STEP PARENTING
Working together as a couple in a blended family.
Wed. 6:00 - 7:30 pm 04/09/14 - 04/30/14
*Class requires book ($15)

OWN IT FINANCIAL EDUCATION PROGRAM
Learn about money management and financial independence.
Wed. 6:00 - 8:00 pm 05/07/14 - 05/28/14

CHILDREN'S SELF DEVELOPMENT PLAY GROUPS
Bring your child and enjoy a variety of creative learning experiences.

Terroric Tots (walking-3 yrs)
Tues. 10:00 - 11:30am weekly

Playgroup (3-5 yrs)
Wed. 10:00 - 11:30am weekly

First Steps Together (for moms & babies birth-12 months)
1st & 3rd Thurs. 10:00 - 11:00am

CREATING CHARACTER (6-8 YRS)
Activities to enhance character for kids.
Wed. 6:00 - 7:30 pm 02/12/14 - 03/26/14

CREATING CHARACTER (9-11 YRS)
Activities to enhance character for kids.
Wed. 6:00 - 7:30 pm 04/02/14 - 05/07/14

CHILDREN IN CHANGE® (8-10 YRS) NEW
For children who are experiencing family change.
Wed. 6:00 - 7:30 pm 04/02/14 - 05/07/14

ANGER MANAGEMENT FOR THE FAMILY PARENTING WITH PATIENCE
Covers/explores anger and frustration related to parenting.
Wed. 6:00 - 7:30 pm 02/12/14 - 03/26/14

HUFFY HIPPOS
A skill building class for early signs of temper tendencies.
For kids ages 3-5 and their parents.
Wed. 5:30 - 7:00 pm 01/15/14 - 02/05/14

RAGING RHINOS
A skill building class for early signs of temper tendencies.
For kids ages 6-7 and their parents.
Mon. 6:00 - 7:30 pm 01/20/14 - 02/24/14
Mon. 6:00 - 7:30 pm 03/03/14 - 04/07/14
Mon. 6:00 - 7:30 pm 04/04/14 - 05/19/14

GROWLING GRIZZLIES
A skill building class for early signs of temper tendencies.
For kids ages 8-10 and their parents.
Mon. 6:00 - 7:30 pm 01/20/14 - 02/24/14
Mon. 6:00 - 7:30 pm 03/03/14 - 04/07/14
Mon. 6:00 - 7:30 pm 04/04/14 - 05/19/14

NEW PARENTS
EXPECTANT PARENT & INFANT CARE
Day 1 (Tues.): Calming a crying baby
Day 2 (Wed.): Basic infant care
Day 3 (Thurs.): Infant brain development
6:00 - 8:00 pm Februari 04, 5 & 6
6:00 - 8:00 pm April 8, 9 & 10

SERVICIOS EN ESPAÑOL
1, 2, 3, 4 PADRES
Un curso para mejorar sus habilidades como padre de familia. 1-4 años. *$15 - costo de libro
jueves 6:00 - 8:00 pm 02/20/14 - 03/27/14

PADRES ACTIVOS DE HOY!
Un curso para mejorar sus habilidades como padre de familia. 5-12 años. *$15 - costo de libro
jueves 6:00 - 8:00 pm 04/24/14 - 05/29/14

CERTIFICACIÓN DE RCP Y PRIMEROS AUXILIOS
El costo para los dos certificados es de $35 o $30 por solo RCP.
miercoles 5:30 - 9:00 pm 02/25/14

EXPERIENCIAS ADVERSAS DURANTE LA NIÑEZ
Comprenda los efectos de trauma infantil a largo plazo en su salud.
martes 6:00 - 8:00 pm 05/20/14

MALE CALL
ANGER MANAGEMENT FOR FATHERS
A class for men that explores anger and control related to parenting.
Wed. 6:00 - 8:00 pm 01/15/14 - 02/19/14
Wed. 6:00 - 8:00 pm 04/23/14 - 05/28/14

BOOT CAMP FOR NEW DADS®
Veteran dads and their newborn orient rookie dads expecting their first baby.
Sat. 9:00am - 12:00 pm 02/08/14
Sat. 9:00am - 12:00 pm 05/31/14

DADS DROP IN DISCUSSION GROUP
Wed. 6:00 - 7:30 pm weekly (No group on 5th Wednesdays)

PLAYTIME WITH DAD
For dads and their children to enjoy a variety of creative learning experiences.
3rd Sat. 10:00 - 11:30 am monthly (Ages 1 - 5 yrs)

The Arizona Relay Service provides free 24-hr phone access for the deaf, hard of hearing, deaf-blind, and speech impaired. TTH: 711 or 1.800.367.8539
Voice: 1.800.842.4681

Services are free because of funding from Arizona Republic Charities, Bob & Rene Parsons Foundation, Boeing Company, Child Abuse Prevention Fund, Child Abuse Prevention License Plate Fund, City of Chandler, City of Tempe, Eileen Fisher Community Partnership, Fiesta Bowl Charities, Ford Foundation, Fort McDowell Yavapai Nation, Freeport-McMoran Foundation, Nina Mason Pulliam Charitable Trust, Salt River Pima-Maricopa Indian Community Gaming Funds, Steele Foundation, TW Lewis Foundation, Town of Queen Creek, and Valley of the Sun United Way.
SINGLE PARENTING TODAY
Addresses challenges single parents face.
Tues. 6:00 - 8:00 pm 02/11/14

TEMPERAMENT
Learn the many ways children are different and how those differences affect family life.
Thurs. 10:00am - 12:00pm 02/13/14

WIRED FOR SUCCESS
Discover how infants and toddlers learn.
Thurs. 6:00 - 7:30 pm 02/13/14

CPR & FIRST AID
One night class certification in CPR/First Aid.
Cost is $35 for both or $30 for CPR or First Aid only.
Mon. 5:30 - 9:00 pm 02/17/14

RAISING HEALTHY SONS
21 tips for raising healthy sons.
Tues. 6:00 - 8:00 pm 02/25/14

UNDERSTANDING MATERNAL & PATERNAL PARENTING STYLES
Wed. 6:00 - 8:00 pm 03/05/14

DRUGS OF THE 21ST CENTURY
Wed. 6:00 - 8:00 pm 03/19/14

PARENT CAFÉ
Join the conversation on keeping your family strong and resilient.
Tues. 6:00 - 8:00 pm 03/25/14
Tues. 6:00 - 8:00 pm 05/26/14

ATTACHMENT & BONDING WITH INFANTS & TODDLERS
Wed. 6:00 - 8:00 pm 03/26/14
Thurs. 10:00am - 12:00pm 05/29/14

ADVERSE CHILDHOOD EXPERIENCES
Understand long-term effects on your health from childhood trauma.
Tues. 6:00 - 8:00 pm 04/01/14

STEWARDS OF CHILDREN
Prevent, recognize, and react responsibly to child sexual abuse.
Wed. 6:00 - 9:00 pm 04/02/14

INTERNET SAFETY & CYBERBULLYING
Learn how to help kids safely use the internet and social networking sites.
Thurs. 6:00 - 7:30 pm 04/03/14

TRIPLE P*, THE POWER OF POSITIVE PARENTING
Learn 5 core principles of positive parenting.
Tues. 6:00 - 8:00 pm 04/15/14

TRIPLE P*, RAISING CONFIDENT, COMPETENT CHILDREN
Parents learn positive parenting principles.
Tues. 6:00 - 8:00 pm 04/22/14

TRIPLE P*, RAISING RESILIENT CHILDREN
Parents learn how to teach children emotion regulation skills.
Tues. 6:00 - 8:00 pm 04/29/14

RAISING EMOTIONALLY HEALTHY CHILDREN
Tips for strengthening communication and self-expression with children.
Tues. 6:00 - 8:00 pm 04/29/14

PARENTING AND STRESS
Improve communication skills during stressful times.
Wed. 6:00 - 7:30 pm 05/07/14

POSITIVE DISCIPLINE AND GUIDANCE
Effective discipline techniques for families.
Tues. 6:00 - 8:00 pm 05/13/14

**Class or Support Group requires pre-registration
Pre-registration required for childcare.