

## Important Numbers

Primary Care Provider Name:

Primary Care Provider Number:

Durable Medical Equipment Supplier:

Durable Medical Equipment Supplier  
Phone Number:



[des.az.gov](http://des.az.gov)



1-844-770-9500



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DDD-1732A PAMPD (11-18)



**Incontinence  
Briefs for  
Adults 21 Years  
and Older**



## Incontinence Briefs for Adults

Incontinence briefs are an Arizona Long Term Care (ALTCS) covered service when needed to treat a medical condition and to prevent skin breakdown. They are also called adult diapers and pull ups. No more than 180 briefs are provided each month. If more are needed, the doctor must get approval from the health plan.

Incontinence is when the body is not able to control going to the bathroom. Medical conditions with significant challenges that may cause incontinence could be:

- Autism
- Cerebral Palsy
- Cognitive Disability/Intellectual Disability
- Epilepsy

Incontinence briefs should not be used in place of using the restroom.



## Who Can Get Incontinence Briefs?

Members who:

- are ALTCS eligible
- are 21 years of age or older
- have a medical condition which causes incontinence.

## How Does an Eligible Member Get the Incontinence Briefs?

- The doctor writes and submits a prescription for the briefs, and
- The doctor has the needed approval from your health plan, and
- The DDD/ALTCS health plan provider sends the member the briefs.



## Who to Contact

If you or your prescribing physician have questions, contact your health plan's liaison.

### AIHP

Marlene Cole, LPN  
Annette Lennon, LPN  
602-771-8994

**Care 1st Health Plan**  
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