

## **HABILITATION, MUSIC THERAPY**

### **Service Description**

**HP16-00**

Services provide a variety of interventions designed to maximize the functioning of persons with developmental disabilities. Services may include, but are not limited to: habilitative therapies, special developmental skills, behavior intervention and sensorimotor development.

This service is provided in response to habilitation functional outcomes identified by the Individual Support Plan (ISP) team which may be achieved through the utilization of music as a modality. This service must be provided by a Board Certified Music Therapist.

### **Service Requirements and Limitations**

1. This service may be provided in the following settings:
  - 1.1 The consumer's home, or
  - 1.2 The consumer's community.
2. This service shall not be provided while the consumer is attending day treatment and training.
3. This service shall not be provided when the consumer is hospitalized.
4. This service shall not be provided in conjunction with a daily habilitation service.

### **Service Goals and Objectives**

#### Service Goals

Facilitate the removal of barriers related to social interaction and independent functioning through the techniques available from a music therapist.

#### Service Objectives

The Qualified Vendor shall ensure the following are met:

1. Conduct an assessment of the consumer's strengths and needs concentrating on the concerns identified by the ISP. Areas of testing may include but are not limited to: social interactions, language, speech and communication skills, sensory-motor skills, sensory perception, cognitive function and skills to manage emotional expression.
2. In accordance with the consumer's ISP process, assist in developing individualized support methodologies, including:

- 2.1 Establishing individualized, time-limited training objectives/functional outcomes that are based on assessment data and input from the consumer and the consumer's representative that will allow the consumer to achieve his/her long term vision.
- 2.2 Developing strategies for habilitative functional outcomes within thirty (30) business days after initiating service. The specific training strategy for each objective/outcome shall identify the schedule for implementation, frequency of services, data collection methods, and teaching strategies.
- 2.3 Based upon the presence or absence of measurable progress, making changes to specific training objective/outcome(s) and/or strategies, as agreed upon by the ISP team.
3. As identified in the consumer's ISP, provide training and/or assistance.
4. As identified in the consumer's ISP, provide training and/or assistance to the consumer's family/consumer's representative to increase and/or maintain targeted skill acquisition of the consumer.
  - 4.1 With input from the consumer, the consumer's representative, and his/her significant others, develop strategies for habilitative functional outcomes that can be carried out in context of the consumer's daily routine.
  - 4.2 Communicate with the family/consumer's representative regarding how the support methodologies are working when staff is not present.
  - 4.3 Based upon the presence or absence of measurable progress, make changes to specific training objective/outcome(s) and/or strategies, as agreed upon by the ISP team.
5. Service delivery planning includes consideration of the following aspects:
  - 5.1 Criteria for reassessment;
  - 5.2 Criteria for fading as appropriate;
  - 5.3 The potential for developing and maintaining self-help, socialization and adaptive Skills;
  - 5.4 Respect for the consumer's preferences, favorite activities, and their lifestyle choices, etc.;

- 5.5 The potential for developing useful techniques and skills of other caregivers to the consumer's benefit; and
- 5.6 The potential for increasing the consumer's social contacts, friends and colleagues.
6. At least one direct observation for each new direct care staff is made by the qualified vendor within the first 90 (ninety) days of hire with the direct care staff present.
7. Each direct care staff is trained and oriented to implement the ISP and applicable behavioral plan for the consumer, and follows the protocols for handling and reporting incidents to the Division.

### **Service Utilization Information**

1. Typical usage is one (1) hour per week.
2. The ISP team shall decide, prior to the delivery of services, who and how service delivery will be monitored.

### **Rate Basis**

Published. The published rate is based on 1 hour of direct service.

Throughout the term of the contract, the appropriate billing codes, billing units, and associated billing rules are subject to change. All billing codes and billing units, and associated billing rules will be included in the Division's Policies and Procedures Manual, Billing Manual, RateBook, and/or other provider resources made available by the Division.

### **Direct Service Staff Qualifications**

Direct service staff must:

1. Have at a minimum, a Bachelors of Science, Bachelors of Art in Music Therapy, or a Bachelor of Music degree.
2. Have completed all educational and clinical training requirements as required by the American Music Therapy Association inclusive of a six (6) month internship at an approved site as well as pre-clinical hours completed during their academic coursework; and
3. Currently hold the MT-BC credential as issued by the Certification Board for Music Therapists.

## **Recordkeeping and Reporting Requirements**

1. The Qualified Vendor shall submit the teaching strategies to the support coordinator ten (10) business days after the initiation of service for ISP team review.
2. The Qualified Vendor shall submit quarterly progress reports, including a written summary describing the specific service activities and the performance data that identifies the consumer's progress toward achievement of the established functional outcomes, within thirty (30) days after the close of the quarter to the consumer's support coordinator and the consumer/family/consumer's representative.
3. The Qualified Vendor shall maintain on file proof of hours worked by their direct service staff, e.g., staff time sheets. Each timesheet or equivalent document must be signed by the consumer/family/consumer's representative as verification of hours served.
4. The Qualified Vendor shall maintain data that demonstrates full compliance with all programmatic and contractual requirements of the Department and the Division.