



DEPARTMENT OF ECONOMIC SECURITY

*Your Partner For A Stronger Arizona*

## DIVISION OF DEVELOPMENTAL DISABILITIES

# DDD Member Update - September 2024

## Know Your Voting Rights for the Upcoming Election

In two months, the United States will vote for a new president in the General Election on November 5, 2024.

Arizona residents will also get to vote for a new senator, as well as many other local representatives.

Voting lets your voice be heard. It's a chance to have a say in how your representatives run your city, state, and country. **Make sure you're [registered to vote](#) by October 7, 2024 so you can vote in the 2024 General Election.**

If you're an Arizona resident, it's important to know your voting rights and form a plan to vote.

### Who Can Vote?

To vote in Arizona, you need to meet certain criteria. If you meet these criteria, you have a right to vote in Arizona elections.

The [Arizona Secretary of State website](#) says you are qualified to register to vote in the 2024 General Election if you:

- Are a United States citizen
- Will be 18 years old by November 5, 2024
- Have been an Arizona resident for at least 29 days before November 5, 2024
- Can write your name or make your mark, unless a physical disability prevents you from doing so
- Have not been convicted of treason or a felony, unless your civil rights have been restored
- Have not been found mentally incapacitated by a court

### Important Dates for Voting and Voter Registration

The [Arizona Secretary of State website](#) lists important deadlines for the upcoming General Election. Below are the most important dates for you to remember:

- **October 7, 2024** - The last day you can register to vote in the General Election. You can check your voter registration status at [my.arizona.vote](#). You can register to vote at [Service Arizona](#).
- **October 9, 2024** - Early voting begins. This means if you registered to get a ballot in the mail, it will be sent to you starting October 9, 2024.

- **October 25, 2024** - The last day the State can accept ballots by mail. This means if you are voting with a ballot you got in the mail, send it back BEFORE October 25, 2024.
- **November 5, 2024** - The day of the General Election. You can vote in-person on this day. If you got a ballot in the mail and never sent it back, you can also drop it off at a polling place on this day.

**If you receive your ballot in the mail, always remember to sign the envelope and include your phone number. Without your signature, the State won't count your vote.**

## **IDs Needed to Vote**

As a voter in Arizona, you're also called a "qualified elector." The [Arizona Secretary of State website](#) says you need to show proof of identity before voting in Arizona.

According to the [National Conference of State Legislatures](#), acceptable forms of ID for voting in Arizona include:

- Valid Arizona driver's license
- Valid Arizona non-driver identification
- Tribal enrollment card or other form of tribal identification
- Valid U.S. federal, state or local government issued identification
- Utility bill dated within 90 days of the election
- Bank or credit union statement dated within 90 days of the election
- Valid Arizona vehicle registration
- Indian census card
- Property tax statement
- Vehicle insurance card
- Recorder's certificate

If you register for an early ballot, you may need to provide identification at the time you sign up for early voting. If you vote in-person on Election Day, make sure to bring proper identification with you.

## **Where to Find Your Polling Place**

If you vote in-person on November 5, 2024 or drop off the ballot you got in the mail, you need to know your polling place. But where can you find it?

You can search for your polling place by typing your address into a [search engine on my.arizona.vote](#).

If you're having issues finding your polling place, contact your local [Election Official](#).

# PBS Training Now Available in Spanish from Raising Special Kids!

We've heard your feedback and we're excited to announce a new opportunity!

Raising Special Kids and the Division of Developmental Disabilities have teamed up to offer an extended Positive Behavior Support training (PBS), **NOW AVAILABLE IN SPANISH!**

This PBS training is a total of eight hours; four hours each on two consecutive days.

Classes are scheduled for:

- September 26 and 27 from 9:00 AM to 1:00 PM, here is the enrollment link: <https://raisingspecialkids.org/es/event/ddd-apoyo-al-comportamiento-positivo-2024-0926y27/>
- October 29 and 30 from 9:00 AM to 1:00 PM, here is the enrollment link: <https://raisingspecialkids.org/es/event/ddd-apoyo-al-comportamiento-positivo-2024-1029y30/>

Positive Behavior Support (PBS) is a research-based approach that emphasizes empathy, sensitivity, person-centered care, and inclusivity.

## Why should you enroll in PBS training?

1. **Empowering Families and Caregivers:** Learn practical tools and resources to support those with challenging behaviors and enhance the quality of life for your loved ones.
2. **Managing Challenging Behaviors:** Discover strategies to reduce difficult behaviors effectively.
3. **Building Stronger Connections:** Strengthen your relationships and boost your confidence in supporting individuals during tough times.

This training is offered at no cost to caregivers and families of members enrolled in the Division of Developmental Disabilities (DDD).

## DDD's Self-Care for Caregivers Conference Coming in October

DDD is hosting its second annual Self-Care for Caregivers Conference. This conference is for caregivers who support people with intellectual and developmental disabilities. This includes parents, family caregivers, and direct support professionals. There is no cost to attend.

The event will have presentations from experts in self-care and mental health. There will be speakers, workshops, and a variety of exhibitors. They will share information and resources. There will also be opportunities to network with others.

The conference's goals are to provide information about:

- Resiliency
- How to avoid burnout
- How to maintain mental, emotional, and physical well-being

Take the first step towards a happier, healthier you. We can't wait to see you there!

We ask that you only register to attend either the Tucson or Phoenix Conference, not both, in order to ensure access to as many participants as possible.

## Details

- **Tucson**
  - Where: Casino Del Sol - 5655 W Valencia Rd., Tucson, AZ 85757
  - When: October 3, 2024, from 8:00 a.m. - 5:00 p.m.
- **Phoenix**
  - Where: Desert Willow Conference Center - 4340 E Cotton Center Blvd., Phoenix, AZ 85040
  - When: October 16, 2024, from 8:00 a.m. - 5:00 p.m.

Visit the [Self-Care for Caregivers web page](#) for more details and to register.

## Supporting Education: The Arc of Arizona's Commitment to Students with Disabilities

The Arc has always fought for students with intellectual and developmental disabilities (IDD) to get the help they need in school. In 1975, The Arc helped pass the Individuals with Disabilities Education Act (IDEA), which made sure all schools must teach students with disabilities.

Today, The Arc@School provides training and resources to help families and others understand the special education system. The Arc@School's online advocacy curriculum teaches parents, teachers, and advocates the basics they need to support students and families. This includes information about IDEA, early intervention services, Individualized Education Programs (IEPs), Section 504, and more. This curriculum is available in both English and in Spanish and allows individuals to learn at their own pace.

IDEA explains the process of how schools should identify which children with disabilities need services and what kind of help they need. Knowing this process helps make sure students get the right support.

To further assist the community, for a limited time, The Arc of Arizona is offering free access to The Arc@School Curriculum for Spanish-speaking families in Tucson. This helps Spanish-speaking families understand the special education system better. This has been made possible from a grant through Comcast.

Learn more about the special education process and the rights of students and their families by visiting <https://arcarizona.org/the-arc-at-school/>. Together, we can help students with disabilities succeed.

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## Public Town Hall Meetings

DDD hosts town hall meetings for members, families and providers. You can join via the Internet or by telephone. Attendees can also ask questions. **The next town hall will be held on Thursday, October 3, 2024.** Visit <http://bit.ly/dddtownhall> for details to join.

## Community Resources

DDD has information for local, state, and national groups that support members and their families. The DDD website has links to many of these groups that can assist with day-to-day tasks and other services that that DDD may not cover. [Visit the community resources section of the DDD website to learn more](#) or the 2-1-1 Directory at <https://211arizona.org>.

## Arizona Warm Lines

Trained peer support specialists are available to provide help if you need it. These warm lines are available to all Arizonans ages 18 and older. Peer support specialists have lived experience with behavioral health challenges. They are trained to listen and support you.

Area Covered	Provider	Phone Number	Hours
All Arizona Counties	<a href="#">NAZCARE</a>	1-888-404-5530	4:30pm to 10:30pm Seven days per week
Central Arizona	<a href="#">Crisis Response Network</a>	602-347-1100	24 hours
Southern Arizona - Pima County	<a href="#">Hope, Inc</a>	520-770-9909	8am - 10pm Seven days per week, 365 days per year, holidays open 8am - 6pm
Southern Arizona - All Other Counties	<a href="#">Hope, Inc</a>	1-844-733-9912	8am - 10pm Seven days per week, 365 days per year, holidays open 8am - 6pm

The Family Involvement Center offers a warm line for family members. They offer support to family members that deal with behavioral health challenges. This service is also available at no cost.

- Statewide phone number: 1-877-568-8468
- Hours: Monday - Friday: 8:30am - 5:00pm

## Crisis Services

If you, a family member, or a friend have a mental health emergency, seek help right away. Trained crisis staff are available 24 hours a day, seven days a week to help via phone, text, or chat. The crisis lines are at no cost, confidential and open to anyone who needs help. For medical, police and fire emergency situations, always call 911.

### National 24-Hour Crisis Hotlines

#### Phone

- 988 Suicide & Crisis Lifeline: 988
- National Substance Use and Disorder Issues Referral and Treatment Hotline: 1-800-662-HELP (4357)

#### Text

- Text the word "HOME" to 741741
- Send a text to 988

#### Chat

- Chat link for 988: <https://988lifeline.org/chat>

#### Videophone

- Visit the [988 website](#) and look towards the bottom of the page where it states "ASL NOW."

#### For TTY Users

- Use your preferred relay service or dial 711 then 988

#### For those who are Deaf, hard of hearing, DeafBlind, and late-deafened, and their families

- Contact [DeafLEAD](#), which provides 24-hour videophone access to crisis interpreters and crisis intervention services
  - Voice Phone: (573) 445-5005
  - Video Phone: (573) 303-5604
  - Toll-Free Phone: (800) 380-DEAF
  - Text: HAND to 839863

### Arizona Statewide Crisis Hotline

- Phone: 1-844-534-4673 (HOPE)
- Text: 4HOPE (44673)
- Chat: [Chat with a Crisis Specialist](#)

## Suicide and Crisis Hotlines by County

- Apache Country: Arizona Complete Health - Complete Care Plan, 1-866-495-6735
- Cochise County: Arizona Complete Health - Complete Care Plan, 1-866-495-6735
- Coconino County: Care1st, 1-877-756-4090
- Gila County: Mercy Care, 1-800-631-1314
- Graham County: Arizona Complete Health - Complete Care Plan, 1-866-495-6735
- Greenlee County: Arizona Complete Health - Complete Care Plan, 1-866-495-6735
- La Paz County: Arizona Complete Health - Complete Care Plan, 1-866-495-6735
- Navajo County: Care1st, 1-877-756-4090
- Maricopa County: Mercy Care, 1-800-631-1314
- Mohave: Care1st, 1-877-756-4090
- Pima County: Arizona Complete Health - Complete Care Plan, 1-866-495-6735
- Pinal County: Mercy Care, 1-866-495-6735
- Santa Cruz County: Arizona Complete Health - Complete Care Plan, 1-866-495-6735
- Yuma County: Arizona Complete Health - Complete Care Plan, 1-866-495-6735
- Yavapai County: Care1st, 1-877-756-4090
- Ak-Chin Indian Community: 1-800-259-3449
- Gila River Indian Community: 1-800-259-3449
- Salt River Pima Maricopa Indian Community: 1-855-331-6432
- Tohono O'odham Nation: 1-844-423-8759

## Especially for Teens

- Teen Life Line phone or text: 602-248-TEEN (8336)

## Especially for Veterans

- Veterans Crisis Line: 988 (press 1)
- Be Connected: 1-866-4AZ-VETS (429-8387)

## Report Fraud, Waste or Abuse

Medicaid fraud, waste and abuse (FWA) are crimes. Report fraud, waste, and abuse right away. You will not get in trouble or lose services if you report any suspected fraud, waste, or abuse.

### You can report FWA to DDD by:

- Calling DDD at 1-877-822-5799
- Sending an email to [dddfwa@azdes.gov](mailto:dddfwa@azdes.gov)
- Sending a letter to DES/DDD, Attn: Corporate Compliance Unit, 1789 W Jefferson St., Mail Drop 2HA1, Phoenix, AZ 85007
- Completing this [online form](#).

### You can also report FWA to AHCCCS

- AHCCCS online reporting form for FWA: <https://www.azahcccs.gov/Fraud/ReportFraud/onlineform.aspx>
- Provider Fraud
  - In Arizona: 602-417-4045
  - Outside Arizona: 1-888-ITS-NOT-OK (1-888-487-6686)
- Report Member Fraud:
  - In Arizona: 602-417-4193
  - Outside Arizona: 1-888-ITS-NOT-OK (1-888-487-6686)
- If you have questions about AHCCCS fraud, abuse of the program, or abuse of a member, email the AHCCCS Office of Inspector General (OIG) at [AHCCCSFraud@azahcccs.gov](mailto:AHCCCSFraud@azahcccs.gov).

## Stay Up to Date

Previous versions of OIFA newsletters are available to view on DDD's website. Visit the [Member Services](#) page and click on the "Member Newsletters" section.

## DDD is Here to Help

Please contact your Support Coordinator or the DDD Customer Service Center at 1-844-770-9500 ext. 1 (TTY/TDD 711) if you have questions.

Call the DDD Customer Service Center at 1-844-770-9500 ext. 1, TTY/TDD 711, to ask for this material in other formats. Language help is available at no cost to you.