



## DEPARTMENT OF ECONOMIC SECURITY

Your Partner For A Stronger Arizona

# DIVISION OF DEVELOPMENTAL DISABILITIES

## Member Update - January 2020

### Be Sun Wise

Whether you enjoy the snow in the high country or the picture perfect weather in the deserts, Winter is a great time to be outdoors in Arizona. The sun's rays are just as dangerous in the Winter as they are in the Summer. You can spend all day outside in the cool weather and still get a sunburn. Using sunscreen, wearing a hat and sunglasses, and covering up can help protect against sun damage. Learn more about sun safety from the [Arizona Department of Health Services](#).

### Carbon Monoxide Safety



Carbon monoxide deaths in Arizona spike during colder months. Many homes use gas furnaces or other sources of heating including fireplaces and generators. Carbon monoxide detectors can save your life. Ensure adequate ventilation for fireplaces. Never use a generator indoors or near an open window. Install carbon monoxide detectors in central locations in your home. Move to an area with fresh air if the carbon monoxide alarm goes off and call 911.

### Affordable Housing

DDD now has affordable housing options available in both Maricopa and Pima counties. Availability is limited and a waitlist exists for all properties. Applicants need to:

- Be eligible for DDD and Arizona Long Term Care Services (ALTCS)
- Be between the ages of 18-61
- Have a current Individual Support Plan (ISP)
- Meet financial eligibility and Housing and Urban Development (HUD) requirements

Members may be able to live with family, friends, or on their own.

Contact your Support Coordinator or e-mail

[DDDHousingGeneralInfo@azdes.gov](mailto:DDDHousingGeneralInfo@azdes.gov) if you are interested in learning more.





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## **DDD Town Hall Meetings**

DDD is hosting Town Hall meetings in all districts twice a year. DDD will present details about Division initiatives and other news. This includes sharing the results from the Raising Special Kids forums held in Spring 2019. We are also asking for member, family and provider feedback about Division initiatives and issues important to them. See the schedule on the DDD website for dates, locations and times.

## **Like DDD On Facebook**

Like DDD on Facebook, [@OfficialArizonaDDD](#), and stay connected to the latest news from DDD.

## **Councils and Committees**

There are many ways you can volunteer and positively impact the DD community. Visit the [DDD website](#) to see all the councils and committees you can volunteer to be on.

## **DDD is Here to Help**

Please contact your Support Coordinator or the DDD Customer Service Center at 1-844-770-9500 ext. 1 (TTY/TDD 711) if you have questions.

Call the DDD Customer Service Center at 1-844-770-9500 ext. 1, TTY/TDD 711, to ask for this material in other formats. Language help is available at no cost to you.