

## AREA AGENCY ON AGING CONTACT INFORMATION

The DES Division of Aging and Adult Services (DAAS) offers non-medical home and community-based services and supports for individuals ages 60 and older and anyone ages 18 and older with disabilities that qualifies through the local Area Agencies on Aging (AAA).

### Maricopa County

Area Agency on Aging, Region One  
24-Hour Senior Helpline: (602) 264-4357

### Pima County

Pima Council on Aging, Region Two  
Helpline: (520) 790-7262

### Yavapai, Coconino, Navajo, Apache counties

Area Agency on Aging, Region Three  
Phone: (877) 521-3500

### Mohave, La Paz, Yuma counties

Area Agency on Aging, Region Four  
(Mohave County)  
(928) 753-6247  
(La Paz, Yuma counties)  
(928) 782-1886 or (800) 782-1886

### Pinal and Gila counties

Area Agency on Aging, Region Five  
Phone: (520) 836-2758

### Cochise, Graham, Greenlee, Santa Cruz counties

Area Agency On Aging, Region Six  
Phone: (520) 432-2528

### Navajo Nation

Division of Aging and Long-Term Care Support  
(DALTCS) [ formerly the Navajo Area Agency on  
Aging (NAAA) ]  
Phone: (928) 871-6869

### Inter Tribal Council of Arizona

Area Agency on Aging, Region Eight  
Phone: (602) 258-4822

### For additional information:, you may write or call:

Department of Economic Security  
Division of Aging and Adult Services  
1789 W. Jefferson St., MD 6288  
Phoenix, AZ 85007

Phone: (602) 542-4446 • Fax: (602) 542-6655



## SAFETY, WELL-BEING, DIGNITY

Equal Opportunity Employer / Program • Auxiliary aids and services are available upon request to individuals with disabilities • To request this document in alternative format or for further information about this policy, contact the Division of Aging and Adult Services at 602-542-4446; TTY/ TDD Services 7-1-1 • Disponible en español en línea o en la oficina local

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## Home & Community Based-Services

The Division of Aging and Adult Services (DAAS) houses Arizona's State Unit on Aging. Since 1965, all State Units on Aging have administered the Older Americans Act in their respective states, and today it remains the cornerstone for services to older adults.

Empowering older adults and adults with disabilities and their families to make informed decisions and choices is central to the mission of all State Units on Aging. Through a state network of eight Area Agencies on Aging and service providers, a range of services are provided.

These services allow older adults to remain in their homes and communities, living with the dignity that they deserve, and typically cost a fraction of the price of institutional care options. There are no required fees, but voluntary contributions help sustain services.



Home and Community-Based Services (HCBS) is a case-managed service that uses a strength-based approach and integrates client preferences and goals to determine eligibility and need to authorize services and support.

The AAAs provide HCBS services, education, and opportunities for community engagement to older adults and their caregivers. These services often act as links to other resources that can enhance skills and empower individuals with knowledge and increased independence.

The following individuals are eligible to receive services based on availability of funding:

- Individuals 60 years of age or older
- Individuals under 60 years of age with a disability
- Family Caregivers as defined in the DAAS Policy and Procedures Manual

The services include, but are not limited to, the following for aging adults and those ages 18 and older with disabilities:

- Adaptive Aids and Devices
- Adult Day Care / Adult Day Health Care
- Attendant Care
- Case Management
- Nutrition Services
- Home Health Aide
- Home Nursing
- Home Repair and Adaptation
- Housekeeping / Homemaker Services
- Personal Care
- Respite and Supplemental Services for Family Caregivers