

Family Psychoeducation 2015/2016

The Family Psychoeducation Evidence-Based Program

The SAMHSA Toolkit provides information that will assist families enhance their problem-solving, communication, and coping skills. When provided in the multifamily group format, ongoing sessions also help individuals and families develop social supports. The primary focus of the SAMHSA Toolkit is to provide:

-  Education about serious mental illnesses;
-  Information resources, especially during periods of crises;
-  Skills training and ongoing guidance about managing mental illnesses;
-  Problem solving; and
-  Social and emotional support.
-  Gaining an understanding of the Behavioral Health System in Maricopa.

In the Family Psychoeducation Program, the term family includes anyone the individual identifies as being supportive in the recovery process. For the Family Psychoeducation Program to work, individuals/families must identify supportive people they would like to involve in the Family Psychoeducation Program. Some individuals may choose a relative while others may identify a friend, employer, colleague, counselor, or other supportive person. Anyone who is supportive and acceptable to the individual is welcome to participate.

For more information or to enroll please contact:

Derrick McCoy, Family Support Program Manager 480-466-4326 or Derrick.mccoy@marccr.com

Lupe Silva, Adult Peer & Family Support Coordinator 602-679-1438 or Lupe.silva@marccr.com



TITLE	LOCATION	DATES/TIMES	
<i>Joining Session 1 (2hrs)</i> Introduction and getting to know each other, Understanding the program, Identifying concerns, and Reassuring family of HOPE	West Location	9/15/15	5:00pm - 7:00pm
	East Location	9/17/15	5:00pm - 7:00pm
<i>Joining Session 2 (2hrs)</i> Socializing, Sharing stories, struggles and success, Identifying what works well within the family and what does not, Experience with mental health system, and what we need to do to move forward	West Location	9/29/15	5:00pm - 7:00pm
	East Location	10/01/15	5:00pm - 7:00pm
<i>Joining Session 3 (2hrs)</i> Socialize, Identifying individuals & family personal strengths, interest or hobbies, and Goal setting with your loved one	West Location	10/13/15	5:00pm - 7:00pm
	East Location	10/15/15	5:00pm-7:00pm
<i>Introduction AZ Behavioral Health Care System</i>	West Location	11/03/15	5:00pm - 7:00pm
	East Location	11/05/15	5:00pm - 7:00pm
<i>What is Mental Illness Part 1 (2hrs)</i>	West Location	12/01/15	5:00pm - 7:00pm
	East Location	12/03/15	5:00pm - 7:00pm
<i>What is Mental Illness Part 2 (2hrs)</i>	West Location	12/29/15	5:00pm - 7:00pm
	East Location	12/31/15	5:00pm - 7:00pm
<i>Understanding Behaviors & Problem Solving</i>	West Location	1/19/16	5:00pm - 7:00pm
	East Location	1/21/16	5:00pm - 7:00pm
<i>Introduction to Mindfulness Part 1 (2hrs)</i>	West Location	2/9/16	5:00pm - 7:00pm
	East Location	2/11/16	5:00pm - 7:00pm
<i>Introduction to Mindfulness Part 2 (2hrs)</i>	West Location	3/01/16	5:00pm - 7:00pm
	East Location	3/03/16	5:00pm - 7:00pm
<i>Collaborative Communication (2hrs)</i>	West Location	3/22/16	5:00pm - 7:00pm
	East Location	4/24/16	5:00pm - 7:00pm
<i>Rights & Responsibilities (2hrs)</i>	West Location	4/12/16	5:00pm - 7:00pm
	East Location	4/14/16	5:00pm - 7:00pm
<i>Recovery & Resiliency and Community Resources & Connections (2hrs)</i>	West Location	5/03/16	5:00pm - 7:00pm
	East Location	5/05/16	5:00pm - 7:00pm

*** Please Note:

West Location is West Village; 3532 W. Thomas Rd., Suite #9, Phoenix 85019 Cross Streets are 35th and Thomas

East Location is Main Marc. 924 N Country Club Dr., Mesa, 85201, Building #1