



Child Care Resource Guide

The Department of Economic Security now has a waiting list for child care assistance. For more information on the waiting list, please visit des.az.gov/child-care-assistance, or scan the QR code above. The waiting list is in place due to increased demand and limited funding. There are resources to support families while waiting for child care assistance.

CCR&R

Child Care Resource and Referral (CCR&R) is a FREE statewide program that can assist families in locating child care and other resources.

Call - 1-800-308-9000

azccrr.com

Monday - Friday: 8:00am to 6:00pm

Saturday: 8:00am to 12:00pm

Se habla Español

Arizona Head Start

Head Start serves children and their families who earn less than 100% of the federal poverty level (\$25,820 for a family of three). Head Start provides early education for:

- 3-5 year old children
- Parent involvement and family support
- Comprehensive health and nutrition education for children

Early Head Start serves women who are pregnant and children birth to 3 years old.

eclkc.ohs.acf.hhs.gov/center-locator

First Things First

First Things First partners with families and communities to help young children be ready for success in kindergarten and beyond.

firstthingsfirst.org/

Quality First Scholarships, provided by First Things First, help low-income families afford quality early care and education for their young children. A limited number of these scholarships are available for children birth through age 5 through child care and preschool programs that are enrolled in Quality First.

For more help, contact the Quality First Scholarships team at Valley of the Sun United Way at 1-866-973-0012 or by email at regionalscholarships@vsuw.org.

Other Financial Supports

State and federal tax credits can also help families offset some of the costs of child care. Employers may offer Dependent Care Flexible Savings Accounts where families can save pre-taxed dollars.

Check with child care programs to see if they offer reduced rates for having more than one child enrolled or discounts based on family income, employer, and more.



Become a Child Care Provider

The Department of Economic Security (DES) certifies family child care providers to care for up to four children in their home. Enjoy a career that allows you to work with your children while making a difference for your community.

To learn more about becoming an in-home provider visit: <https://www.azccrr.com/providers-needed>

DES Family Support Resources

The Arizona Department of Economic Security (DES) is Your Partner for a Stronger Arizona. We are committed to supporting Arizona communities, offering a helping hand to individuals and families in need, so everyone has the opportunity to thrive. Learn more about DES programs and services at des.az.gov.

Temporary Assistance for Needy Families (TANF)

Helps families meet their basic needs for well-being and safety, and serves as their path to self-sufficiency. The program provides temporary cash benefits and supportive services to the neediest of Arizona's children and their families. <https://des.az.gov/ca>

LIHEAP helps low-income households pay their heating/cooling bills, minimize crises, and make energy costs more affordable.

des.az.gov/liheap

Supplemental Nutrition Assistance Program (SNAP)

Provides eligible households with monthly benefits they can use to purchase nutritious food. By helping families fight food insecurity and meet one of their fundamental needs, they can focus on overcoming barriers to self-sufficiency. des.az.gov/na

Arizona Supplemental Nutrition Program for Women, Infants, and Children (WIC)

Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services to pregnant, breastfeeding, and postpartum women; infants; and children under the age of five who are determined to be at nutritional risk. azdhs.gov/prevention/azwic/

AzEIP

The Arizona Early Intervention Program (AzEIP) is a statewide program that provides supports for families of infants and toddlers, birth through two years of age, with disabilities or delays. Families can contact AzEIP if they have concerns about how their child: plays or interacts with others, learns, communicates, moves, sees, or hears. des.az.gov/azeip.

AHCCCS

Arizona's Medicaid agency that offers health care programs to individuals and families that meet certain income and other requirements to obtain services. To apply, visit healtharizonaplus.gov

For more information, visit des.az.gov/ma



Family Support Resources

Birth to Five Helpline

The Birth to Five Helpline is a FREE service for all families with young children looking for the latest child development information from experts in the field.

Call 877-705-KIDS (5437)

swhd.org/programs/health-and-development/birth-to-five-helpline/

Arizona Self Help

Arizona Self Help is a FREE and easy way for families to find out if they can receive help from 40 different health and human services programs. By completing an online survey, families can be matched to programs that may be able to assist them. arizonaselfhelp.org

2-1-1 Arizona

The 2-1-1 Arizona Information and Referral Service operates 24 hours per day, seven days per week and every day of the year. 2-1-1 Arizona operators help individuals and families find resources that are available to them locally, throughout the state, and provide connections to critical services that can improve and save lives.

Call - 211 | 211arizona.org

Together for Arizona

Together for Arizona brings partners together to design and implement solutions to improve child and family well being.

The T4AZ Family Support Chatbot connects Arizona families with essentials they need including food, clothing, phones and more. Visit togetherforaz.org/chatbot for FREE, anonymous support in English & Spanish. togetherforaz.org/

The Strong Family Toolkit helps support family resilience and connect families with resources.

togetherforaz.org/toolkit/