our compassion and empathy for the other person. When their behaviors or emotions become a concern, it is essential that we look beneath the surface to see their unmet needs and the unseen person. This workshop addresses the fundamentals of recognizing the serves common to an elderly population and how our *returns* are critical for them to feel balanced, stable, and valued.

After attending this session, participants will be able to:

- 1. Explain the relationship between self-regulation and co-regulation.
- 2. Recall the five steps to serve and return.
- 3. Recognize an elder's serves as a language unique to them.
- 4. Develop a plan for truly connecting with an elderly human.

#### **Brittlebush**

#### Recognizing Signs of Elder Abuse in Alzheimer's or Dementia Patients

Kinsey McManus

Alzheimer's Association – Desert Southwest Chapter

This session will cover the basics of Alzheimer's and dementia and why people living with dementia are at significant risk for abuse. Learn the symptoms of different types of dementia, how these symptoms put someone at risk, signs to look out for when investigating abuse, and how to protect someone with dementia from becoming a victim.

#### Learning Objectives:

- 1. Identify symptoms for different types of dementia.
- 2. Understand how symptoms of dementia put someone at risk for abuse and fraud.
- 3. Know the signs to look out for when investigating abuse.
- 4. Have strategies to protect someone with dementia from becoming a victim.





### **Session Descriptions**

#### Chia

#### **Financial and Benefits Scams**

James Hennelly

Arizona Attorney General's Office

This session will cover scams affecting elders and why they happen with such frequency.

After attending this session, participants will be able to:

- 1. Identify statistics on seniors and the increase of retired people in the U.S.
- 2. Take affirmative action to prevent these scams.
- 3. Articulate an overview of several current scams.
- 4. Return home with resources to combat scammers and where to report these scams.

#### **Desert Star**

## Building Resiliency Among Those Who Care for Our Elders: Creating Sustainable Systems of Elder Care

Kelly Lubeck, MPH

Caregiving and providing support and social services for elders is essential work for a generation of humans who have contributed to their families and society. We want to care for them well. However, there are many systemic challenges and barriers to caregiving for elder adults that make them, and those who care for them, vulnerable. Social isolation, limited mobility, and being overwhelmed with the demands of caregiving while continuing with other aspects of life can lead to compassion fatigue, burnout, and physical and emotional challenges for caregivers. To support their well-being and the well-being and safety of those they serve, building resilience among caregivers and care providers is essential. Participants will be invited to focus on prioritizing their self-care and resilience-building and deepening their understanding of how important this is for them and those they care for.

#### 11:00 a.m. - 11:15 a.m.

Break / Exhibitors / Networking / Transition to Breakout Block 2

11:15 a.m. - 12:15 p.m.

**Breakout Sessions Block 2** 





### **Session Descriptions**

#### **Ocotillo**

See It, Stop It, Prevent It: Key Concepts in Elder Abuse

Bethany Reed, AGPCNP-BC, LMT

River People Health Center, Salt River Pima Maricopa Indian Community

After attending this session, participants will be able to:

- 1. Identify the different types of elder abuse and create profiles of elder abuse victims and abusers, and why this topic is so important in tribal communities.
- 2. Examine various clinical presentations of elder abuse.
- 3. Develop best practices for identifying and reporting elder abuse in a tribal community.

#### **Brittlebush**

### The Role of the Community Health Worker in Preventing Elder Abuse

**Panel Discussion Moderator:** 

Lisa Pollock, Arizona Department of Economic Security, Division of Aging and Adult Services

#### Panelists:

Marcus Johnson, AHCCCS

Councilmember Christine Ellis, Chandler City Council

Brook Bender, Hualapai Health Services

#### Chia

#### **Underreported Abuse in Refugee Groups**

Joanne Morales, BSW, MSW

Catholic Charities Community Services

After attending the session, participants will be able to:

- 1. Understand the definition of a refugee and the general resettlement process.
- 2. Identify strengths and traditional roles within the elder refugee community.
- 3. Identify risk factors that elder refugees may face that can impact their resettlement and adjustment into their new community.
- 4. Identify local sources for support and additional information on refugee resettlement.







### **Session Descriptions**

#### **Desert Star**

Visibility Matters: LGBTQI+ and Aging

Sarah Bahnson

Pima Council on Aging

This training helps aging care providers gain the tools needed to create a safe place for LGBTQI+ people to be their authentic selves so that we can meet their unique needs. The training provides information about how to be more aware, sensitive, and responsive to LGBTQI+ older adults.

After attending this session, participants will be able to:

- 1. Identify historical factors behind health inequities for LGBTQI+ older adults.
- 2. Understand foundational concepts of LGBTQI+ identities.
- 3. Identify unique vulnerabilities of LGBTQI+ older adults.
- 4. Implement strategies to make direct care more inclusive for LGBTQI+ people.

#### 12:15 p.m. - 12:45 p.m. | Cottonwood Ballroom

Break / Exhibitors / Networking

Cottonwood Ballroom

#### 12:45 p.m. - 1:45 p.m. | Cottonwood Ballroom

Mid-Day Keynote

#### Adapting to 2024 - Finding Resilience

Jean Steel

Happy People Win

Some hard times last hours, or days, or, like a pandemic, years! No matter the length of time, resilience is always available if you work toward it. Unfortunately, it is normal for us to focus more on negativity than positivity, but the good news is that it just takes a change in perspective to start flexing our resilience muscle! Finding your resilience in 2024 doesn't mean change, high-pressure situations, and stress will cease to exist. It means that you have the power to handle whatever this year and beyond throws at you – in the healthiest way. In this program, Jean challenges you to forget what you've learned about "bouncing back" from hardship, and, instead, bounce forward with new skills so that you, and those around you, can thrive.

#### 1:45 p.m. – 2:00 p.m. | Ballroom Foyer & Meeting Rooms

Break / Exhibitors / Networking / Transition to Breakout Block 3





## **Session Descriptions**

#### 2:00 p.m. – 3:00 p.m.

**Breakout Sessions Block 3** 

#### **Ocotillo**

#### Update on Sections 1557 and 504

Yun-kyung Lee (Peggy)

Michael Leoz, J.D.

U.S. Health and Human Services - Office for Civil Rights

#### **Brittlebush**

#### **Recognizing and Preventing Tribal Elder Abuse**

#### **Panel Discussion Moderator:**

Patricia Sutton, Arizona Department of Economic Security, Division of Aging and Adult Services

#### **Panelists**

Ruby Lano, Navajo Nation

Gloria Yazzie, Navajo Nation

Althea James, Navajo Nation

Avarae John, Salt River Pima – Maricopa Indian Community

Christopher Begay, Salt River Pima – Maricopa Indian Community

#### Chia

#### **Caregiver Support Panel**

#### **Panel Discussion Moderator:**

Catherine Chavez, Arizona Department of Economic Security, Division of Aging and Adult Services

#### **Panelists**

**Gincy Heins** 

Mark Garrity

Desiree LeFre





## **Session Descriptions**

#### **Desert Star**

## Building Resiliency Among Those Who Care for Our Elders: Creating Sustainable Systems of Elder Care

Kelly Lubeck, MPH

Caregiving and providing support and social services for elders is essential work for a generation of humans who have contributed to their families and society. We want to care for them well. However, there are many systemic challenges and barriers to caregiving for elder adults that make them, and those who care for them, vulnerable. Social isolation, limited mobility, and being overwhelmed with the demands of caregiving while continuing with other aspects of life can lead to compassion fatigue, burnout, and physical and emotional challenges for caregivers. To support their well-being and the well-being and safety of those they serve, building resilience among caregivers and care providers is essential. Participants will be invited to focus on prioritizing their self-care and resilience-building and deepening their understanding of how important this is for them and those they care for.

#### 3:00 p.m. - 3:15 p.m. | Ballroom Foyer & Meeting Rooms

Break / Exhibitors / Networking / Transition to Breakout Block 4

3:15 p.m. – 4:15 p.m. | Breakout Sessions Block 4

#### **Ocotillo**

#### Health Equity Initiatives to Identify Those Most At Risk of Abuse

Teresa Aseret-Manygoats, MPA
Arizona Department of Health Services

The Arizona Department of Health Services (ADHS) has identified older adults as a population at risk and/or has high burden of chronic illness within its Arizona State Health Assessment. ADHS' Office of Chronic Disease and Population Health is responsible for supporting statewide partners and programming that address public health prevention and population health strategies, such as Alzheimer's Disease and Related Dementia, and the Arizona Department of Economic Security's State Plan on Aging. The session will provide an overview of definitions, how ADHS is using data for active program planning, and how access to care and equity are important in program design for ADHS' older adult public health prevention programming.

After this session, participants will be able to:

- 1. Understand the risks or burdens older adults face in Arizona.
- 2. Learn about ADHS programming that supports older adults.
- 3. Ensure access to services and resources for older adults.
- 4. Define health equity and population health, and the important role of both in Public Health Prevention programs.





### **Session Descriptions**

#### **Brittlebush**

#### Preventing Medical and Financial Exploitation in Indigenous Populations

Dr. Kimberly Yellow Robe, DHA, MBA AHCCCS Complete Care Banner University Health Plans

After this session participants, will be able to:

- 1. Recognize and identify different types of ID theft.
- 2. Know how to act if ID theft happens to you.
- 3. Utilize resources to stop ID theft when it happens.
- 4. Know what identity thieves can do with your personal identifiable information.

#### Chia

#### Memory Cafés - An Opportunity for Connection

Rebekah McGee and Harbhajan Khalsa Pima Council on Aging – Aging Well for Life

Memory Cafés create opportunities for socialization and connectedness for people living with dementia and their caregivers in a non-threatening, welcoming, semi-structured environment. This is an opportunity for increased support through the café itself, as well as providing access to a larger network of community supports as the attendees feel comfortable pursuing them. Dementia Capable Southern Arizona (DCSA), acting as the community hub for Memory Cafés in Pima County, has partnered with organizations locally and nationally, planning and implementing cafes around the community.

After this session participants, will be able to:

- 1. Identify the components of a Memory Café.
- 2. Recite the benefits of a Memory Café.
- 3. Articulate how cafes provide an opportunity to identify and reduce abuse in older adults.
- 4. Facilitate a connection to a café.





## **Session Descriptions**

#### **Desert Star**

#### U.S. Indian Health Service - Charting a Path Forward for Elder Health

Valerie Jones Indian Health Services

American Indian and Alaska Native (Al/AN) people and their families living with dementia are at high risk for elder abuse, financial exploitation, and neglect. Limited resources exist to serve the unique needs of Al/AN older adults living at the intersection of abuse and dementia. As a result of first-time Congressional appropriations, the Indian Health Service (IHS) is developing comprehensive new Alzheimer's and geriatric programs and services. Staff from IHS will provide an overview of activities and pilot initiatives designed to improve quality of care and outcomes for Tribal elders.

After this session, participants will be able to:

- 1. Describe IHS' four program priorities identified through Tribal consultation and Urban confer.
- 2. Identify geriatric-focused workforce development initiatives open to Indian Health Service, Tribal, and Urban Indian Health Organization clinical staff.
- 3. Describe early lessons learned from Alzheimer's models of care grantees and other elder-focused initiatives.

#### 4:15 p.m. – 4:30 p.m. | Cottonwood Ballroom

**Break / Transition to Closing Remarks** 

4:30 p.m. - 5:15 p.m. | Closing Remarks

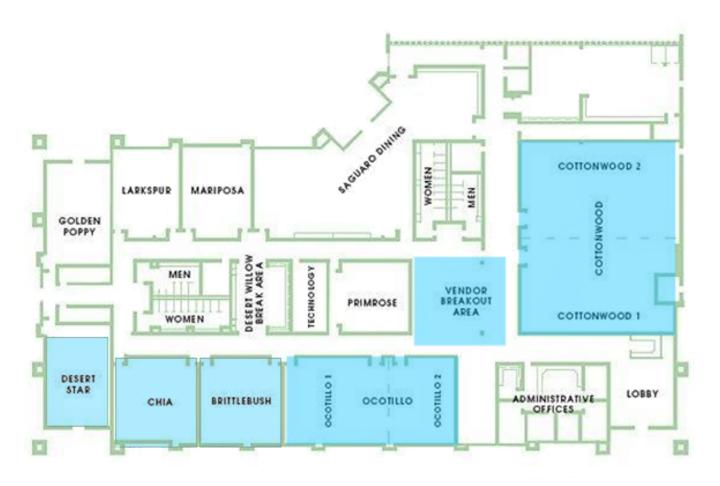
**Current Status and Efforts** 

**Attorney General Mayes** 





### Map



Thank you for attending the 2024 WEAAD Conference and strengthening your commitment to older adults in Arizona. Thank you to our keynote and session speakers for educating our aging network professionals, so we can Be the One to see, stop and prevent elder abuse. Special thanks to the Department of Economic Security (DES) Division of Aging and Adult Services and Adult Protective Services program, Governor Katie Hobbs and Attorney General Kris Mayes for attending the conference.







Peggy Jo Archer

Peggy Jo presently holds the Director of the Elder Justice Project role at the International Association for Indigenous Aging. Peggy Jo embarked on her journey in violence prevention in 2007, focusing on powerbased violence prevention. Progressing in the nonprofit sector, she spearheaded community-based prevention programs. Peggy Jo brings a wealth of experience in program leadership and training community members, medical, law enforcement, and military professionals in trauma and culturally informed practices. Her expertise extends beyond traditional sectors, creating a bridge between diverse fields. Her expertise extends to mobilizing communities to address violence, creating a cohesive and informed front against these challenges. Drawing from her extensive background, Peggy Jo brings a wealth of experience in overseeing program operations for federally funded projects, including the National Indigenous Elder Justice Initiative (NIEJI) at the University of North Dakota and the Native American Elder Justice Initiative National Resource Center (NAEJI) at state, regional, and national levels. Serving as a knowledgeable and culturally informed resource for American Indians and Alaska Native and Native Hawaiian aging issues, Peggy Jo places a particular emphasis on combating elder abuse.



Sarah Bahnson

Sarah Bahnson is currently the LGBTQI+ Initiatives Specialist at Pima Council on Aging. They hold a BA in Gender and Women's Studies from the University of Arizona. Sarah has been educating southern Arizona on the specific needs and concerns of the LGBTQI+ community since 2012. Sarah began their career working for Wingspan, Tucson's former LGBTQI+ Community Resource Center, and continued to learn about the community through positions at the Southern Arizona AIDS Foundation, the University of Arizona Museum of Art, and the Tucson Interfaith HIV/AIDS Network. Sarah is passionate about LGBTQI+ history and culture and helping institutions of care ensure that programs and services offered are welcoming. Sarah is an avid dog lover and enjoys the company of three rescue dog-friends. In recent years, they have discovered the joys of glamping and appreciate a seasonal excursion to anywhere in nature.







Brook Bender (Hualapai)

Brook Bender holds the position of Elderly Service Director within the Hualapai Tribe. In this role, Brook is responsible for overseeing the Elderly Services Program, which provides nutritional, home, and community-based services to meet the needs of the Hualapai elderly community. This includes managing daily meals for tribal seniors, organizing daily activities, and offering opportunities for travel. The program also advocates on issues related to income, Medicare, Medicaid, insurance, Social Security, and low-income housing for the elderly members of the tribe. He also serves as the Tribal Chair for the Community Health Aide Program Tribal Advisory Group (CHAP TAG).



Dr. David Coon

David W. Coon, Ph.D., received his PhD from Stanford University and is currently Associate Dean for Research, Director of the Center for Innovation in Healthy and Resilient Aging, and Professor in Edson College of Nursing & Health Innovation at Arizona State University. Dr. Coon designs and evaluates interventions, such as CarePRO and EPIC, that focus on culturally diverse groups of midlife and older adults facing chronic illnesses (e.g., Alzheimer's and related dementias, cancer, depression) and their family caregivers. Several of these empirically based treatments have been recognized by entities such as the American Psychological Association, the Substance Abuse and Mental Health Services Administration, and the U.S. Administration for Community Living. A fellow of the Gerontological Society of America, Dr. Coon has had his work funded through federal (e.g., NIH; U.S. ACL) and foundation grants. He and his community partners received the 2013 Rosalynn Carter Institute's National Leadership Award in Caregiving for CarePRO, the 2017 ASU President's Medal for Social Embeddedness for CarePRO, the 2017 Arizona Health Care Association's Innovation Award for Music & Memory with The Phoenix Symphony, the 2019 Arizona Caregiver Coalition's David Best Award for his overall contributions to Arizona's family caregivers, and, recently, the designation of NIH All of Us Health Champion in Arizona.







Mark Garrity

Mark retired early from a technology infrastructure risk management career. Within three years, he began his journey as a caregiver. This role is more complex and challenging than he ever imagined. Mark's journey morphs and expands with his partner of 22 years as his partner's young-onset Alzheimer's progresses.



Gincy Heins

Gincy Heins has an MBA from Chapman University. She was selected as Alzheimer's Orange County's Family Caregiver of the Year and heads one of the top fundraising teams for their annual Walk4ALZ. Gincy is a Senior Citizens Commissioner and teaches Games for Brains in Cypress, California. Gincy is a speaker, podcast guest, co-author of the 365 Caregiving Tips series and creator and editor of Before the Diagnosis: Stories of Life and Love Before Dementia.



James Hennelly

Jim Hennelly has been in law enforcement for 35 years. Jim was originally with Cook County Sheriff's Police (Illinois) as a Detective Sergeant and then as a Supervisory Special Agent with the Arizona Attorney General's office. During his career, Jim has primarily worked Elder Affairs cases such as financial exploitation, elder abuse, and nursing home fraud. Jim is the Supervisory Special Agent for the Arizona Attorney General's Elder Affairs Unit.



Althea James

Greetings! I am the Victim Witness Advocate for the Navajo Nation Division of Social Services – Ft. Defiance Department of Family Services. I have over 20 years of experience in victim advocacy. I provide direct services to victims/survivors of domestic violence, family violence, sexual assault, and child sexual abuse. I also provide awareness of Human Trafficking and MMIW.







Avarae John, MA, SWII

My name is Avarae John. I am Navajo from Sand Springs, AZ. My maternal clan is Deer Spring and my paternal clan is Salt Water. Since 2008, I have been working with the Salt River Pima Maricopa Indian Community. I graduated from ASU with my bachelor's degree in 2003 and received my master's degree in 2007 from U of A. I began working with Senior Services Department as a case manager for our Community elders in 2019 and specifically moved to Adult Protective Services in 2023, where I currently serve. It has been my pleasure to bring awareness and education for our Elder and Adult with Disabilities population.



Valerie Jones

Valerie Jones, a member of the Navajo Nation, serves as the elder care data coordinator within the Division of Clinical and Community Services, Office of Preventive and Clinical Services. Previously, she was the health administrator for the Navajo Nation Department of Health's Aging and Long-Term Care Support Program.



Harbhajan Khalsa

Harbhajan Khalsa, Dementia Capable Southern Arizona Director, a Tucson native, has served her community in a professional capacity for over nine years. While she began her career providing services to individuals in behavioral health, she began working directly with older adults in 2018 when she joined Pima Council on Aging.



Ruby Lano

My name is Ruby Lano. I have been employed with the Navajo Nation Division of Social Services for 20 years with the Adult In Home Care Program as a Home Care Worker.







Yun-kyung (Peggy) Lee

Yun-kyung (Peggy) Lee is currently detailed as a Senior Enforcement Advisor to the Deputy Director of Enforcement at the U.S. Department of Health and Human Services in OCR's headquarters. Ms. Lee began as an Investigator at OCR's Pacific Region in 2003, conducting investigations alleging discrimination in the provision of health or social services based on race, color, national origin, disability, or age, and of complaints alleging violations of the HIPPA Privacy and Security Rules and the HITECH Breach Notification Rule that address health information privacy rights. She then became a Supervisor and Deputy Regional Manager in the Pacific Region. Ms. Lee also actively participates on the West Coast regional networks of the White House Initiative on Asian Americans, Native Hawaiians and Pacific Islanders. Ms. Lee began her career as a New York attorney in both private practice and as a staff attorney at Mobilization for Justice's Mental Health Law Project. Upon arriving in California, Ms. Lee was a staff attorney at Neighborhood Legal Services of Los Angeles County's Health Consumer Center prior to joining OCR. Ms. Lee is a graduate of Cornell University and Pace Law School.



Michael Leoz, J.D.

Michael Leoz is the regional manager for the Pacific Region of the U.S. Department of Health and Human Services, Office for Civil Rights. Michael joined the Office for Civil Rights in 2001 and has been Regional Manager for the Pacific Region since 2012. In his capacity as Regional Manager for the Pacific Region, which includes eight western states and three Pacific territories, Michael is a member of both the Region IX HHS Regional Management Council and the Region X HHS Senior Leadership Team. Michael was previously also a National Advisory Group Member for the National Conference Series on Quality Health Care for Culturally Diverse Populations. Michael, who worked as an attorney prior to joining OCR, is a member of the California State Bar Association and is a former member of both the State Bar of California's Standing Committee on Legal Services to the Poor and the Long Beach Bar Association's Lawyer Referral Service Committee. Michael is also admitted to the United States Federal District Court, Central District of California. Michael is a graduate of the University of California at Berkeley and of the University of Southern California Law School.







Dr. Roderick Logan, DPTh, D.A.A.E.T.S

Dr. Roderick Logan is a diplomate with the American Academy of Experts in Traumatic Stress. He provides trauma and resiliency life coaching services and serves as a senior faculty member at both the Arizona Trauma Institute and the Trauma Institute International. He holds a master's degree in counseling and a doctorate in practical theology, with certifications as a Clinical Trauma Specialist and a Family Trauma Professional. Led by conviction and purpose, Dr. Logan firmly believes that human suffering is not a burden to bear but a mission to overcome. He has devoted over four decades of his life to helping those afflicted by trauma, toxic stress, and histories of adversities. Clinicians, organizational and governmental leaders, and other care providers across the United States and in many other countries have benefited from his training courses and consulting services. Dr. Logan is committed to building toward resiliency. In 2021, his work with the aging community earned him the "Arizona Aging Services Star Award for Innovation" from the Arizona Department of Economic Security. While Dr. Logan's resume boasts numerous achievements, the one he cherishes most is his 44-year marriage to his wife, Melody. They have raised three children together and now delight in playing with their eight grandchildren. Known as "the man in a rowboat, rowing backward into the future," Dr. Logan believes that the past holds valuable wisdom. By listening and learning from yesterday, he navigates his way through today's challenges and tomorrow's uncertainties.







Kelly Lubeck, MPH

Kelly Lubeck, MPH: Kelly has spent years exploring how to blend her deep commitment to changemaking and serving the world with her passion for holistic healing and wellness. She has dedicated over 25 years to service-based work around the world, leading public health and early childhood programs, as well as coordinating system-building efforts to improve the health and quality of life for communities in Latin America, the Caribbean, Africa, and many different places in the United States. Following her own journey through a healing crisis that led her on a path to discover a variety of resilience-building and healing modalities, Kelly has been offering healing and coaching programs, consulting, workshops and retreats to individuals, groups and organizations locally and around the world (virtual and in person). In her programs, Kelly weaves together her passion for service and dedication to health and healing. She helps conscious and committed changemakers, leaders, medical providers, healing practitioners, and a variety of service professionals and caregivers return to their center, finding stillness, calm, healing and connection, so that they can be well as they serve the world. She loves to remind people that when those who care for the world (whatever that looks like for them) care for and heal themselves, the world too can heal and be well. She earned her Master's in Public Health at Columbia University. Her holistic training includes her yoga teacher training certification (RYT), Healing the Light Body shamanic healing certification, Sacred Depths Coaching certification, holistic health coaching certification (CHHC), and years of study on the nervous system and trauma healing with a variety of teachers. Her finest teacher thus far, though, is her 13-year-old child.







Teresa Aseret-Manygoats, MPA

Ms. Teresa Aseret-Manygoats (she/her) currently serves as the Bureau Chief for the Bureau of Chronic Disease and Health Promotion at the Arizona Department of Health Services (ADHS). She has a Bachelor of Science in political science, and Master in Public Administration from Arizona State University. Teresa has over 23 years of experience working in the public health field with expertise in program evaluation and data coordination; community engagement; and developing and implementing public health approaches and initiatives that address population health; social determinants of health; health equity; and policy, system and environmental change. Teresa previously worked at the third most populous local public health jurisdiction in the U.S., Maricopa County Department of Public Health in Phoenix, Arizona, and a non-profit Tribal organization serving Tribes in Arizona. Teresa currently functions as the State Chronic Disease Director for Arizona and is a serving member and current Treasurer of the National Association of Chronic Disease Directors (NACDD) Board. Teresa is a 2023 Flinn Brown Fellow; and also serves on ADHS' Human Subjects Review Board; Governor's Advisory Council on Aging (GACA); Arizona Community Engagement Alliance (AzCEAL) Taskforce; Mayo Clinic Arizona's Community Advisory Board (CAB); Arizona Health Equity Conference Planning Committee; and American Cancer Society's Arizona Area Board in Arizona. Teresa is Filipina, and an enrolled member of the Navajo Nation.



Rebekah McGee

Rebekah McGee is Senior Vice President of Business Development and Strategy at PCOA (Pima Council on Aging). Rebekah has spent over 20 years in non-profit human service organizations, the last 15 serving in an executive leadership capacity. Rebekah oversees PCOA's Workforce Development focusing on entry level healthcare workers, memory care programming and overall business growth strategies. She is focused on advocating and providing services for older adults and those who care for them. Originally from New England and the mid-Atlantic region, she has lived and worked in Pima County for nearly 10 years.







Kinsey McManus

Kinsey oversees care and support services for people living with dementia and their loved ones across Arizona and southern Nevada. Over the past 20 years, she has had the privilege to work in a variety of healthcare and non-profit organizations providing individual and family counseling, community education, and healthcare advocacy. Kinsey received her M.A. in psychology from Boston University and her M.S. in social work from Columbia University. She is a passionate advocate for involving families in healthcare and brings her knowledge as a family caregiver, clinician, community organizer, and researcher to her current work.



Joanne Morales, BSW, MSW

Joanne Morales has been with Catholic Charities Refugee Programs in Phoenix since October of 2003 and in her current position of Director of Refugee Programs within Catholic Charities for the past 20 years. Ms. Morales has a Bachelor of Social Work from Northern Arizona University and has received her master's degree in social work from Arizona State University. Mrs. Morales' experience in working with refugees includes coordinating vocational training for refugees, working with refugees in the areas of mental health, crisis intervention and severe medical issues, and working with newly arrived refugees by ensuring that a plan for families and all required services are completed that will guide them in becoming self-sufficient: not just economically, but socially and emotionally, as well.

Ms. Morales has recently been working on efforts to improve healthcare access and services for newly arrived refugees in the Phoenix metro area. Ms. Morales is a certified Field Education Instructor for ASU School of Social Work and has taught several courses as well, including Social Work with Refugees and Immigrants. Additionally, Ms. Morales is a returned Peace Corps volunteer, who served in the Peace Corps as a health educator in Gabon, West Africa.







Bethany Reed, AGPCNP-BC, LMT

Bethany Reed is a board-certified Adult & Geriatric Primary Care Nurse Practitioner with a breadth of experience, having completed her advanced nursing degree at Boston College and clinical rotations through the Dartmouth Medical system in New England. With an undergraduate degree focused on transformational leadership and organizational development in healthcare systems, she currently serves as an Indian Health Service Geriatric Scholar and Indian Health Nurse Fellow. Her clinical practice specializes in managing care for the senior patient, facilitating goals of care conversations for complex patients and the caregivers/families supporting them, diabetes education, and health/ wellness coaching that integrates traditional healing practices. When not seeing patients in the clinic, efforts are spent as an educator on preventing and identifying elder abuse in tribal communities, navigating goal-aligned care with complex and aging tribal patients, or how to initiate and explore advance care planning and directives in tribal clinics. A frequently invited guest presenter at local and national health conferences, she is dedicated to improving personal experiences and health outcomes for Native American patients. Outside of work, Bethany can be found with her partner, who is a traditional Navajo silversmith, exploring farmer's markets, pow wows, Native artisan markets and events, antique stores, or a good film at the local theatre.







Jean Steel

Jean received her master's degree in wellness/mind/body health from California State University-Sacramento and a Bachelor of Arts degree from UC Santa Barbara. She has served on the faculty of Santa Barbara City College, Allan Hancock College, and Cal Poly San Luis Obispo. Her books include "I'd Like to Run Wild! a Wellness Action Guide" and "Need Change? Customer Service Tips to Grow from Good to Great!" Jean has a vast and loyal client portfolio, such as the American Heart Association, California Hospital Association, G3 Enterprises, Arizona Association of Counties, Georgia Institute on Aging, U.S. Women in Nuclear, International Association of Exhibitions and Events (IAEE), Central California Women's Conference, the YMCA, and countless other organizations. And years later, Jean still pays visits to Africa as often as possible while also giving back much of her time and profits to several local and global charities.



Gloria Yazzie

Gloria Yazzie, Case Management Specialist for assisted living residents under the Navajo Nation Division of Social Services and within the Department of Family Services with 19 years of experience working in public health. I am bilingual, English and Navajo language, and have certification in Navajo medical terminology. I am also a pharmacy technician, which is a plus for me because I can read prescription(s) and translate it into Navajo Language for the clients. I enjoy educating and using my skills to contribute to my current position.



Dr. Kimberly Yellow Robe, DHA, MBA

Kimberly is the Banner Health Plans Tribal Coordinator, Associate Director. In her role, she works with tribal communities and creates valuable partnerships providing resources, information and assistance to improve quality of life.





## SpeakUpAZ.org - It's Our Responsibility

As advocates for change, raising awareness is a crucial first step toward a safer environment. Through education, campaigns, and partnerships, we are working to ensure everyone is informed about the signs, effects, and prevention strategies of elder abuse.

The SpeakUpAZ.org website offers a comprehensive collection of resources, including helpline and hotline numbers, support services, legal guidance, and educational materials to help individuals navigate their unique situations and find the assistance they need.

Visit <u>SpeakUpAZ.orq</u> for more information.

To report elder abuse, call 877-767-2385, 877-815-8390 (TDD), or visit des.az.gov/ReportAdultAbuse.





### **Lessons Learned**

_
_
_
_
_
_
_
—
_
—
—
—
—
_





### **Lessons Learned**






### **Lessons Learned**

_
_
_
_
_
_
_
—
_
—
—
—
—
_





### **New Ideas**





### **New Ideas**





## **New Ideas**





# Items to Follow Up On





_
_
_
_
_
_
_
—
_
—
—
—
—
_









_
_
_
_
_
_
_
—
_
—
—
—
—
_






















## **Share Your Thoughts on Social Media!**

Elder abuse impacts everyone. What new actions will you and your team take away from this conference? We encourage you to take a photo in front of our backdrop in the exhibitor/registration area and share your thoughts on social media!

Start your answer with "After this conference, my team and I will ..."

Then post to social media using #WEAAD2024, #WEAAD, and #BeTheOne.



Equal Opportunity Employer / Program • Auxiliary aids and services are available upon request to individuals with disabilities • To request this document in alternative format or for further information about this policy, contact the Division of Aging and Adult Services at 602-542-4446; TTY/TDD Services 7-1-1 AAA-1310D PAMENG (6-24)