## **Important Numbers**

Primary Care Provider Name:

Primary Care Provider Number:

Durable Medical Equipment Supplier:

Durable Medical Equipment Supplier Phone Number:







Equal Opportunity Employer / Program • Auxiliary aids and services are available upon request to individuals with disabilities • To request this document in alternative format or for further information about this policy, contact the Division of Developmental Disabilities Customer Service Center at 1-844-770-9500; TTY/TDD Services: 7-1-1 • Disponible en español en línea o en la oficina local

DDD-1732A PAMPD (11-18)



Division of Developmental Disabilities



Incontinence Briefs for Adults 21 Years and Older

# Incontinence Briefs for Adults

Incontinence briefs are an Arizona Long Term Care (ALTCS) covered service when needed to treat a medical condition and to prevent skin breakdown. They are also called adult diapers and pull ups. No more than 180 briefs are provided each month. If more are needed, the doctor must get approval from the health plan.

Incontinence is when the body is not able to control going to the bathroom. Medical conditions with significant challenges that may cause incontinence could be:

- Autism
- Cerebral Palsy
- Cognitive Disability/Intellectual Disability
- Epilepsy

Incontinence briefs should not be used in place of using the restroom.





## Who Can Get Incontinence Briefs?

Members who:

- are ALTCS eligible
- are 21 years of age or older
- have a medical condition which causes incontinence.

## How Does an Eligible Member Get the Incontinence Briefs?

- The doctor writes and submits a prescription for the briefs, and
- The doctor has the needed approval from your health plan, and
- The DDD/ALTCS health plan provider sends the member the briefs.

# Who to Contact

If you or your prescribing physician have questions, contact your health plan's liaison.

### AIHP

Marlene Cole, LPN Annette Lennon, LPN 602-771-8994

#### Care 1st Health Plan www.care1staz.com

Ivette Blaise 602-778-1535 iblaise@Care1staz.com

Member Services 602-778-1800 1-866-560-4042

#### Mercy Care www.mercycareaz.org

Janet Holtz 602-453-6026 holtzj@mercycareaz.org

Member Services 602-263-3000

### United Healthcare Community Plan www.uhccommunityplan.com

Ebony Holt 602-255-8222 Ebony\_Holt@uhc.com

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Member Services 800-348-4058