

Pre-Employment Transition Services

No Cost Service to Help Youth Prepare for Success!

The Arizona Department of Economic Security (DES) Vocational Rehabilitation (VR) program offers Pre-Employment Transition Services (Pre-ETS) to help Arizona's youth prepare for the workforce.

WHAT

Pre-ETS are workshops that cover five employment-related topics: Job Exploration, Post-Secondary Education/Training Counseling, Work Readiness (including social and independent living skills), Work-Based Learning, and Self-Advocacy Skills.

WHO

Youth with any kind of disability between the ages of 14 and 22 who are in an education program. Education programs can include high school (public, private, or charter), home-schools, college, a GED program, or vocational education program. Youth who are not VR clients can receive Pre-ETS as participants known as "potentially eligible" youth.

HOW

Anyone can refer youth to VR for Pre-ETS services by completing the Pre-Employment Transition Service Request form located on [our website](#), and emailing it to RSATransition@azdes.gov. If youth are within the age range and have a disability, DES staff from the Rehabilitation Services Administration (RSA) will contact the requestor to determine which vendor they wish to use.

WHERE

Community service providers under contract with VR can provide Pre-ETS services to youth participants in their facilities or community spaces including schools, churches, libraries, community colleges or universities.

What can I expect from a Pre-Employment Transition Service Workshop?

- ✓ **Job Exploration:** Identify employment interests, develop career awareness, and hear from career speakers;
- ✓ **Work Readiness:** Practice job interview techniques, money management, manners in the workplace, and/or non-verbal communication;
- ✓ **Post-Secondary Education/Training Counseling:** Learn how to complete a federal student aid application, explore scholarship and post-secondary education opportunities;
- ✓ **Work-Based Learning:** Explore apprenticeship programs and volunteer opportunities;
- ✓ **Self-Advocacy Skills:** Learn about disability disclosure on the job, how to improve self-advocacy skills, and how to ask for help/accommodations at work.

The Pre-ETS request form is located on our webpage: <https://des.az.gov/services/employment/rehabilitation-services/vocational-rehabilitation-vr/pre-employment-transition>

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