

RESPIRE

Service Description

H048-JN

A service that provides short-term care and supervision consistent with the health needs of the person to supplement care to provide a safe living environment and/or to support or relieve caregivers for the benefit of the person.

Services are provided as a planned or unplanned non-routine interval of rest and/or relief to a family member or other unpaid person who resides with and provides ongoing care for a consumer.

Service Requirements and Limitations

1. This service may be provided in the following settings:
 - 1.1 The consumer's home;
 - 1.2 Any community site inspected and approved by the Department of Economic Security;
 - 1.3 The home of the Qualified Vendor or direct service staff that has been inspected and approved by the Department of Health or the Department of Economic Security;
 - 1.4 A group home or developmental home (child or adult) licensed by the Department of Economic Security;
 - 1.5 A Medicare/Medicaid certified nursing facility; or
 - 1.6 A certified ICF/MR.
2. When services occur in any setting other than the consumer's home, the setting must meet all licensing, certification, and inspection requirements.
3. If out-of-home respite is provided in a licensed facility, the facility shall not provide services to more individuals than its license allows.
4. This service shall not be provided when the consumer is hospitalized.
5. This service shall not be provided to consumers living in group homes, vendor supported developmental homes (child or adult), skilled nursing facilities, non-state operated ICFs/MR, or Level I or Level II behavioral health facilities, or to consumers living independently.

6. The annual limit for respite services is 720 (seven hundred and twenty) hours.

Service Goals and Objectives

Service Goals

1. To provide relief to a family member or person caring for a consumer.
2. To provide supervision either in or outside of the home, as well as supporting the emotional, physical and mental well being of the consumer.

Service Objectives

The Qualified Vendor shall ensure that the following objectives/outcomes are met:

1. Determine the consumer's routine plan of care from the consumer's caregiver.
2. As identified in the consumer's Individual Support Plan (ISP) and/or routine plan of care, provide respite care and service to the consumer.
 - 2.1 Provide for the social, emotional and physical needs of the consumer.
 - 2.2 Ensure that the consumer receives medication as prescribed.
 - 2.3 Provide first aid and appropriate attention to injury and illness.
 - 2.4 Ensure provision of food to meet daily dietary needs. Therapeutic diets requiring specialized ingredients or food supplements will be supplied by the family.
 - 2.5 Assist the consumer in utilizing transportation to support the consumer in all daily living activities, e.g., day treatment and training, employment situation, medical appointments, visits with family and friends, and other activities.
 - 2.6 Carry out any programs identified in the consumer's ISP and/or routine plan of care.

Service Utilization Information

1. The amount of respite is determined on a yearly basis through the ISP process not to exceed the amount set by Federal or State Medicaid rules, 720 (seven hundred and twenty) hours.
2. The ISP team shall decide, prior to the delivery of services, who and how service delivery will be monitored.

3. When families have more than one (1) consumer eligible for Respite from the Division and all will be receiving Respite at the same time, the hours will be deducted from the authorized level of Respite for each consumer.
4. Families receiving Respite for consumers who wish other non-eligible individuals to receive care will be responsible for the costs of serving the non-eligible individual. The Division will only pay for services delivered to consumers authorized to receive such service. If the non-eligible individual(s) are utilizing the same caregiver, the applicable multiple client rate would apply for the eligible consumers. For example, if two (2) consumers were eligible and a third (3rd) individual was sharing the direct service provider, the three (3) person multiple client rate would be the proper rate for the two (2) eligible consumers, not a two (2) person rate.
5. The Qualified Vendor shall not serve, at one time, more individuals than can safely be provided for, and not more than three (2) people by one (1) direct service staff person, giving considerations to compatibility (e.g., age, diagnoses, behavior, sex, etc.).
6. Consumers shall be in the care of a certified/contracted Respite provider at all times while in Respite service. The consumer will not be transferred to another certified/contracted Respite provider without the consent of the parent/consumer's representative.

Rate Basis

Published. The published rate is based on one (1) hour of direct service.

Throughout the term of the contract, the appropriate billing codes, billing units, and associated billing rules are subject to change. All billing codes and billing units, and associated billing rules will be included in the Division's Policies and Procedures Manual, Billing Manual, RateBook, and/or other provider resources made available by the Division.

Direct Service Staff Qualifications

1. All direct service staff must have at least three (3) months experience in providing assistance to an individual to meet essential personal physical needs as described in R6-6-1529 ("such as showering, bathing, toileting, and eating").
2. Direct service staff must have the ability to provide assistance to a consumer to meet essential personal, physical and homemaking needs. This ability includes social, physical and emotional fitness.

Direct Service Training Requirements

See Section 5.3.5—Direct Service Training Requirements.

Recordkeeping and Reporting Requirements

1. The Qualified Vendor shall maintain on file proof of hours worked by their direct service staff, e.g., staff time sheets. Each time sheet document must be signed by the consumer/ family/consumer's representative after service delivery to verify hours of service.
2. The Qualified Vendor shall maintain data that documents full compliance with all programmatic and contractual requirements of the Department and the Division.