



# YOUR BENEFITS ARE GOING UP!

The new federal name for the Food Stamps Program is **SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)**

In Arizona, **SNAP** is called **Nutrition Assistance (NA)**

## Why are my benefits going up?

- There is a new law called the American Recovery and Reinvestment Act of 2009. You might have heard it called the stimulus package.
- Because of the law, you get more Nutrition Assistance (NA) benefits.

## How do I get the extra benefits?

- You get the extra benefits starting April 2009.
- The extra benefits will be added automatically to your EBT card. You do not have to do anything.

## How can I use the extra benefits?

- Use your extra benefits to buy food at your grocery store.
- In some places, NA also offers nutrition education to help you and your family learn to choose healthy food on a budget, and ways to be more active.

## How much extra do I get?

- Some households with 1 or 2 people who receive the minimum benefit of \$14 a month may get \$16 a month.
- Others may get up to 13.6% more NA benefits.

