

STATE OF ARIZONA

Arizona Long Term Care System (ALTCS)

Member Handbook Update
February 13, 2015

Incontinence Briefs for Members in the ALTCS Program Who Are 21 Years of Age and Older

Incontinence briefs are covered when needed to treat a medical condition like a rash or infection. These briefs are also called adult diapers and pull-ups. Prior approval may be needed.

Starting on December 15, 2014, briefs are also covered to *avoid or prevent* skin breakdown for **members in the ALTCS program who are 21 years of age and older** when:

- You have a medical condition which causes incontinence. This is when the body is not able to control going to the bathroom, and
- The doctor gives you a prescription for the briefs, and
- No more than 180 briefs are needed in a month, *unless* the doctor shows that more than 180 briefs in a month are needed, and
- You get the briefs from the Health Plan's providers, and
- The doctor has gotten any needed approval from the Health Plan.