

CHAPTER 10 - REFERRALS TO SPECIALISTS

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For DDD American Indian Health Program (AIHP) members, providers need to receive a prior authorization in order to see a specialist; however, they do not necessarily need to receive a referral from their PCP. A prescription is required for any medical service, including but not limited to, durable medical equipment, nutrition, and prescription medications.

The Division's Health Plans vary in their policy and procedures regarding referrals to a specialist. Providers are expected to follow these policies and procedures.

For AHCCCS eligible members, behavioral health services are available through the Regional Behavioral Health Authority (RBHA). No referral is required to initiate these services. The Division expects providers to assist members in initiating these services. The provider must notify the Support Coordinator when assistance to initiate these services has been provided.