

PERSON-CENTERED SERVICE PLAN SUPPLEMENT TO THE INDIVIDUALIZED FAMILY SERVICE PLAN

III. PREFERENCES AND STRENGTHS

- a. Medical Supports and Information
- b. Medications
- c. Preventative Screening Services

VII. SERVICES AUTHORIZED

- a. Paid Services / Supports
- b. Non-paid Supports

VIII. IDENTIFICATION OF RISKS

IX. RISK ASSESSMENT

XI. ACTION PLAN

XII. INFORMED CONSENT

XIII. NEXT MEETING INFORMATION

Member Name:

Date of Birth:

AHCCCS ID #:

Date of Meeting:

MEDICAL/DENTAL/BEHAVIORAL PROVIDER INFORMATION (Continued):

PROVIDER NAME/ADDRESS	PHONE NUMBER	PROVIDER SPECIALTY	LAST VISIT	NEXT VISIT	TRANSPORTATION OR COMPANION CARE NEEDED?

Do you use alternative, traditional, or holistic healing? Yes No

SUMMARY OF DISCUSSION (Include effective dates of any changes to insurance coverage or providers):

Member Name: _____

Date of Birth: _____

AHCCCS ID #: _____

Date of Meeting: _____

Additional Provider and Support Information

REVIEW PROVIDER AND SUPPORT INFORMATION FOR CHANGES:

Has your provider and support information changed since the last meeting? Yes No

Has Provider?		Provider Type	Provider Agency	Provider Name	Contact Information
Yes	N/A	Assisted Living Facility			
Yes	N/A	Behavioral Health Services			
Yes	N/A	Community Health Representative			
Yes	N/A	Day Program/Adult Day Health Care			
Yes	N/A	Direct Care Services*			
Yes	N/A	Emergency Alert Service			
Yes	N/A	Habilitation			
Yes	N/A	Habilitation Residential (Group Home – GH, Adult Developmental Home – ADH, Child Developmental Home – CDH)			
Yes	N/A	Hemodialysis			
Yes	N/A	Home-Delivered Meals			
Yes	N/A	Hospice/Palliative Care			
Yes	N/A	Nursing			
Yes	N/A	Nutrition			
Yes	N/A	Occupational Therapy			
Yes	N/A	Physical Therapy			
Yes	N/A	Public Health Nurse			

Member Name: _____

Date of Birth: _____

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Date of Meeting: _____

Has Provider?		Provider Type	Provider Agency	Provider Name	Contact Information
Yes	N/A	Respite			
Yes	N/A	Senior Programs			
Yes	N/A	Skilled Nursing Facility / Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-ID)			
Yes	N/A	Speech Therapy			
Yes	N/A	Vocational Rehabilitation			
Yes	N/A	Work Program			
Yes	N/A	Other:			

**Attendant care, Personal care, Homemaker*

Member Name: _____

Date of Birth: _____

AHCCCS ID #: _____

Date of Meeting: _____

MEDICAL OR ADAPTIVE EQUIPMENT	WHAT IS THE EQUIPMENT USED FOR?	HOW OFTEN IS IT USED?	WHO IS PROVIDING EQUIPMENT?

Has there been a change to your medical supplies since the last meeting? Yes No

List all covered medical supplies:

MEDICAL SUPPLIES	WHAT ARE THE SUPPLIES USED FOR?	HOW OFTEN ARE THEY USED?

Height (*inches*): _____

Estimated date recorded: _____

Not Available

Weight: _____

Estimated date recorded: _____

Not Available

Body Mass Index (BMI) (*pediatric members*): _____

Document body mass index education for pediatric members (*if applicable*): _____

Member Name: _____ Date of Birth: _____ AHCCCS ID #: _____ Date of Meeting: _____

PREVENTATIVE SCREENING SERVICES

Have you had any of the following preventive services in the last year?

- | | |
|---|---|
| Annual Eye Exam/Dilated Retinal Exam (DRE) | Hemoglobin A1c (HbA1c) |
| Blood Pressure Screening | Hearing Test |
| Cancer Screening | Lipid Profile/Cholesterol Screening |
| Cervical Screening | Mammogram Screening |
| Colon Cancer Screening | Osteoporosis Screening |
| Dental Exam | Prostate Screening |
| Early and Periodic Screening, Diagnostic and Treatment (EPSDT) (<i>refer to periodicity schedule</i>) | Sexually Transmitted Disease (STD) Education/Awareness/Protection |
| Family Planning Screening | Other: _____ |
| General Health Exam | Other: _____ |

SUMMARY OF DISCUSSION:

Flu Vaccination: No Yes Date: _____

Pneumonia Vaccination: No Yes Date: _____

Have you stayed overnight as a patient in a hospital? Yes No

Have you gone to the Emergency Room for care and were not admitted to the hospital (including 23 hours observation)?

Yes No *If yes, describe frequency and circumstances:*

Member Name: _____ Date of Birth: _____ AHCCCS ID #: _____ Date of Meeting: _____

Do you have any surgeries/procedures scheduled for the next six months? Yes No *If yes, describe:*

If a child, when was the child's last well visit (EPSDT visit)? _____

Have you (member) been assessed for the need to receive an SMI Eligibility Determination? Yes No N/A
(for members already determined SMI or for whom the member/HCDM has declined the option for SMI designation)

SUMMARY OF DISCUSSION:

If SMI determined, has the member been assessed/referred for Special Assistance from the Office of Human Rights (OHR)? Yes No *If no, explain why:*

Member Name:

Date of Birth:

AHCCCS ID #:

Date of Meeting:

VII. SERVICES AUTHORIZED

Paid Services / Supports

Documentation shall contain confirmation that all services are being received as scheduled, and address any gaps in services if they exist. If gaps are identified the team should develop a plan to assure that authorized services are being received. Document member's satisfaction with long-term care services and providers.

Member Name: _____ Date of Birth: _____ AHCCCS ID #: _____ Date of Meeting: _____

For individuals living in their own home, ensure all service models have been discussed using ALTCS Member Service Options Decision Tree.

For members who have chosen the Agency with Choice or Self-Directed Attendant Care option, ask the following questions to help assess whether or not they are fulfilling their respective roles and responsibilities and/or if they need additional support including member-training services that may be authorized.

SUMMARY OF DISCUSSION:

Service Model Selected

Traditional	Agency with Choice	Independent Provider (DDD)
Self-Directed Attendant Care	Spousal Attendant Care	N/A

Member Name: _____

Date of Birth: _____

AHCCCS ID #: _____

Date of Meeting: _____

Non-Paid Services / Support

Documentation shall reflect the unpaid supports that will assist the member to achieve goals, and the provider of those services and supports including natural supports. Natural supports are unpaid supports that are provided voluntarily to the individual in lieu of ALTCS HCBS paid services. Informal/natural supports must be indicated on the Home and Community Based Services (HNT), as applicable.

Are people assisting you who are not paid to do so? Are you satisfied with how they are helping you? Do you feel these supports help you to be able to do more? Go out places? Are you currently utilizing community resources? What support do you need from a natural support to help accomplish your personal goals?

LIST OUT NON-PAID “NATURAL SUPPORTS” INVOLVED IN MEMBER’S LIFE:

DOCUMENT COMMUNITY RESOURCES DISCUSSED:

ALTCS Services						
SERVICE & PROVIDER	SERVICE FREQUENCY IN PLACE PRIOR TO THIS ASSESSMENT	SERVICE FREQUENCY CURRENTLY ASSESSED	SERVICE CHANGE		START/ END DATE	MEMBER/ HCDM
			None Increase Terminate Retroactive	New Reduce Suspend		Agree Disagree
			None Increase Terminate Retroactive	New Reduce Suspend		Agree Disagree
			None Increase Terminate Retroactive	New Reduce Suspend		Agree Disagree
			None Increase Terminate Retroactive	New Reduce Suspend		Agree Disagree
			None Increase Terminate Retroactive	New Reduce Suspend		Agree Disagree

Member Name: _____ Date of Birth: _____ AHCCCS ID #: _____ Date of Meeting: _____

VIII. IDENTIFICATION OF RISKS

The following shall be used to identify risks that compromise the individual's general health condition and quality of life.

EVERY INDIVIDUAL MUST BE ASSESSED FOR RISK.

- Indicate the following, as applicable, next to each risk identified below: **EM** (Effectively Managed); **FA** (Further Assessment); **RR** (Rights Restricted); **MRA** (Managed Risk Agreement).
- Consider normal and unusual risks for the individual in various areas of the person's life.
- When risks are identified, the team will look for the factors that lead to the risk.
- The team then develops countermeasures and interventions to minimize or prevent the risk.

Health and Medical Risks

Allergies	_____	Unreported/reported illness	_____
Aspiration and/or pneumonia infection	_____	Unreported/reported pain	_____
Choking	_____	Unsafe medication management	_____
Constipation	_____	Ventilator/Trach dependent	_____
Dehydration	_____	Other Health or Medical Risks:	_____
Diabetes	_____	_____	_____
Dietary	_____	Other Health or Medical Risks:	_____
End Stage Renal Disease (ESRD) or on dialysis	_____	_____	_____
Feeding Tube	_____	Other Health or Medical Risks:	_____
Heart problems; high or low blood pressure	_____	_____	_____
Hepatitis C	_____	Other Health or Medical Risks:	_____
Medical Restrictions	_____	_____	_____
Oxygen use	_____	Other Health or Medical Risks:	_____
Pregnancy	_____	_____	_____
Refusing medical care	_____	Other Health or Medical Risks:	_____
Seizures	_____	_____	_____
Serious or chronic health condition(s)	_____	Other Health or Medical Risks:	_____
Skin breakdown	_____	_____	_____

Safety and Self-Help Risks

Access to bodies of water	_____	Mobility or ambulation	_____
Access to medication	_____	Safety and cleanliness of residence	_____
Court involvement*	_____	Vehicle safety	_____
Does not or cannot evacuate a home or vehicle in an emergency	_____	Water temperature	_____
Exploitation	_____	Other Safety or Self-Help Risks:	_____
Falls	_____	_____	_____
Household chemical safety	_____	Other Safety or Self-Help Risks:	_____
Lack of fire safety skills	_____	_____	_____
Lack of judgment or difficulty understanding consequences	_____	Other Safety or Self-Help Risks:	_____
Lack of supervision	_____	_____	_____
Memory loss	_____	Other Safety or Self-Help Risks:	_____
		_____	_____

Member Name: _____ Date of Birth: _____ AHCCCS ID #: _____ Date of Meeting: _____

Mental Health, Behavioral and Lifestyle Risks

Attempted suicide	_____	Substance abuse: drug, alcohol or other	_____
Court involvement*	_____	Traumatic illness/injury	_____
Expressed suicidal thoughts	_____	Unsafe use of flammable materials	_____
Extreme food or liquid seeking behavior	_____	Use of objects as weapons	_____
Harm to animals	_____	Wandering or Exit seeking behavior	_____
High risk or illegal sexual behavior	_____	Other Mental Health, Behavioral or Lifestyle Risks:	_____
Illegal behavior	_____		
Inappropriate sexual behavior	_____		
Invades personal space	_____	Other Mental Health, Behavioral or Lifestyle Risks:	_____
Isolation/isolating behavior	_____		
Military service/Veteran related illness or injury	_____	Other Mental Health, Behavioral or Lifestyle Risks:	_____
Other Mental Health, Behavioral or Lifestyle Risks: <i>(loss of loved one, feeling sad, angry, or otherwise "not yourself"?)</i>	_____		
Past or potential police involvement	_____	Other Mental Health, Behavioral or Lifestyle Risks:	_____
Physical aggression	_____		
Placing or ingesting non-edible objects or PICA	_____	Other Mental Health, Behavioral or Lifestyle Risks:	_____
Property destruction	_____		
Self-abusive behaviors	_____	Other Mental Health, Behavioral or Lifestyle Risks:	_____
Smoking/vaping	_____		

Financial Risks

Financial exploitation or abuse	_____	Other Financial Risk:	_____
Lack of individual resources	_____		

* Can include court ordered protections, restrictions and treatment

Member Name: _____ Date of Birth: _____ AHCCCS ID #: _____ Date of Meeting: _____

IX. RISK ASSESSMENT

This section is applicable if the member's Rights are Restricted (RR) or if Effectively Managed (EM) but needs to be maintained to continue to minimize or eliminate the risk. If a risk is identified as EM, documentation shall include a description of how the risk is being effectively managed. The Risk Assessment will include information to identify what will be done differently to minimize or eliminate the risk. The Risk Assessment document should be easy to understand, simple, straightforward, visible and readily available to the staff working directly with the individual. It is designed to assist direct support staff in safeguarding the member from identified risks.

What is the risk? _____ Date identified: _____

Describe the risk. What does it look like for the member? Frequency? Location? Duration?

List the factors contributing to risk:

What is currently working to prevent the risk/How is risk being effectively managed (*interventions that are working and not working*)?

What is the risk? _____ Date identified: _____

Describe the risk. What does it look like for the member? Frequency? Location? Duration?

List the factors contributing to risk:

What is currently working to prevent the risk/How is risk being effectively managed (*interventions that are working and not working*)?

Member Name: _____ Date of Birth: _____ AHCCCS ID #: _____ Date of Meeting: _____

IX. RISK ASSESSMENT (Continued)

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Describe the risk. What does it look like for the member? Frequency? Location? Duration?

List the factors contributing to risk:

What is currently working to prevent the risk/How is risk being effectively managed (*interventions that are working and not working*)?

Member Name: _____ Date of Birth: _____ AHCCCS ID #: _____ Date of Meeting: _____

IX. RISK ASSESSMENT (Continued)

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Describe the risk. What does it look like for the member? Frequency? Location? Duration?

List the factors contributing to risk:

What is currently working to prevent the risk/How is risk being effectively managed (*interventions that are working and not working*)?

Member Name: _____

Date of Birth: _____

AHCCCS ID #: _____

XI. ACTION PLAN FOR FOLLOW UP

Documentation must reflect the individuals responsible for monitoring the PCSP. Action plan items should focus on measurable steps that will need to be taken to reach desired outcomes in the member’s life. These items may be related to a member’s goals or other areas that need to be addressed and followed up on.

NO.	ACTION TO BE TAKEN	PERSON RESPONSIBLE	DUE DATE <i>(Target)</i>	FOLLOW UP DATE	DATE COMPLETE	COMMENTS
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						

Member Name: _____

Date of Birth: _____

AHCCCS ID #: _____

Date of Meeting: _____

**With Whom and What Parts of Your PCSP Would You Like Shared in Order to Promote Coordination of Care?
(e.g. Service Providers, Primary Care Physician)**

CASE MANAGER/ SUPPORT COORDINATORS: Document when the PCSP was sent to the Member, Individual Representative and/or the HCDM, and other people involved in the plan.

I, _____ hereby consent to the release of the following information from my PCSP or section(s) of my plan with the following individuals:

NAME	RELATIONSHIP TO MEMBER	ONLY THE FOLLOWING INFORMATION CAN BE RELEASED UNDER THIS CONSENT:	DATE SENT
		Entire Plan Individual Setting Individual Goals/Outcomes Service Authorized Modifications to Plan	Member Profile Strengths/Preferences Risks Action Plan
		Entire Plan Individual Setting Individual Goals/Outcomes Service Authorized Modifications to Plan	Member Profile Strengths/Preferences Risks Action Plan
		Entire Plan Individual Setting Individual Goals/Outcomes Service Authorized Modifications to Plan	Member Profile Strengths/Preferences Risks Action Plan
		Entire Plan Individual Setting Individual Goals/Outcomes Service Authorized Modifications to Plan	Member Profile Strengths/Preferences Risks Action Plan
		Entire Plan Individual Setting Individual Goals/Outcomes Service Authorized Modifications to Plan	Member Profile Strengths/Preferences Risks Action Plan

Member Name: _____ Date of Birth: _____ AHCCCS ID #: _____

Acknowledgment of Member Rights and Responsibilities

I (or my HCDM), _____, have received a copy of the Long Term Care Member Handbook I (or my HCDM) have reviewed the "Member Rights and Responsibilities" with my case manager. My case manager has addressed any questions and concerns that I (or my designee) had.

Yes No

Member / Health Care Decision Maker's Signature: _____ Date: _____

Member Name: _____

Date of Birth: _____

AHCCCS ID #: _____

XIII. NEXT MEETING INFORMATION

NEXT REVIEW DATE (*Check One*):

Not to exceed 90 days (*HCBS*)

Not to exceed 180 days (*Nursing Facility, ICF-ID, or DDD Group Home*)

Annual (*Acute Care Only*)

Date of Next Meeting: _____ Time: _____

Meeting Location/Address: _____